

DIVINE TRUTH

Law of Attraction

Divine Truth

Discover God's Universal Truth and Receive God's Love

(all information can be found at divinetruth.com)

Preface and Compilation by Pat Stewart

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All compilations can be found at The Written Word (thewrittenword.ca)

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Preface

This is an independent project undertaken by me and is not associated with Jesus & Mary and the Divine Truth Organization.

This book is a collection of excerpts from the God's Laws series from the Divine Truth website focusing on Law of Attraction.

Jesus discusses how the Law of Attraction operates upon the human soul in order to help the soul into a condition of Love.

The transcripts used for this compilation are:

- Law of Attraction S1P1 - 07 Jul 2012 (Seminar)
- Law of Attraction S1P2 - 07 Jul 2012 (Seminar)
- Law of Attraction S2 - 08 Jul 2012 (Seminar)

Other than this Preface, I did not write any of the material in this book. All information came from the Divine Truth website.

Happy Reading!

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God's Laws - Law of Attraction Outline

Introduction

Law of Attraction – Divine Truth Style

Everything we truly desire, we get! (Law of Attraction is controlled by your soul condition)

You can change your Law of Attraction by changing your soul condition

Soul condition creates thoughts (soul condition includes emotions, desires, passions etc)

Releasing causal emotions allows the soul to accept truth (feeling causal emotions results in soul clearing)

Law of Attraction (LoA) – The Secret Style

What you think about you get (you attract what you think about the most)

You can change your Law of Attraction with your thoughts

Thoughts create feelings (practice thinking differently)

Bad feelings create more bad feelings (feeling bad emotions creates more bad events)

Take responsibility for what your life is right now because your soul condition has attracted it

The Law of Attraction can be used positively or affect us negatively (depending on our soul condition)

What Is Soul Condition?

Soul condition is the sum total of:

Your passions, desires, longings, moral beliefs, moral condition, aspirations, pursuits, emotions, feelings, intentions, loves, dislikes and hates, fears, religious beliefs, scientific beliefs, love beliefs, mental aspirations and beliefs (which come from soul beliefs, but are often in disharmony with soul beliefs)

Soul condition can be changed by experiencing the following emotionally:

Longing for, receiving & acting in harmony with Divine Love – Transforms the soul into a new being

Longing for, receiving & acting upon Divine Truth – Allows Divine Love to flow into the soul

Learning repentance and receiving Divine Forgiveness & Mercy - Removes Karmic soul damage

Having Faith – Raises the soul's awareness of new conditions and states

Growing Desires and Passions harmonious with Love – These desires and passions can be nurtured

Learning & applying lessons in Natural Love – How we treat others and ourselves

Releasing passions, desires, emotions, feelings & beliefs disharmonious with love

Releasing painful emotions that are the result of the Law of Compensation (Karma)

Bringing actions in harmony with love (either Natural or Divine). This removes further Karmic effects

Changing intellectual beliefs, thoughts, words, actions, since these feed new desires, emotions, and loves

The Law of Attraction Operates on Soul Condition

Soul condition determines how the Law of Attraction operates

“Where your treasure is, there your heart will be also” – Illustration of the rich man building warehouses

In disharmony with Love will bring many damaging and painful experiences on earth and in spirit world

In harmony with Love will bring many uplifting and joyous experiences on earth and in spirit world

The most powerful way to change soul condition is through the reception of Divine Love

The intellect can change soul condition, but only as rapidly as the soul condition is changed by the new thought

What Is Real from God’s Perspective?

What is in the soul (soul condition) is what is real to God, God’s Laws expose what is really your soul condition

The Law of Attraction is God’s messenger of truth to you to tell you what is really within yourself

If you think your soul condition is better than it is, then you are allowing yourself to be deluded (man in mirror)

You can TRY, but, if your soul condition is different to what you are trying to do, eventually you will give up

Scope of the Law of Attraction

Physical, spiritual, and soul matter and space is controlled by the Law of Attraction (adamantine particles)

EVERYTHING (on earth or in spirit world) surrounding you is controlled by your soul Law of Attraction

Where you live, your own life experiences, your own life events, the creation of everything in your life, all of the people you interact with, how each interaction affects you, the condition of your own body (spirit or physical), your spirit person influences, spirit obsessions and spirit possessions, illnesses, accidents and diseases in the material and spiritual bodies (including mental and emotional illness)

The Law of Attraction results in the creation of universes and locations suited to the development of desires

Other Law of Attraction points to remember:

The Law of Attraction will operate in such a manner as to intensify the soul condition that drives it.

Eg. If we have murderous emotions, we will attract people, spirits and situations that seem to intensify those emotions until we become conscious of their existence and have a desire to experience the underlying causes. When we experience the underlying causes, the soul condition changes, and the Law of Attraction operates on the new soul condition.

The Law of Attraction respects the free will (at the soul level) of the individual

The Law of Attraction is impartial in its operation, never ceases to operate, and works on the soul condition

The Law of Attraction is always exact and never fails, is always accurate either in the spirit world or on earth

The Law of Attraction causes the most relative harmony to exist in any location on earth or in the spirit world

The Law of Attraction causes us to go to places where our “joy” will grow greater.

If the “joy” is the result of or in the exercise of disharmony with love or sin, then we will attract that

The Law of Attraction determines that soul conditions attract emotions & thoughts.

These come from either within ourselves or from outside of ourselves.

Thoughts “invade” us due to the soul condition needing to be released.

Thoughts will no longer invade us when our soul condition has changed.

The strength of the soul condition determines how intense the experiences attracted become

The Law of Attraction will always attract the soulmate once the emotions that repel your soul mate are released

Using the Law of Attraction to Expose Causal Soul Condition Disharmonious with Divine Love

Prayer – a passionate desire and longing for God’s Love to enter you emotionally

We can also pray for Divine help to expose our soul condition errors to ourselves

As Divine Love enters you, it exposes the soul’s true condition

If we are willing to experience the causal emotion, and release the condition, then we experience Divine Grace

Illustration of the castle surrounding our soul condition (causal emotional condition - trigger):

Defense system, resistance is to attack/defend/avoid, marauding army. Eg. Mother-in-law

God wants to expose the soul condition; we usually want to resist that exposure

When Law of Attraction events happen: Look at your personal internal reasoning

DO NOT assume: He/she did that to me, or this event happened because of someone else’s condition (blame)

DO ask: What soul condition within myself caused this event/person/place/thing to be attracted to me?

Make sure you focus on ALLOWING causal emotion when triggers occur

When your castle is being attacked, then you have had a TRIGGER event
Go with, and experience the trigger emotion in a safe environment (for yourself and others)

Let the emotion flow and be experienced completely, then usually the causal emotion will rise up into you

Let the causal (usually childhood or Law of Compensation emotion) flow and memories will return

How to know when you are RESISTING causal emotion when triggers occur

Resonance – Events cause our internal soul condition to resonate with trigger. eg. Glass with sound frequency

Projection – Projection is always the resistance of the causal emotion, and we use many methods:

Anger – Anger is created by yourself to: avoid powerlessness, blame, pressure others, control others etc

Withdrawal – Withdraw from the situation, event or person allows your causal emotion to bury itself

“Loving” – Intellectually forgiving, calming the person/event is unloving. eg. motive for giving help

Judgment of self – Stops you from experiencing the causal emotion under the judgment

Feelings such as Depression, Guilt, Fear, Resentment, Hate, Revenge, Anger, Criticism, Blame, Worry, Frustration, Annoyance, Boredom all indicate resistance to causal emotional experiences

“What you resist persists” Pain and suffering is an indication of a soul emotion

Using the Law of Attraction to Create Positive & Joyful Experiences Harmonious with Divine Love

“You are the designer of your destiny” You are an unlimited being

Step 1 Develop/grow a soul desire for the experience/event harmonious with Divine Love (this is ASKING)

You can start with nothing, the universe operates on your SOUL condition, nothing else

Don’t define yourself by what you see now, visualize emotionally to grow desire

Step 2 Trust in God that the event/thing desired will be received (this is FAITH)

Don’t need to know how, how will be attracted, feel the feelings opposite to faith, have to feel it to believe.

Don’t doubt (if you do doubt, then release the feeling)

Step 3 Develop Emotional Openness to Receive

Show gratitude, actions will be required to receive, eg. Asking for truth, then rejecting it when it arrives

SESSION 1 PART 1

1. Introduction

Jesus:

Hello, welcome along today. Many of you are new faces so I'm pleased to meet you, my name's Alan John Miller and the lovely lady who's sitting behind the camera there is Mary Luck, and she's, my partner. We're from Australia so you'll have to put up with our Australian accent and our Australian English, which is sometimes difficult. It's often very slang and I have a habit unfortunately still of dropping the endings off of words as you'll notice during this discussion.

Mary claims to be Mary Magdalene, I claim to be Jesus, whether you address that emotionally or intellectually or not during this discussion is immaterial to us, it doesn't matter to us whether you believe it or do not believe it. We would love to just have a discussion with you about a lot of different spiritual subjects and in particular we would like to discuss with you anything to do with love and truth in particular. So that is our focus today.

What we're going to do today is discuss this law of God, the Law of Attraction, that many of you have learned about. Many of you probably don't see it as God's Law. Many of you probably see it as just a law of the Universe or a law of nature, the Law of Attraction.

Before we discuss anything to do with any of God's Laws, I would like to present a brief summary about some of the things that we need to be aware of with regard to God's Laws. So, what I'd like is if you have any questions during this summary, do not hesitate to just put your hands up and I'll point to you, and you can ask the question that you need to ask.

2. God's Laws have a hierarchical structure

Jesus:

There are basically two things to bear in mind with God's Laws. Firstly, there is a hierarchy of laws. What I mean by a hierarchy of laws is that some laws take precedence over others and in fact have a tendency to make it seem like the law that they take precedence over is null and void in certain circumstances and situations. Now let's give you an idea of that.

Let's say you've got a law called the Law of Gravity. Most of you have heard of that one. What goes up must come down, that kind of principle. Or if you throw something off obviously the attraction of gravity will pull it towards the ground. Now that law is what I would classify as a low-level physical law, it's a law that governs many parts of the Universe, but there are other laws that

supersede that law or take precedence over that law under certain circumstances.

For example, the Law of Aerodynamics is a law that takes precedence over the Law of Gravity under some circumstances. So, if you build a wing that's curved in nature that causes the air or air pressure on the top of the wing to be less than the air pressure on the bottom of the wing. Then as the air is forced over that wing, the air under the curved wing compresses and the air above the wing expands and that means that there's less pressure above the wing than below. As a result of that, it provides what's called lift. And lift means that we can then fly.



The curvature of a wing creates lower air pressure above the wing than below it, which creates lift

When we fly it's almost like the Law of Gravity no longer exists because we're now doing something that's completely ... against the Law of Gravity. We're in a very heavy aircraft, often hundreds of tonnes, and yet it can fly and it makes it seem like the Law of Gravity does not exist. But of course, the Law of Gravity does still exist, doesn't it? It's still there operating; we've just found another law that supersedes it or takes precedence over it under certain circumstances and situations.

So, this applies to all of God's Laws – all of God's Laws have hierarchy. In other words, there are some of the laws that God has made that take precedence over other laws that God has made under certain circumstances and situations, and it's just up to us to discover the circumstance and situation.

So potentially there might be other laws that enable us to levitate, shall we call them the Law of Levitation? Now we haven't discovered them yet so that makes it a bit hard to use them of course, but potentially those laws may exist. And then above those laws on another physical level there may be a whole set of laws regarding teleportation, but we don't know whether those laws exist or not but it's possible they also exist, yes?

At some point in the future, we may discover them and therefore once we've discovered them and know how they work we then can engage those laws. And when we engage the Law of Teleportation, it's like the Law of Levitation and the Law of Aerodynamics and the Law of Gravity don't exist under those circumstances. Even though they're still there, we're now overcoming those if you could call them lower-level laws.

HIERARCHY

LAW OF GRAVITY

LAW OF AERODYNAMICS

LAWS OF LEVITATION

LAWS OF TELEPORTATION

So what I'm suggesting with all of the laws that God has made in all of the Universe is that every single law is a part of a hierarchy of laws. So in other words, every single law has a position in which you can discover another law that can supersede ... or it doesn't really supersede it, does it? It more takes precedence over it. In other words, it's more important under certain circumstances and therefore takes action.

So, the first principle we needed to look at is that the laws have a hierarchy of some kind. Now I have given a whole series of discussions that are available for download on YouTube about the hierarchy of God's Laws about how the hierarchy actually works. So I won't necessarily go into it here about the hierarchy unless you would like more details about the hierarchy as we're going through this discussion.

3. God's Laws have a scope of operation

Jesus:

The second thing that's important to understand is that the laws all have a scope of operation, they all operate upon something.

So, for example, have you noticed that the Law of Gravity is very dependent upon an atmosphere, isn't it? So here on Earth for example, you can engage the Law of Gravity.

GRAVITY

So, in other words, if you jump out of an aeroplane without a parachute you engage the Law of Gravity there. But as the Law of Gravity is engaged, you accelerate towards the Earth and then you hit a time where you can't accelerate any further. I think the speed is around two hundred kilometres per hour if you're just falling, and you can't accelerate much further because now there are other things – there's the pressure of the wind or the atmosphere against your body that prevents you from falling as fast as what the Law of Gravity would normally dictate.

So, if we lived in a vacuum, the Law of Gravity would mean that as we accelerate, we would continue to accelerate towards the surface of the Earth if we're falling. However, on the Earth, because it has an atmosphere, as we

accelerate, we get to a certain terminal velocity, as it's called, and then beyond that point you can't accelerate any further. So, you can see that the law has a scope in the sense that it has an area of operation, but under certain circumstances and conditions, it just can't work any further than it's worked already.

Secondly each law has a scope in the sense of what it operates upon. We are very used to seeing all the physical laws in the physical Universe. So, you could say the Law of Gravity has a physical scope in the sense that it operates upon my physical, or anything with mass so it operates upon my physical body; it operates upon anything that has mass.

Now if something doesn't have mass or there's another law that involves it, in other words it becomes a gas or some other kind of law involved, or there's updraft, the things with mass don't fall to the ground. That's why we have clouds in the air that have millions and millions and millions of tonnes of water sitting up there but because of different laws, not just the Law of Gravity, they stay in the air instead of all falling to the ground.

So the Law of Gravity has a scope of operation, now we can then assume that if the Law of Gravity has a scope of operation and the Law of Aerodynamics has a scope of operation and all the other physical laws that we see have a similar scope, then we must also see that if we're going to talk about a Law of Attraction, that it must also have a scope of operation.

So, if the Law of Gravity is a part of a hierarchy, then it would make sense that the Law of Attraction is a part of a hierarchy of laws. That's a logical conclusion that we can come to. So, we could then state that the Law of Attraction is a part of a hierarchy of laws, and it has a scope of operation. What does it operate upon? Well, the Law of Attraction operates upon very similar things to what all the other laws operate upon or many of the other laws operate upon.

So, let's look at the types of things that the laws can operate upon.

3.1. Laws in the Universe can operate on the physical, the spiritual and the soul

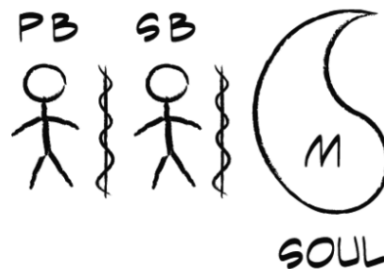
Jesus:

Firstly, there is everything in the physical Universe. So, there we're talking about anything that we can see with our eyes or measure with whatever equipment that we've currently come up with measuring. And even some things that we can't see with our eyes still exist, like you know when we feel the breeze on our face, we know that we're feeling and we're breathing oxygen. It's something we don't see but it is definitely something that we feel and benefit from. So, we know that there are physical laws that affect all of the

operations of those things. So, you could say the scope of God's Laws include whatever is happening to us physically.

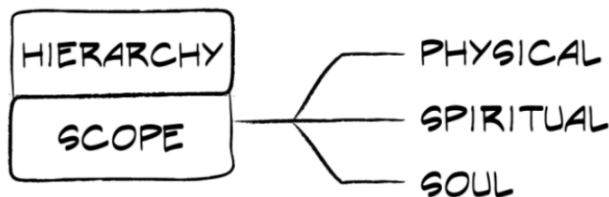
In addition to that we have what is called a spiritual body or a spiritual form and there must be laws, just like there are laws that operate upon our physical body, it would also make sense that there must be laws that operate upon our spiritual body. So, you could say part of the scope that we have about the laws would be spiritual in nature. In other words, they'll operate upon the material that makes up our spiritual body.

Now are all of you aware that there is a spiritual body? You are made up of a physical body as well as a spiritual body? Most of you are aware of that. So, you could say that part of our nature is that we have a physical body, and a spiritual body. The two are joined together through a cord, it's called the silver cord. Also, many spirits are not aware of this, but we are also one half of a soul.



The human being is comprised of a physical body (PS), a spiritual body (SB) and half of a soul, which are connected by cords

All of the laws operate upon the physical body, they also operate upon the spiritual body, and they also operate upon the soul – this being the half of ourselves.

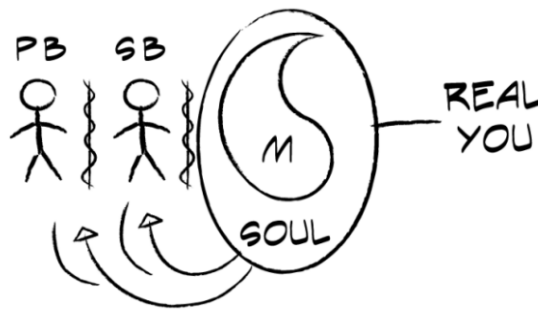


4. The human being is comprised of a physical body, spirit body and soul

Jesus:

So, you could view your physical body just as a robot that your soul uses in the physical world to express itself and experience the world. And you could use the spirit body, if you could view it this way, as a finer construction of material that has a different set of laws that determine its construction. It has a genetic structure still and it exists in all forms in the Universe, but it only can be seen by other people who are in the same body, if you like, most of the time. Although many of you at times have seen a person in a spirit body, potentially, the reality is that we can eventually see a spirit person, but you could still view it as a robot used by the soul to express itself in the spirit world.

So, what I'm saying is that the soul is the real you, and the spirit and physical bodies are just the robots that the real you or the mechanisms or the physical structures that the real you uses to express itself.

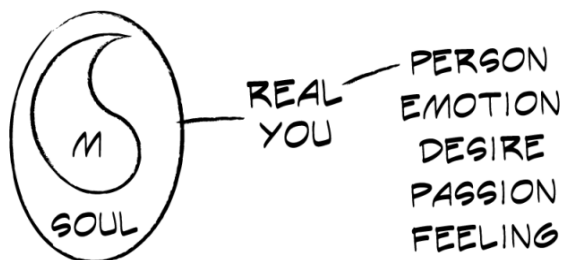


The soul is the real us, and it uses the physical and spirit body to express itself

It is very important that you understand that because we want to understand that the scope of the laws operate upon the three parts of our nature, not just on the physical level. And in fact, what you'll find is that there are far more laws that God has made that actually operate upon the highest part of our nature, our soul, than there are that operate upon any other thing in the Universe. So there are far more laws that operate upon the soul.

4.1. Attributes of the human soul

If we define the soul as the real you, that's your personality, if you like, the person of yourself, the personality, it's the emotions that you have, the desires that you have, the passions that you have, all the feelings that you have and so forth, that's the real you.



Attributes of the soul

You know sometimes what goes on in your mind is not really the real you actually because your mind can be influenced by other people quite readily. If you think about it, somebody can drop a thought into your mind but it's very hard to drop a feeling into your soul without you being open and aware of that occurring. Any questions so far?

4.2. The soul attribute of personality

Participant Female:

I just can feel that I'm reacting about personality and really for me, personality is something that is created by our lives and our mind very much. Personality is me, not the essence of the real me.

Jesus:

Well actually I would say your personality is made up of two things – firstly its part of what God created as a part of your being but then also it's about your experiences. So, it's a mixture of your experiences, along with what God originally created or intended. So, every single person that God's ever created was created differently to every other individual, and that's a part of what I view as their real personality. Often what a person portrays to the world is not their real personality but rather a figment of their mind during their life's experience, which is not the same thing as their real personality.

Participant Female:

Yes, okay now I am with you with the personality, there is a difference. There are like two personalities, one that is created by this life and then the real personality that you came here with the soul ...

Jesus:

... that you can also connect to and develop. But many people don't because that personality is often suppressed by their parents in favour of what their parents want the child to be, and as a result the child grows up with a seemingly completely different nature than what God created the child to actually have. So, when I'm talking about personality here, I'm talking about

the real part, the one that God created, not the part through the experience that this created.

Participant Female:

Yes, and it's the important for me to make a clear difference there.

Jesus:

Sure. Yes. Good. Okay so if we call the soul the real you, then what I'm saying is that the laws operate upon the physical part of you, which I don't believe is the real you, because at some point in the future that part will probably die and will be decomposed into the elements that compose this physical Universe, and after all of that occurs, in the end you'll still be you. So that's not the real you.

And in fact, there is the potential that the spirit body as well may die. Nobody really knows that but there is that potential that the spirit body will die. But my feelings are the soul itself was created to live eternally, and in fact to expand eternally. But the laws operate upon each one. So, if we are going to examine the Law of Attraction, we've got to expect that the Law of Attraction is going to operate upon these different levels of ourselves at different times. So, any questions before I proceed?

4.3. The bodies are "tools" or "robots" of the soul

Participant Female:

As you mentioned how the personal body or the spiritual body was in comparison with the soul, you mention the word robot, I wonder if there is a special reason why you choose that word, or could you as well use tools for the soul or?

Jesus:

Yes, there's no special reason. You'll find with me generally I'm a pretty plain speaker and there's no hidden agendas. (Laughs) So when I use the term robot, it's just a way of saying it's a living organism that is used by the entity of our soul to express itself and the soul doesn't need that living organism to exist. This is why I sort of view it like a robot almost, it's something that's automated by the soul, something completely different.

Participant Female:

Yes, for me many words seem like they might be not the same.

Jesus:

I agree.

Participant Female:

The same word for you as me, and there are many metaphors built in different things like robot or tool so ...

Jesus:

And I would use those two metaphors interchangeably.

Participant Female:

Okay.

Jesus:

The physical body is a tool that the soul uses, or you could say it's a robot the soul uses. Or to be frank, what it is a genetically structured living organism that is connected to your soul that the soul uses to express itself in a physical Universe.

4.4. Feelings and emotions are interchangeable terms that Jesus uses to describe attributes of the soul

Participant Male:

How do you make a difference about emotions and feelings, you use that word now and then.

Jesus:

I'm not too hung up on the different terms for different words to be frank. So I often use the term emotions and feelings interchangeably. I'm not a person who goes into a lot of what I would call nit picking, we say in Australia. What would you say here? Hair splitting, yes. So, I'm not the kind of person that will hair split about different words.

My feelings are that emotions and feelings, while you could define some as specifically as feelings and some particular sensations you have as emotion, in the end, the way that I normally think of feelings are as something that you are physically are able to sense through some of your input structure, which is your body, whereas emotions are something that come from within yourself, if we wanted to separate the two. However, I sometimes don't bother separating the two in a discussion like this.

So often I feel the soul is like a storing house of all of the different feelings and sensations that we've had throughout our entire existence, as well as all of the different emotions that we've had throughout our entire existence, as well as all of the different belief structures that we currently possess. And also, all of our intellectual nature, all of our personality, all rolled up into a ball if you like, and I would call that our soul or our true self.

And our true self can be damaged. I feel so a lot of people believe it can't be, but I feel that our true self, and I don't mean the self that God created us to be but the self that we've embraced through the process of our life, can get damaged through the choices that we make in particular, but also the choices that other people make can damage our true self. However, I would still look at the feelings, the emotions, as all being a part of the soul, the actual real person.

In fact, when you speak with spirits in the spirit world, you'll find that many of their feelings and sensations that they had when they were on Earth, they remember them completely, and they also have them in even more stronger

sensations. So, in other words, once a person leaves the physical and enters the spiritual life, often what they find is that their physical sensations increase in intensity through the spirit body, compared with the sensations that we had in our physical body. And when you discuss these things with spirits, you'll find that almost every spirit recognises a huge increase in the sensitivity that they have towards their sensation, the sensations of their body, but also their emotions as well. Yes, good question.

4.5. We are always with our soul, which envelops the spirit and physical bodies

Participant Female:

Hello, AJ, I have a question and its two parts. I understand the physical body, and I understand the spiritual bodies, or I know how it is to feel the spiritual body but the soul – where is it and where I am? If when I'm not in my spiritual body or in my physical body, where am I?

Jesus:

Okay well firstly, there's your physical body. Right now, because you are now consciously awake, right now your physical body is like that. You're sitting down but this is your body, this is your physical body. Your spirit body actually is almost identical to your physical body in its genetic structure, and it overlays your physical body – it's a bit larger than your physical body and it overlays it. So, it's right there with you right now. And then your soul is an energy structure that is not created by your parents but rather created by God, and so it doesn't have the same structure. It doesn't have a physical form, but it envelops both bodies. Do you understand what I mean by it covers over? It's like an envelope in which both bodies exist.



The spirit and physical bodies have a similar shape and size (shown overlaid), and are both enveloped by the soul

Participant Female:

So, I'm with my soul all the time? How can I feel the soul though?

Jesus:

When you say you're with your soul all the time.

Participant Female:

(Laughter)

Jesus:

Let's define that, shall we?

Participant Female:

I understand it's around me.

Jesus:

So, your physical body is not necessarily with your soul all of the time but rather it's connected to your soul via the spirit body.

4.5.1. The spirit body and soul go away from the physical body during sleep

Jesus:

So, for example, when you go to sleep at night, the spirit body and the soul itself go away from the physical body, every night you go to sleep. Do you understand? And as you go away, your soul is still enveloping the spirit body. But it's the spirit body that has the energy connection with the material body. There's a cord, and they call it a silver cord, but it's a stretching material, it's a chain of energy that transmits all of what you would call nervous system impulses via the spinal cord to the spirit body. And as a result of that, what it does, when you go to sleep at night, this cord maintains this connection between your physical body and now your soul and your spirit body is elsewhere.

So, if you imagine it, you're lying down. As you leave your body, your spirit body leaves your body. So, you'll see your spirit body will leave it, and your soul is still enveloping your spirit body. It's your spirit body that has the connection with the physical body via a cord, and it's an energetic structure in which information transmits back and forward.



The spirit body, which is enveloped by the soul (right), moves away from the physical body (left) during sleep, but a connection is maintained between the spirit body and the physical body through the silver cord (middle)

So, when this body's bladder is full, it's transmitting to the soul, the soul is floating around in the spirit world in various locations, and we'll talk about where later, and it feels the sensation, the bladder is full. Now most of you don't like a wet bed, so you respond to that, you respond to that call of the physical body, the physical body sensation. So, the physical body is transmitting an impulse to the soul saying I need to go to the toilet, I need to go to the toilet, I need to. And because you have to wake up to do that, unless you're willing to wet the bed, then the body comes back and over-cloaks and then you get up, go to the toilet, go back, go to sleep and then go back to the spirit world again.

So, this is what happens every single time you wake up from a sleep. There's a call coming from your body, from your physical body. And so, you now have this process going on between the bodies.

So, the relationship between it is this. While you are completely conscious and awake, your body and your spirit body and your soul are all together at the same time. However, when you go to sleep, your spirit body and your soul leave. And in fact, your spirit body is still connected to your physical body through this cord, but your spirit body can have sensory inputs, feelings and emotions from the experience in its sleep state.

So, every single time you go to sleep at night, you are actually alive and awake in your sleep state in the spirit form, having an experience. Now most people on Earth don't remember it because we're too afraid to remember it. So, we have a tendency to shut down everything we're afraid of and so therefore we don't remember our experiences. However, many of you do remember your experiences or at least parts of them through the course of a night, and that's an indication of what is happening.

So, what I'm saying is the Law of Attraction, and in fact I'm saying that all of God's Laws have a hierarchy and scope of operation, which in particular affects this part of ourselves, the soul, the real self. And as a result of that, will also affect the two bodies, the physical body and the spirit body.

4.6. Feeling our soul

Mary:

The lady's question was actually how do you feel your soul?

Jesus:

How do you feel your soul? Well, many of us do not feel our soul, unfortunately. It just depends on how sensitive we are to allowing all of our emotions and feelings at any one point in time as to how well we feel our soul.

So, if you could think of it this way, the best way to feel your soul is to experience every desire, every passion, every emotion, every feeling, every belief that you currently have. Now a lot of people say, "Oh I do that and I'm going, hang on a sec."

4.6.1. Following passions and desires

Jesus:

You think about the course of a day, how many of you want to be at work when you're at work? How many of you feel like you desperately want to get up in the morning and go to work? So quite a number, we've got two or three of an audience. That's fantastic that you feel that way by the way because that means that you're connected with your soul while you're at work. But for the majority of people in the Western world in particular, and also all through the world in fact, many people don't want to do the things they do during the day.

Whenever we don't want to do the things that we're actually doing, we're disconnecting from our soul. We are putting our soul into a state of denial of its own experience because to be there we'd be unhappy. For many of us, if we're not happy with the work we do, which we get up in the morning and go along to that job, we've got to disconnect from our feelings to a degree. We've got to disconnect from our emotions about that to a degree and since we disconnect, we disconnect from our soul.

So, the way to remain connected with your soul is to remain connected with your desires, remain connected with your passions, your longings, your feelings, your emotions all the time. In addition, do what they ask you to do when they're in harmony with love.

So, the rest of us who didn't put our hand up about the job, if we were truly connected with our soul, we'd wake up in the morning and we'd say I don't want to go to work today, and we wouldn't. We wouldn't go to work. Now a lot of people go well that's pretty impractical. Well, it depends.

You see if you had a job that you loved, then you'd wake up in the morning, wouldn't you, and you'd go, I really want to go to work today and in fact would you even view it as work? You wouldn't, would you? You'd just go, I'm just going to get up and have some fun again today. That's how you would actually see your life and therefore you'd be much more connected to your soul. But for the majority of us, we've learned through society pressure and different problems that we face during our life, to suppress our desires and passions in favour of a practical existence, what we view as one. And unfortunately, we disconnect from your soul doing that. So, to truly connect with your soul, you've got to stay connected with those desires and passions and longings and live in the truth of it.

4.6.2. Living in truth with the soul

Jesus:

Many of us have a partial connection with our soul in that we do connect with what we like and what we don't like but unfortunately, we don't live in the truth of it. In other words, we have a tendency to ignore it too many times, so we ignore what we really would like all the time.

You think about it in a relationship, quite often in a relationship there'll be a feeling of discontent about something and then what we do is our head clicks into gear and we go, "Well if I raise that, the last time I raised that, she got really angry with me about that, I don't know if it's right for me to raise that. And last time she raised that we didn't have sex for a week and it was just terrible. And the last time I raised that you know she was pretty bitter with me. And I go, I don't think I want to raise that." But our soul is really saying, we need to raise it still.

And so, this is where we start to do compromises and when we compromise, we're actually compromising our soul. So, if you can bear that in mind, does that answer that question?

4.7. The "subconscious mind" is actually the soul, and can be fully conscious

Participant Female:

How do you see the soul and the subconscious mind?

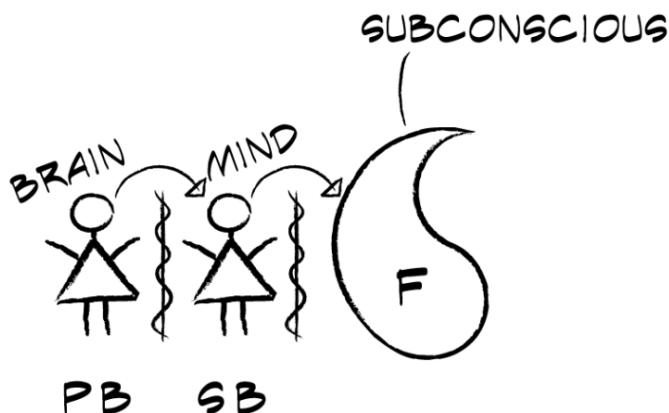
Jesus:

Alright let's answer that question, I've answered that quite a lot of times before in different discussions but let's look at it again. So, here's our physical body, here's our spirit body and here's our soul, so it's female in your case. Now what most people call their subconscious mind; I would actually call the soul.

Now for many people it's subconscious because they're suppressing it constantly. The truth is that you don't have to have a subconscious mind. You could have a completely conscious mind on every single issue. Therefore, the so-called subconscious mind doesn't really exist unless we suppress our soul. That's the feelings I have.

We actually do have a mind which exists in our spirit body, and we do have a brain, which exists in our physical body, but the brain doesn't actually store information. A lot of people in the medical profession believe it does but it actually doesn't, it's the mind of the spirit body that stores a lot of the information and proof of that is this, when a person has a stroke, a part of the brain dies. And yet that same person a few years later can remember the bits of information that they lost when they had the stroke, that means that the brain didn't store the information. The information must be stored in some other location.

It's quite logical, isn't it? And the information is stored in another location. The brain is actually a living organism that helps this robot have the experience of the sensations that it is gathering through the experience. And those sensations, as I pointed out to you, are passed to the spirit body, and then those sensations that happen in the spirit body are passed to the soul, and the soul remembers every single experience from the moment of your incarnation.



The "subconscious" is within the soul, which is connected to the spirit body (SP), which contains the mind, and the physical body (PB), which contains the brain

4.8. An example of a society where everyone lived in harmony with their soul

Participant Male:

Can you imagine a society in which we're all the time connected to our soul, and that this would not be chaos but there would be some hidden harmony in the world?

Jesus:

Yes. Well for us all to be connected with our soul and for there to be no chaos, we would all have to be in harmony with love, that's my belief. So as soon as one person got out of harmony with love, they would begin to create chaos, if they lived in their soul. So that, I feel, is a good reason to put the onus back on all of us individually to learn to live in harmony with love with everything that we do.

When we live in harmony with love there would actually in the end be no chaos and everything would be very orderly, but also everything would be done with passion and desire and be joyful. And I do imagine a life like that.

In the spirit world where Mary and I have lived for quite some time, there are places above the eighth dimension of the spirit world that are completely like that. Every single person is living in harmony with their soul without a single bit of chaos, everything's lovely, organised as well and beautiful to experience. I believe that is a possibility for the Earth, but it just depends on us embracing that possibility, individually.

4.9. Protecting the mind from having ideas dropped into it from others

Participant Female:

My question is about the mind. What can we do so people can not drop ideas in our mind? How can we protect our mind?

Jesus:

Well, the interesting thing about what happens to our mind is that it all happens because of the Law of Attraction. So, if we understand how the law truly works then once we work through the issues of understanding it and we actually work through why, then nobody would be able to drop a thought into our mind that we acted upon without us being conscious of the action.

So, the reality is, we need to discover how this law works and then once we've discovered how it works, we have the ability then to utilise it in its full power. The beautiful thing about all of God's Laws is that once you learn them, they all have tremendous power. Every single law enables power actually.

So, a lot of people on the Earth today when they hear the word law, they go, oh law, law's pretty constricting, you know. Restrictive. But the way God's made Law is that every one of God's Laws is expansive because every one of God's Laws is based on Love. And when a law is based on love it is expansive. In other words, it includes all things when it's based on love. Laws only become restrictive when they do not include all things and when they are not loving and that's what we need to bear in mind.

So, my answer to that question is basically what we need to do is learn how the Law of Attraction works. Once we've learned how the Law of Attraction works, we'll understand why people are able to drop thoughts into our mind or why spirits are able to drop thoughts into our mind that we act upon. We'll be able to patch up that area of ourselves that causes that to happen. And once we've patched up that area, the result will be that we attract something different.

So again, if we understand the law better, we would then understand how it all works and how our lives actually fit together.

5. The scope of the Law of Attraction is upon the soul

Jesus:

Okay, now the scope of the Law of Attraction is specifically on our soul to the most powerful extent. So, in other words, what I'm saying there is our soul determines how the Law of Attraction operates.

By the way our mind does not determine how the Law of Attraction operates. A lot of people will tell you about the Law of Attraction when they talk about it, and you might have read ... who's watched "The Secret" or things like that?

They tell you how you can exercise your mind or think about a certain thing. I don't know if you've tried that but it's probably not that effective because the reality is, unless your soul is engaged, you cannot attract anything actually. So, your soul has to be engaged.

Now for many of us, our soul is engaged without our knowing. In other words, we're subconsciously engaging things. And the reason we're doing that is because we're in denial of a lot of the things that are in our soul.

So, for example, many of us are in denial of our fears and yet our fears will attract certain things. Many of us are in denial of our shame but our shame will attract certain things. Many of us are in denial of our grief but our grief will attract certain things. And God's done it this way – and we'll explain in more detail about it – for a purpose, for a reason.

Now for many of us, because we're full of those emotions we do not want to feel, we're actually attracting a heap of events we do not want to have, and then we wonder, why is this happening to me. How many times have you asked that in your life? Why is this happening to me? I still ask it every day, remember that?

Actually, the more sensitive you become to the Law of Attraction, you will want to know why everything is happening to you because everything that is happening to you has something to do with your own soul, something to do with what is inside of yourself as to why this is happening. And so, in myself and Mary's relationship and life, it is probably the number one question ... it's not the number one question, but it's probably two or three down on the list of the questions that we'd ask ourselves about any event that's happened in our life. Because we want to know what is in our soul that has created this event. And particularly if the event isn't a very happy event, we would definitely like to know so that we can fix it, so that we can only have happy events.

The reality is your soul has the capacity to attract only happy events, without you trying to make it any different, without you having any effort involved. That's the reality, that's how God created the soul. For many of us, that's not the case because our soul is full of different emotions and beliefs and so forth that are in confrontation with love and therefore in error from God's perspective. And God's trying to clear them out of us, God's trying to not have those beliefs anymore. So, we're going to attract events that show us that we have beliefs that are out of harmony with love. So, let's talk more about that.

5.1. *The Law of Attraction does not act upon the mind*

Jesus:

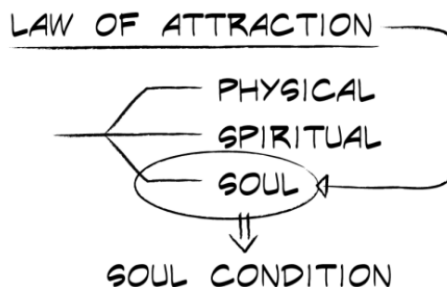
Does everyone get that it's not your mind? In fact, you can experiment with that. If you go home tonight and for the next one-day focus on attracting a million dollars into your bank account on Monday with your whole mind.

Now if your soul was truly engaged, I believe you'd be able to do that but if your mind is only engaged, for most of us it would be only our mind engaged doing that, we'd wake up Monday morning and check the bank account, and it would still be the same. And in fact, after two more days of life it might be actually even a bit less than what you had. (Laughs)

The reality is we can experiment with every single law God has made and discover how it actually works. Every one of them works predictably, just like the Law of Gravity works. So, we can experiment with these laws because they're all predictable. So, if you don't get a result then it means there's something else going on inside of yourself that's caused the lack of result that we need to examine and look at. And we'll talk about that as we proceed with this discussion.

Alright so in summary of where we're up to so far, God's Laws are a part of a hierarchy of laws, and it would be nice at some point to know where it fits in the hierarchy, wouldn't it? And then God's Laws also all have a scope of operation and for all of them actually, there is a definite scope of operation that cross a large area including our physical, spiritual and soul-based life. So, it is very important for us to understand. And then the last statement that I made was that the Law of Attraction primarily operates upon the soul.

Now so it's great that we've asked some questions about what the soul is, but we need to go into more detail about what the soul is, don't we? If we're really going to understand the law. And in fact, I would say the law of operation operates upon what I would classify as our soul condition.



So probably what we need to do is define what soul condition is. So let's do that.

6. What is soul condition?

Jesus:

So, this is the thing we're looking at, the soul condition. And we're trying to define it now. It is the total of all of my emotions, feelings, beliefs ... you want to add more? Desires, good. So, let's add some more – intensions, so it's even a part of what I'm going to do in the future, not just what I'm choosing to do right now, but what I intend to do is even going to attract certain things as well.

Anything else you'd like to add to that?

Participant Female:

I think it's part of belief system, programming and conditioning, as it is said in German, like what we trained to be from childhood probably.

Jesus:

So, could we call that childhood conditioning?

Participant Female:

Yes, and programming. Thank you, A.J.

Jesus:

Yes. That's good. Anything else we could add? Experiences, very important to add our experiences, yes, because we remember our experiences, don't we?

So, it's also a part of our memories, isn't it? So, because obviously if you don't have a negative experience about some particular area, then obviously you'll come into a situation that has that happening and you'll be fresh, you won't have a preconditioning. However, if you have a memory of something bad happening in a previous example of that kind of situation then you'll come into this new situation with conditioning, with some kind of changed way of looking at it.

TOTAL OF; ALL OF MY EMOTIONS, FEELINGS, BELIEFS,
DESIRES, PASSIONS, INTENTIONS,
CHILDHOOD CONDITIONING & PROGRAMS,
EXPERIENCES, MEMORIES

Is there anything else you can think of? Add to it? Now I think I've written down some additional things in the seminar outline that's a lot longer, so I'll read it out.

Your passions, desires, longings, moral beliefs, moral condition, aspirations, pursuits, emotions, feelings, intensions, loves, dislikes and hates, fears, religious beliefs, scientific beliefs, love beliefs, mental aspirations and beliefs, all of that makes up your soul and its condition. (And by the way this seminar outline is actually on the net, on our website, if you want to download it, so I'll give you the details of that later.) *(The outline is also at the beginning of this book)*

So, we have the sum total of all of these things that are what is going on within our soul. So, our soul has all these things added together and that makes up what I would classify as our soul condition. And that is what's going to drive the Law of Attraction.

So, can you see it's a bit more complicated than just going I'm going to have to think about something and it'll happen? We need to understand ourselves to really understand what our soul is going to attract. Now of course many of us do not understand ourselves, many of us in fact ignore most of our fears, we ignore most of our shames, we try to stay away from some of our beliefs, some of our beliefs, we'd rather not even have but we have them anyway. And those things all determine what happens to our soul and therefore will determine what happens to our physical and spiritual being, ourselves. Okay. So that's our soul condition.

7. Attractions can be changed by changing the soul condition

Jesus:

The question then becomes; can you change your soul condition? Yes, of course. So, the fact that all of these things are changeable to a large degree means that we can change our soul condition. If you can change your soul condition, then you can change what you attract.

So how do you attract new things? You don't attract new things by trying to attract new things; you attract new things by trying to change your soul condition. And your soul condition will automatically attract new things, if it changes. Now this is in both a positive and negative direction.

So, if you attract things to your soul and you act upon certain things out of harmony with love and more in harmony with things like violence or rage or fear or anger or all of those kinds of feelings, then your soul condition will degrade. As your soul condition degrades, you will attract even more difficult circumstances and situations. If you act in harmony with love and truth in all of the things that you choose to do, your soul condition will improve. If your soul condition improves, then what you attract will improve.

So, what do we say about the soul condition in terms of a summary? We need to say that we have a choice, that it involves our free will – choice.

7.1. The effect of free will on soul condition

Jesus:

So, let's look at the effect of free will on our soul condition. If I use my will in a loving and truthful direction, then my soul will improve and therefore what my soul attracts will improve. If I use my free will in a fearful and unloving ... and notice I use the term fearful as opposite to truthful, because fear is often

created by me not knowing the truth about something, that's when you usually become afraid ... so in a fearful and unloving direction, then my soul will degrade.

FREE	LOVING & TRUTHFUL - SOUL WILL IMPROVE
WILL	FEARFUL & UNLOVINGS - SOUL WILL DEGRADE

So, it is very powerful to know these particular things. Firstly, remember that it's not what I intellectually do that determines what I attract, but rather it's what my soul is already doing that determines what I attract. And what it's doing is it already has feelings, it already has emotions, it already has beliefs, it already has all of these conditionings and everything else in it that is automatically attracting specific events and situations. And we'll look at why, in a minute, God's designed it like that.

If I understand that then I can understand that if I am loving and truthful and use my will in a loving and truthful direction then I have the ability to improve this condition and therefore by effect, improve what I attract. If I operate my soul in an unloving and fear-based direction, my soul will degrade in its condition and as my soul degrades in its condition, I will then begin to have worse feelings and worse emotions and worse desires and I'll have, maybe, even more damaged intentions. And that will cause my soul to attract much harder, more painful experiences as a result.

7.2. We attract less negative events by becoming conscious of our soul condition

Participant Female:

I make a new task I haven't been doing for a long time, and I was really nervous, and I knew about the Law of Attractions and I knew, now I'm going to crave very bad things for myself. So, I asked for help. That's what I did. I asked the Universe, God to help me. So, I know I'm nervous so please help me create a good experience. And it turned around and I have a really good time.

Jesus:

Yes. If we can point out that it's also not just the emotion that exists inside of you with regard to the Law of Attraction but it's your consciousness of it that drives a lot of what happens. So, if you are more conscious of something appearing inside of you and you know it exists there as an emotion, you'll find you'll attract even less negative events, just by becoming conscious of it than you will as if you operated in an unconscious manner with it.

So, what happens for most people in their day-to-day life is they are very unconscious of what's going on in their soul. In other words, they are unconscious of what they feel, they're unconscious of their true beliefs, their true feelings. So you ask the average person for example whether they hate

their mother and most people would say no, but when you start discussing with them how they actually feel about their mother, a fair majority of people will finish up saying, well I don't like her very much and so therefore often specific feelings in their soul towards her as a result.

We often want to remain unconscious because we're afraid of actually facing up to the truth of a lot of our emotional state. Once we go out of that fear and into a condition where we want to see that we're a certain way, so in other words in your case wanting to see, yes, I am nervous, now we're in a state of acknowledgement of a particular issue that we face. As soon as we get into a state of acknowledgement, our soul has instantly improved on that particular issue and therefore the Law of Attraction will improve on that particular issue as a direct result.

Then when you basically prayed for assistance or help or wanted help from other people around you, spirits probably too to help you through the experience, your consciousness improved again by seeing that people around you want to love you and care about you as an act of love towards yourself, your condition of love improved again, that attracts even better situations.

So, the beauty is, once we are conscious of a problem, that is far better than being unconscious of the problem. Now unfortunately on the Earth today, many of us believe the opposite, you know? "What you don't know, can't hurt you" type of feeling that we have. "Ignorance is bliss" we have a saying in Australia. Do you have a similar saying here in Sweden? "Ignorance is bliss" is the saying in English. And the reason why we have that saying in English is that a lot of people believe that to know something just means that you're going to have more pain.

The reality is with the Law of Attraction, if you know something, your soul condition is automatically improved on that particular issue, and therefore you'll have a better attraction, your attractions will actually be much more powerful in a positive direction. So, it's actually better to not be ignorant than it is to remain ignorant.

7.3. World events are created by the collective soul condition of people on Earth

Jesus:

Any other questions that we can precede with there?

7.3.1. An example of the world economy

Participant Female:

I was just participating in a seminar in London a couple of days ago and as a world economy looks today, there are only a few percent of human beings that own and earn the most of the money in this world. So, with this Law of Attraction, what would you say about that? Would you say that these people?

They are able to attract all this money, and they do it in accordance with the Law of Attraction? Or how do you look at this, what I call greed in the world?

Jesus:

Well let's make one statement to cover everything that happens in the world and in the Universe. Every single event that happens, we attract, but it's not just an individual attraction, there's a collective attraction involved.

Now if that's the case, then the whole world has attracted that a few people have most of the money. Why have we attracted that? Why do we even value money? We need to even ask why we've attracted that, because the reality is many people in the Western world in particular value money above many other things. Why do we do that? There's a Law of Attraction in operation there. So, understand that absolutely everything that happens in the world around us and to us is actually involving this law, and we need to understand it far better to understand how that happens.

Now I'm not saying that having money is a good thing because I believe if we were in a developed society, there would be no money at all, and in fact everyone would have a house, everyone would have means of transport, everyone would have food, everyone would have water. There would be no money in a truly developed society.

What I mean by that is in a society that is dictated by love, everybody would be giving gifts rather than needing money. So, if I had something that I recognised you need, I would give it to you if I could. And if you had something you recognised, I need, well you give it to me if you could. That's how a truly developed society would work.

The fact that we develop society around an economic structure that involves money is an indication of how poor our soul condition is with regard to love. And the fact is, if we honour a poor soul condition with regard to love, what can we expect as the outcome? We can only expect negative results if we honour these things. Many of us continue to honour these things and it's the honouring of these things that are out of harmony with love that cause s most of the pain in our lives. In fact, it causes all of the pain in our lives.

So, I feel that when it comes to the world's economic structure, which is all to do with a few people having a lot and the majority of people having next to nothing in fact, we have a lack of the even distribution of resources on the planet, and why would we do that? If we loved each other, we would not do that. So, it's only greediness and other types of emotions that are a part of the soul condition that drive those actions.

So many times, people who have a lot of money have a lot of greed inside of them as well, many times. And in fact, us in the Western society have more greed than many of the people in other societies because we have more money and we're not willing to give it away, we're not willing to share it.

You know Sweden is one of the few countries that has a more open policy with regard to immigration. If you compare your immigration policies with most of the Western countries, you'll find most of the Western countries don't have similar policies, and in fact many of them are so tight that they won't let somebody who's being raped and hurt somewhere overseas to come into their country in order to protect them. Now that's a lack of love that's driving these things.

So, what we will find in fact is that God's Law of Attraction is actually very much based upon His even higher laws of Divine Love. So, you'll actually find that love is the underlying reason why God created this law and we want to discuss that now, I feel, as to how love is involved in whatever happens with regard to this law. So, let's look at the effect of love on these things.

8. God's Law of Attraction has a loving purpose

Jesus:

Now love is the most powerful force and also the most powerful emotion you will ever experience. Could you agree with that do you think? You think about how when you fall in love, what happens to the rest of your life? It sort of pales into insignificance in comparison to that love, doesn't it? So, love is the most powerful force and the most powerful emotion you'll ever experience.

Now God created it that way, of course. In the creation of love being the most powerful force, there are actual laws involved around love. Love operates under certain conditions and therefore there are certain principles involved with love that operate. And God created the Law of Attraction only for a loving purpose. And this is the loving purpose; it is God's Messenger of truth to you.

8.1. The Law of Attraction is God's Messenger of truth

Jesus:

Even if you had no other person to talk to in the Universe, God would be able to talk to you through this law, by showing you what your condition is at any point in time through what you attract. So, it's actually God's Messenger of truth to you personally. What is happening to you right now, individually and collectively, is all a part of this messenger of truth; what God is trying to tell us about the truth of God's Universe.

Now the truth of God's Universe is that it is always love. Everything that God is trying to tell us always has a message, the underlying core to every message, is about love. Every single thing God's trying to let you know about is about love.

LOVE

8.2. *The Law of Attraction is a feedback system*

Jesus:

The way God uses this Law of Attraction or created it to be used is this – what I would classify as a feedback system. Do you know what I mean by a feedback system? It tells you exactly what's going on in any moment, but it's a feedback system for the soul, not for your mind and not for what you would like to have happen to you. It's a feedback system for what is actually inside of you, your soul condition. So, it's a very truthful feedback system in comparison to many of the other feedback systems.

LOVE; MESSENGER OF TRUTH TO ME

LOVE; FEEDBACK
SYSTEM

So for example, if I were a drug user and I had some friends with me and they're all drug users, and we all decided that we'd run out of drugs so it's great to go down and rob a store and so we can get some money to buy some more drugs, the feedback system of my friends would be, yes, let's do it. Is that not right? Because we're all in agreement that we all need some more drugs to get our fix.

In fact, most of society is like those drug addicts in a way, we have our fixes or addictions that we would like to have met. So, our entire society finishes up gets created around meeting the addictions we have. And we're all in agreement with it because we would all love to have our addictions met, and so we automatically embrace that kind of society. But the feedback system that God's created is telling us already that the way we've constructed our society is not in harmony with love because there's so much pain that happens as a result of what happens in society. So, it's automatically feeding back to us that something's wrong, something's not right with the way we're doing things.

It's a feedback system for the soul but it's also a feedback system for collective souls. So, it's not just a feedback system for my soul, but it's a feedback system for all of our souls, whether we're aware of it or not.

LOVE; FEEDBACK
SYSTEM — FOR THE SOUL
FOR COLLECTIVE
SOULS

So, God's created this beautiful feedback system based around love that's trying to tell us the truth of every single thing that happens to us. And basically, what He's trying to tell us is, "That's out of harmony with love, that's in harmony with love, that's out of harmony with love," and so forth. It's a way of measuring what's in and out of harmony with love.

Now if we see the Law of Attraction as that, can you see we're going to enjoy it rather than fight it? See what happens for many people, once they learn about this law, they go, "Why is this damn Law of Attraction giving me this thing?" whatever this event is. Instead of going, "It's beautiful, this Law of Attraction has bought me this thing."

All of God's Laws are loving, everything we attract is loving in a sense ... and I don't mean that everything that happens to us is loving, I mean everything we attract is loving in one sense and that is that we have the opportunity to learn about love through whatever we just attracted, there's a message system going on here.

So, if we refuse to connect to God, which we're allowed to do if we want to, God's not saying, "You have to connect to Me and if you don't, I'll strike you dead." Now a lot of religions would like to have that as an idea, but it's not true. How many of you have sworn at God and still not be struck dead? (Laughter) So if that's the case then it probably is proof that God's not going to strike you dead no matter what you do. And there are plenty of people that do very, very negative things and they never get struck dead. So that tells me that God doesn't strike people dead for a start.

8.3. The Law of Attraction shows us how to use free will in a loving and truthful manner

Jesus:

Secondly, we need to understand that the Law of Attraction is the messenger that God has to exercise the other gift of love that we have, which is this gift of free will.

**FREE
WILL**

This is a loving gift God gave us, and God is basically saying to us, look, if you use your free will in a loving and truthful direction then you'll find the Law of Attraction that I've made will operate beautifully for you all the time. But when you use your free will in a very negative direction, in an unloving and fear-based direction, then you'll find my Law of Attraction will be the messenger of truth to you telling you that actually something's wrong, something's going on.

Now this applies to absolutely everything that can happen to you, even every disease that happens to you, every illness that happens to you, everything that happens to your body, every wart that you have on your skin, every injury you get when you're chopping up the vegetables or something and you get an injury, that's an event telling you something that's happening in your soul. The key is just how do we go about discovering what it is. That's the key. But every single event that happens is God's Messenger of truth, every single event.

9. Audience questions

9.1. How the Law of Attraction operates in a loving way with children suffering in the world

Participant Female:

I have a problem accepting this because I think about children that have parents who do hurtful things or people who are starving ... is that because they have a problem with their soul from another life?

Jesus:

No.

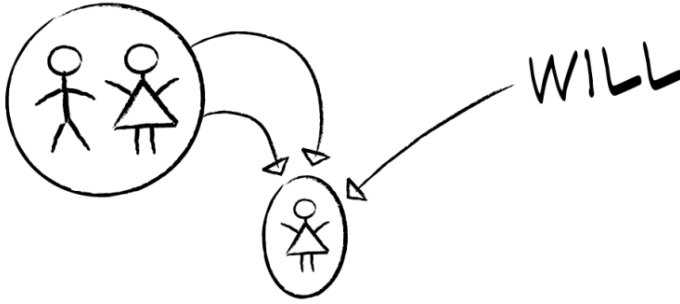
Participant Female:

Or the collective soul condition? How can that be fair and loving in that case?

Jesus:

Very good question. So, we have a group of adults, and it might be a mum and dad, and then we have a little tiny child. And this poor little child is having a lot of things happen to it that it does not deserve, I agree. So, when I say the Law of Attraction is perfectly loving though in every situation, if these parents were loving and made loving choices, they would see the damage they're doing to their own child, would they not? And they'd want to improve that, wouldn't they?

So, when the child has a sickness for example, the parents would go, okay what am I doing to create my child's sickness? There's got to be something I'm doing that's causing my child ... because the child doesn't have a fully discovered sense of its own will at a young age, does it? And if that's the case then it has to be the parent's will that's being forced upon the child if the child is getting sick. So, the parents would automatically start looking and going, "Okay there's something going on inside of me here and to be honest, if I can't love a child, am I really going to be able to love anyone?"



***Loving parents (left) would see sickness in their child (centre)
as part of their creation, since the child does not have
a developed will at a young age***

You think about it, a child has no self-determination, they have an inability to protect themselves, they have no personal security that they're able to maintain themselves, they can't fight anybody because everyone's bigger than they are. Many of them at a baby age can't even feed themselves, clothe themselves and care for their body in such a way to keep it clean, so they need somebody else doing it, do they not?

9.1.1. Taking responsibility as adults for the suffering of children on Earth

Jesus:

Now if we as a society and as parents see the pain in this child and yet think it's something that's happening in the child, we've got a problem. So, the Law of Attraction here is telling us that actually we are the problem when these events happen.

So, you know the fifty million children that die of starvation every year on the planet, that should be telling us all something but it's not because there's still fifty million that died last year and we didn't change it. They died of malnutrition, and we didn't change it, so it's not telling us enough obviously. There are over three hundred million abortions every year. And they're all children, they're all live children of course, so that's telling me something, that's telling me that we do not love children as much as we think we do, otherwise none of these events could be occurring in a developed, loving society. They would not be occurring.

So, when I see a child being harmed in any way, the first question I ask myself is how have I contributed to their harm? Because they are unable to protect themselves, they are unable to act themselves, so it has to be the people who are acting towards them that are causing their harm. And I'm one of those person's who's living on this Earth, so I need to question how I've contributed to their harm.

So, when I see fifty million children die every year of starvation, I've got to look at how I've contributed to their harm. If I was in a loving society, we would all do that, can you see that? We often don't because we go, "Oh that's happening in Africa or that's happening in Ethiopia, it's not in my country or whatever," and that tells me that I don't yet love the children enough to understand what the Law of Attraction is showing me, the Law of Attraction is showing me something. The Law of Attraction is demonstrating to me that I don't love children enough yet. Because if I did, I wouldn't be sitting back idly in my personal life, allowing this malnutrition and starvation to go on.

Now then we go, well what can we do to improve it? Well, there's literally hundreds of things you can do just living right here that would improve their situation. One would be to give up eating meat, that would greatly improve their situation because the reality is, it takes ten times more resources of this planet to provide the same amount of meat as it does to provide the same amount of vegetables. So that means that I'm using ten times more resources than those children are. If I really loved, would I continue to choose to do that? You see these are all personal questions that we need to ask ourselves.

The Law of Attraction is perfect in that it brings me the event, the event in this case is the harm of the child, and I am now conscious of the event. So therefore, I was involved in the Law of Attraction that brought this event because I'm conscious of it happening, now that I'm conscious of it happening, I need to do something with my life. If I'm truly sincere, I would exercise my will to do as much as I possibly can, given my circumstances to actually undo this damage and that means I'll need to make some soul changes.

You want to say some more?

Participant Female:

I agree with that answer, that's a nice answer, but it still doesn't answer about the condition of the child's soul.

Jesus:

Well let me point out that whenever parents become pregnant, and as soon as the time of conception, this child is now absorbing the parent's emotions. Because of that, it's now absorbing the parents' beliefs, it's absorbing the parents' feelings. This child is highly likely to grow up to be very, very similar in a lot of ways and a lot of belief systems to these parents as a result. So, the child already has a group of emotions in it that are attracting these events. But it's not the child's fault.

What you're getting confused with is who's responsible and who's not. Obviously, people who are adults who are able to exercise their free will are far more responsible for what is happening than a person who is a child and who is unable to exercise its will, because it's being controlled by its environment.

So, from God's perspective, the law is acting primarily upon the parents. It acts upon everyone of course, without discrimination, but the parents are the ones who can be conscious of it. Therefore, the parents are the ones who need to change. Yet I find it interesting when I have these discussions with parents, parents are very resistive to changing, very resistive. And it's interesting, they often talk about the harm that's done to children in other locations and yet many times the parents are doing just as much harm to their own children right at that moment and yet don't want to know about it.

In fact we had a parenting seminar once, it was a two day parenting seminar and the children came up and talked with me in front of their parents about how they felt about their parents and what their parents were doing and all sorts of things like that, which was very confronting as you can imagine to the parents. Yet even with all of that, the parents were really angry and upset about the children doing it, instead of just looking at, "This is how my child feels, wow there's something I'm creating here."

9.1.2. The issue of blaming God and feeling punished by God

Mary:

I just wanted to maybe clarify or comment about what you're saying there. This has been a big question for me, and I had to emotionally resolve this question for myself, and I think a few things resolved it for me. One was when bad things happen, we want to blame God and say God is punishing us, rather than viewing the Law of Attraction as a law that helps up learn love basically.

Jesus:

Yes.

Mary:

So, when something bad happens, we see it as punishment, and we don't see it as an opportunity to learn about love.

9.1.3. Learning about how to express will in a loving manner

Mary:

But also, with this second thing about children, would you agree that when someone's learning about love they have less impact on the Law of Attraction, or the Law of Attraction's going to operate on things that they're unconscious of at that time, because they're still learning who they are and about their own will. As we all grow into adulthood then we know about our own will and we also ... and well this is my own question.

Jesus:

My feelings are that most adults on the planet do not know anything about their own will, they've got no idea how their will and their choices affect everybody else around them, how they're affecting themselves and all of those

kinds of things. So my feelings are that for a start, most people on the planet have no idea how to exercise their own will.

In a lot of ways most people on the planet are like children in adult bodies. In fact, if you look at the many emotions that people have in certain pressured events, they act like children in adult bodies, and that's an indication they have no idea how to express their will in a loving manner.

Therefore, I do feel there are some questions about blame and responsibility that we need to address here, and we need to address them quite clearly.

Mary:

And sorry just one other thing, if you could address it – when other people have control over our will.

Jesus:

Yes, that's about responsibility.

Mary:

Okay.

9.2. *Blame, responsibility and cause*

Jesus:

So, let's look at these two issues of blame. What we normally do with blame is we blame everybody else but ourselves. Isn't that the way it works when we have something negative happen to us. You know it's somebody else's problem.

9.2.1. *An example of a thief robbing a house*

Jesus:

You go home and your flat happens to be robbed, who do you blame? The thief, who else would you blame? Maybe the police. You might blame them, you might blame the law, and if he ever gets to a judge, you might blame the judge that he didn't get the right sentence.

Why do we blame all of these different people? The answer's quite simple. We blame them because they did it. (Laughs) They did it, they took the action. The thief stole your gear, didn't he? So, you feel justified blaming him, don't you? And so we have a tendency to go ahead and blame people. We even blame people who didn't have a part in the whole thing, like the judge who sentenced the thief. He didn't steal your furniture, or he didn't steal from your flat but if we feel the judge's sentence is not strong enough then we blame him too, even though he wasn't involved in the original theft.

BLAME
THIEF
POLICE
LAWS
JUDGE

So, we have a tendency with blame to sometimes blame because the person actually did it and sometimes, we blame just because we can. And there's no rhyme or reason as to who we blame sometimes as to who's actually responsible.

The issue of responsibility is different to blame. Is the thief responsible for thieving from you? Yes of course, so the thief is responsible, he is the person who made the choice to act unlovingly and take from you. However, why did he take from you and not your next-door neighbour? There's got to be something going on there, doesn't there?

How many people live in Gothenburg? Four hundred thousand, okay. (Laughter) Around about. This thief had a choice of four hundred thousand people and he chose you. There's got to be a reason. You invited him somehow. You must have invited him somehow. There's got to be something going on in the soul of you that needs this event to be confronted with a certain truth.

It could be just that you have a lot of grief about things being taken from you that you're not experiencing. And how is this grief going to come out of you if you're unwilling to connect to it? The only way it's going to come out of you is by an event being created where you're triggered into grief and then maybe you'll choose to feel your grief now instead of trying to avoid it all the time. That could just be a simple answer to that event as to why that event occurred. Every single event has a cause.

Now let's look at the issues of blame, responsibility and cause because these are separate issues. To blame is a very emotional thing to do, isn't it? Usually, it involves the emotion of anger, frustration, annoyance or other such emotions that are all linked to anger or rage. So blame is an emotional process and blame often is not accurately assigned. In other words, we often blame people when they're often not really to blame because we can get away with it. We can get away with blaming that person without the person hurting us or judging us or punishing us in some way. Often times we blame the people who are easy to blame because if we blame the actual person, they might hurt us the more. And so what we do is we choose somebody who won't hurt us more and then we blame them instead.

BLAME
EMOTIONAL

RESPONSIBILITY
CAUSE

We have a lot of emotional reasons why we choose blame, and who we choose to blame is very much driven by our own emotional condition of fear, how much fear we're in. But there is a person responsible for any action that they took that is negative, that is out of harmony with love, and you're also responsible for every loving action you took.

So, every loving action you took in the course of the day, you're totally responsible for, it's great. And every unloving action you took in the course of a day, you're also totally responsible for, and that's great too because this is how the law works against the person who or with the person who is responsible. But the cause of you doing something is very different from you taking responsibility for it. So why did the thief steal from your house? There must be an emotional thing going on inside of him that would cause him to make such a choice, can you see that? And so therefore, there's got to be a cause inside of him that caused him to decide to go and thief somebody's house. But the fact that he chose your house means there has to be a cause inside of you that caused him to choose your house and not some other of the four hundred thousand people's homes that he could have chosen. Can you see that?

So he is responsible for the choice to go and thief and there is a cause inside of him that caused him to exercise his will to thief, but the fact that he chose your house to do it involves a cause inside of your own soul that caused him to be attracted to your house rather than your next door neighbour's house. That's how fine and it's even finer than that, the Law of Attraction.

9.3. The Law of Attraction and negative events occurring to children

Participant Female:

Okay, I'm a bit nervous I hope I can do it in the English language. My question goes back to the lady who asked you to explain like in Africa, and other countries, should an innocent child be born starving and you explained. And I totally agree that it starts with the parents.

Jesus:

Yes, and society.

Participant Female:

Yes, and my question is: you brought one point up where you said there is already something in the soul of the child. Because I have two questions. One is, for some children there is spirit influence everywhere, some children are contacted by spirits, and we can just be contacted or receiving this if there's already a feeling in us to have this attachment. Is this something also created, passed on from our parents to us, or is it already in our soul when it comes in this life given on the way by God. And the other question ...

Jesus:

Can I answer this question, before you ask the other question? There's a fair bit in this question you've just asked.

Participant Female:

Okay sorry.

Jesus:

So, let's focus on that question. The answer is very similar to the answer that I've already given in a lot of ways. So, let's look at it in terms of what's actually happening.

9.3.1. *An example of spirit influence towards children***Jesus:**

Many children are over-cloaked by spirits from the moment they are conceived. So even while they're in the womb of the mother, many spirits try to attach to this child and often a lot of congenital defects are caused through these attachments. This is why many children now are born as well with congenital defects and other problems because they've already had their body's energy systems, while they're growing, distorted by the attachments of these spirits.

The issue they face though is this. The parents have some emotional holes, some things going on inside of them that cause the child to be exposed to these events. In other words, if the parents changed what was happening inside of them, the child would no longer be exposed to those external influences.

In fact, in a perfect situation, the way God created it perfectly, once the parent had healed all of their own emotional injuries that are out of harmony with love, they would not be able to give birth to a child that had any defect. They also would not be able to give birth to a child that was over-cloaked by a spirit because no spirits couldn't even penetrate the protective barrier of love that surrounded the child. So, the fact that these events happen are all part of what we've been discussing. They're all still a part of what's going on at the society level and at the family level in terms of what the Law of Attraction is bringing the parents in particular.

Now if you think about it again, and I said this earlier, and it's very important to understand, if a parent does not change their behaviour because of what's happening to their child, then is there any hope that they'll change their behaviour for anything else? It's highly unlikely, isn't it? So, this is what we need to bear in mind. If we are not able to love our own children by taking responsibility for our own unhealed emotions and working our way through them, then it's highly unlikely we'll be driven to do that for any other reason. And this is a beautiful gift God's given us in a way, to expose to us either the extent of our love or the extent of our unloving behaviour.

The fact that so many bad things happen to children on this planet is an indication as a society that we have a lot to learn about love. This is something that we are attracting to tell us that we still have a lot to learn about love.

9.3.2. An example of sickness in children

Jesus:

Even if we looked at the physical things that are happening to our children, I don't know for those of you who have children, but usually within the first few weeks or months, they get sick don't they? Do you notice that? And we all say the same thing generally and that is we say, that's because they haven't developed an immunity yet to that particular thing or things like that, that's what we say. What a silly concept if you think about it.

The reality is my wife or partner, and I have immunity to those things now, why didn't that immunity enter the child? It doesn't make any sense. They're living in the womb of their own mother, surely the immunity would somehow enter the child if we dealt with something. So, the reality is even every sickness our children get is a reflection of something going on inside of ourselves, something that's going on that we need to address that is out of harmony with love. And if we address it, we have the potential to change it.

You see as soon as we address it, it will instantly change in fact. The Law of Attraction is perfect in its operation, just like all of God's Laws, and so therefore the instant that we address the issue is the instant the issue is solved. The beauty of being able to measure it is that you instantly know you've resolved the problem.

I feel that's one of the problems that we face on the planet with regard to everything we analyse with regard to sickness and disease and other trauma and other pain, we have a tendency to search for somebody to blame who is not ourselves, we do not take responsibility for the fact that we have attracted the event and because we're unable to do that, we never address the emotional or the soul-based condition that causes the event.

Now because of that, our Law of Attraction – or when you say "our Law of Attraction" it is not the right way to say it – God's Law of Attraction is going to expose to me the fact that I'm continuing to avoid responsibility and what the cause is.

This is what I feel is happening on the planet with so many different things and issues, and in particular with issues involving children – you know what we call human rights or lack of love towards other people, a lack of love towards our environment, a lack of love towards the animals and other living organisms on the planet, our lack of love towards nature – these are all things that are demonstrating to us our lack of love that's inside of our soul. And if we address the cause, we can solve all of these problems, every single one of them can be addressed and solved.

9.3.3. An example of spirit influence towards children (continued)

Jesus:

In the case of the cause of a spirit attachment with a child, if the parents work through their emotional situation and work through why they attracted such an event, then they would cover over the hole inside of themselves that created the event and the spirit who's attached to the child would leave the child. So that's the answer to that specific issue; and the reality is that it's the same answer for every issue.

Participant Female:

That makes sense.

Mary:

Just to clarify, you were saying that the Law of Attraction operates on the condition of the soul so when children are exposed to negative things, there is an injury within their soul?

Jesus:

There is, but unfortunately the other thing we must admit is that they inherited this injury from their parent's soul and it was transmitted to them as soon as they entered the world through conception. So therefore, who's to blame, or who's responsible for this injury? Not the child. Do you understand the difference? See we've got to be very careful that we assign the responsibility to where it was created and the responsibility of what's happened to the child rests with the environment and the parent. Not with the child.

Mary:

Second if we go back to Africa, those people who are suffering in a lot of poverty, they do have a condition within their soul that is attracting that.

Jesus:

Certainly.

Mary:

However, what I feel is that we have a condition in our soul that is allowing it.

Jesus:

That is even worse, that's right.

Mary:

That is actually worse.

Jesus:

It's actually worse, yes.

9.4. The Law of Attraction, world poverty and war

Jesus:

So let's look at the situation of any poverty, for example, in terms of who is to blame or who is responsible and what the cause is. The reality is that there are many nations on the planet who, as a collective nation, their collective condition, so if we call it their collective soul condition, is that they attract rape of resources by more wealthy countries. Is that not true? Obviously if they had enough resources to look after themselves and they had excess then it'd be fine but if they don't have enough resources to look after themselves and all the excess is going somewhere else then obviously it's a rape. It's a rape of all the resources.

The collective soul condition of those countries is that they attract the rape of resources for some reason, that's the thing they need to look at as to why they attract that. But who has the worse condition? A person who rapes, even if it's resources or the person who receives the rape of the resources. Who's got the worse condition? The person who rapes resources, is it not? So, the collective condition of the Western countries that finish up raping the resources of the other countries and not sharing those resources that they have, means that the collective condition of the Western countries is actually worse from a love perspective than the condition of the countries that are being raped, from a love perspective.

COLLECTIVE	COLLECTIVE SOUL CONDITIONS
RAPES OF RESOURCES	ATTRACT RAPE OF RESOURCES

Okay if we bear that in mind then and we look at the event that would be attracted, the Law of Attraction happens where a certain country gets raped of its resources, which then causes malnutrition and other problems inside of the country for many of its inhabitants. There's got to be an emotion inside of them that caused this country to attack this country in this way, which attracted it happening to this country.

However, the reality is, this other country was willing to rape any country therefore its condition was pretty bad before it even begun. And then the fact that it went ahead with the rape of the resource means that it's even becoming worse as a collective condition. The fact that this country is willing to engage in the rape of the resource means that its collective condition must be worse.

It's like the thief we were talking about. It's willing; it already has a feeling inside of it that it's able to thief. It's just a matter of who doesn't thief? So, you look at the USA coming to thief something, and I'll choose the USA because many people do think that they do thief things. I'm not saying that the USA should be singled out with that particular thing because many Western countries are the same, but let's say that it decides to go to war in a country like it did do in Iraq.

If it couldn't choose Iraq, because Iraq happened to be Sweden, it would never have gotten away with coming and raping Sweden's resources for a lot of reasons, what did it do? It chose a country that the rest of the countries would sit by and let it be raped. Can you see that? Because if the US chose you and your country to be raped of its resources, what do you think would have happened then? You would have had the whole European Union ready to go to war with America, wouldn't you? If that had probably happened. But the fact is that when Iraq gets raped, the whole European Union's not willing to go to war with America. Can you see the difference?

So, can you see how that was a part of the choice? The fact is that it couldn't make the choice to rape a country that had the power to defend itself, so what it did instead was make a choice to rape a country that couldn't defend itself. Can you see that? And in the process of doing that America demonstrates its own condition. And interestingly enough, the rest of the world demonstrated their own condition, we were all willing to sit by and watch the rape. And in Australia's case, we were not only willing to sit by and watch it, we were willing to sit by and take part in it.

I'm being quite strong with my language here now, and the reason why is we need to understand that actually the person who does the damage to the other is obviously already in a darker condition. This is why many of you are not having much success with your mums and dads in terms of getting them to admit that they did something wrong with you because the person who does something wrong with you is generally in a darker condition than you were at the time it was going on. Just like the country who rapes is in a darker

condition than the country that is raped when it chose to rape the country. The rest of the world was in a darker condition than this country because it allowed the rape of the country.

These are all things that are happening because the Law of Attraction is demonstrating to every one of those countries there's something going wrong here with love. So, the country that is raped obviously has an issue of loving itself, whereas the country that rapes, has an even worse issue – it's unable to love others. It's arrogant and loves itself too much, I suppose you could say. Is there such a thing as loving yourself too much? No. So there has to be that its attitude is not one of love even towards itself but one of greed that has to exist.

Now the beauty of it is that it's all demonstrating God's Truth to us as an entire world. This event is showing us that what is actually happening is out of harmony with love in these events and it's out of harmony with love in a lot of areas. The country that is raped needs to be helped with its love of self, and the country that is raping needs to be helped with its arrogance and its attitude that it can go ahead and rape somebody else and get away with it.

And that means that the people in the raped country need to be helped with that attitude and that means the people in the raping country need to be helped with that attitude because it's a collective condition, which is an adding up of all the different people's condition in that location. So, it's quite an involved process when you look at the Law of Attraction.

9.5. Assisting parents as young children

Participant Female:

I'm back at the children.

Jesus:

Yes.

Participant Female:

You said the parents need to deal with it for the children, but I think the children can save the parent.

Jesus:

No. I am sorry I can't agree.

Participant Female:

Okay.

Jesus:

A child who has an undeveloped sense of its own will cannot save somebody who has a developed sense of their own will. So, the reality is the child can trigger emotions in the parents that can certainly assist the parents, and in fact the whole reason why that particular child has been attracted to those parents is to do such a thing. It is to actually help the parent work through their

unloving emotions. But the reality is the child can't as a choice help the parent and the parent can't rely on that either. Because the reality is the parent is the one with all the control. The parent is the one with all of the power. So it's very, very hard for a person with no power to assist a person with power without there being some collective action.

9.6. *Assisting parents as adult children*

Participant Female:

Maybe you are talking about a lower age than I thought of.

Jesus:

Ah, you were thinking like a teenager or something.

Participant Female:

Yes.

Jesus:

Alright, fire away with your teenager explanation for me.

Participant Female:

Sorry?

Jesus:

Tell me about your teenager explanation.

Participant Female:

No, it's not like that. But I myself, instead of my parents, it's going to deal with things that I blame them for.

Jesus:

Yes.

Participant Female:

I felt that I worked with myself and they were relieved ... do you understand?

Jesus:

I understand what you're saying but.

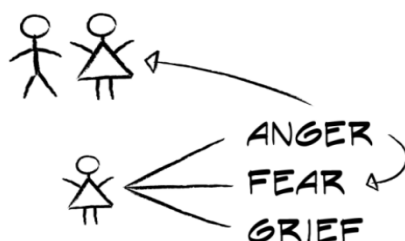
Participant Female:

(Laughs) So if you have impossible parents and you want to help children, a child.

Jesus:

Let's look at what's really happening with our parents for a start. So, there's you and there's your parents. Now obviously if you had specific emotions, for example you have anger with your parents and then underneath the anger with your parent is some fear that you have about what they did with you or whatever, and then underneath that there is some grieving to do that you need to let go of, obviously when you get out of your anger into your fear, then your parents are no longer receiving your anger, I agree.

And if that's that case then those parents are no longer feeling your anger and that's certainly going to be a relief for them. However all of your grief, most probably for most people, came from your parents and the fact is, even when you're angry, these parents should have been more willing to address their emotions of why you're angry with them, they should have been but they weren't.



A child (below) who stops projecting anger at her parents (above) and starts feeling her fear, creates relief for her parents but does not change the parents' soul condition

So, while you go through this process, which is a great process to go through, it does not mean that your parent's actual condition that caused your grief is ever going to be addressed. The reality is they're just relieved that they're no longer getting your anger anymore. However, they have not yet addressed why they did it. They have not yet addressed why they created your grief. That's the thing God's trying to get them to address. So they're going to continue to attract events, and your anger is not one of those events by the way, but they're going to continue to attract events that display to them their own condition as to why they harmed their own children. They will attract those events.

So while you can address these issues yourself and there will be a degree of relief in your parents when you address these issues, which is great because you're no longer projecting at them those particular emotions that you had that you no longer have, the problem is they themselves still may never address their particular unhealthy and unloving causal behaviour, the reason why they damaged you in the first place. And they need to make that choice. Whatever you do, and you cannot relieve them of that, there is nothing you can do that will actually relieve them of that except telling them the truth and loving them. Nothing else can be done.

Participant Female:

What if children do not have it anymore?

Jesus:

Once you release the fear that your parents gave you, you no longer have it anymore so your Law of Attraction changes. But they still have it and until they go through the process of releasing their soul condition, they will still attract the same events.

9.7. *Assisting children with damaging parents*

Participant Female:

I want to know how to help small children who have impossible parents.

Jesus:

From a society perspective, the only way to help a small child that has impossible parents is to relieve the child of its parents. It's the only real possible way because the child is under the control of those parents. And unless the parents are loving, there is no real way to relieve the child of their unloving behaviour unless the parents are willing to change.

You see these are part of our society beliefs about families. We all believe that families should stick together, no matter what. I can't agree. Families should never stick together when the family is being unloving to each other. They should all go their separate ways or learn about love and do either one of those two things rather than stick together because the reality is while they're sticking together and being unloving with each other, they are just causing more damage to each other. That's not loving, you need to stop doing that.

So you've got to be careful about our family definitions. You see if you truly love, we'll view everyone on Earth as my family and therefore I will not have any sense of inequality in dealing with you. I will deal with you the exact same way that I deal with my son that was born to me. I will not have any difference in the way I treat both of you if I actually view you as my sister as much as I view him as my brother. And my son is my brother because he's not my son, he's God's son. That makes me and him brothers.

Participant Male:

I wonder if you would talk a bit about ways and methods to increase love for people, ways of doing that.

Jesus:

I would love to do that because that's a part of this law actually. Remember the whole purpose of this law is to help you increase the level of love that you have within your own soul towards everything around you. So, the whole purpose of this law is to correct any unloving behaviour and actions that you have and to turn them into loving behaviours and actions. That's the whole reason why God created this law in the first place. So, it makes sense that we need to go through a discussion of how do we engage this law to refine our condition of love; how can we be refined by what happens in this process of this law?

So what I would like to do is, it's probably time for a break now. So what if we have a break and then we'll enter the discussion about that subject of how we go ahead and become more loving through this interaction with this law.

SESSION 1 PART 2

Jesus:

Okay, shall we proceed with the subject? How's everyone finding it so far? Alright? You need more positive feedback, so what you can change. So you're sick of hearing the negative things about Law of Attraction? You've already got that! (Laughs) Well this is a positive part, isn't it? Like how does the Law of Attraction help me refine our condition of love? That's really what we want to do.

10. Continuation of audience questions

10.1. Parents attract particular children to assist them to grow in love

Jesus:

Is there a question before we go ahead with that subject?

Participant Male:

We talked about the children coming into this world. Since they don't have a past life, why do they attract these two parents?

Jesus:

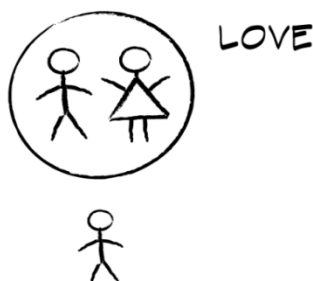
Well, the real question is why do these two parents attract that particular soul?

Participant Male:

No, I want to say, why does this child attract these parents?

Jesus:

Yes well, I'd say it the other way around, why do these two parents attract this little soul? The real answer to that question is also about love. For these parents to grow in love, they need this child more than they need any other child. The personality and nature of this child in it's pure condition will help these two parents grow in love more than any other child that they could have attracted, would have. That's the reason why they attracted them.



***Parents attract a particular child
to assist the parents to grow in love***

Participant Male:

But then it must be an abuse on the child.

Jesus:

What's an abuse on the child?

Participant Male:

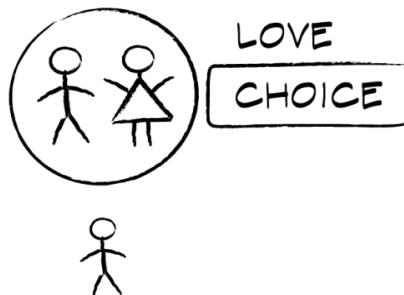
If the parents are very abusive and they abuse the child, and the child hasn't done anything.

Jesus:

Well, these parents have a choice, do they not? This is the choice they have, do they wish to refine their condition of love, do they wish to get more loving, or do they wish to be worse? Do they wish to be more unloving? They have a choice. Every single person has a choice, and these parents have a choice.

So, parents are faced with this choice when they bring this child into the world. Are they going to choose to actually develop in love towards the child and therefore have to change themselves, or are they going to choose to not change themselves and to force the child into their way of looking at things and their way of conceiving the world and their way of doing things and their way of being unloving?

Now most parents unfortunately choose the second. They choose the latter – they choose to act unlovingly towards their newly incarnated child, unfortunately. But they don't have to. They could actually choose to exercise their will in a loving way towards the child and therefore grow through the experience of the child.



***Parents have a choice as to whether they
act lovingly to their child or not***

This child is the perfect child to help those parents become more loving. This child is the best possible personality, the best possible individual, of all the different children that those particular two parents could have. This particular child is the best person that they need to grow more loving but then it's really up to the choice of the parents what do they do.

Now they can choose to become more unloving, which would actually be abusive towards the child, or they can choose to become more loving. Now I recommend that every parent chooses to become more loving but unfortunately, we often avoid love as parents, just as much as we avoid love in other aspects of our life.

Participant Male:

So, then the child doesn't have any choice.

Jesus:

Well, when the child incarnates, of course it doesn't have choice because it doesn't even know how to make a choice. Before the child incarnated, it had no idea about will, it didn't know how to exercise its will. It didn't know itself, so it didn't know itself; it didn't know its personality, its own nature, what kind of characteristics it has and what kind of feelings it had. It has no experience. So, it has to incarnate in order to gain these things. So, it has to incarnate into some parent.

NO WILL
KNOW ITSELF
NO EXPERIENCE

Now God's done it in such a way that the child incarnates to the parents who need that child the most in terms of need that child in order to help them become more loving. That's how God created the system.

So, it always gets back, and this is something I feel most audiences avoid. We are so focussed on something God doing as being unfair when God didn't create the unfairness, we did. This child getting abused is only created by the parent's choice to abuse it. It's not created by anything else, and quite often this is what we don't focus on.

What we do as parents is we want to constantly disclaim our responsibility towards the child, but the reality is, this child was the perfect child to help us work through our unloving emotions and become closer to God, closer to each other, closer to other people in the world. So, this child is the perfect individual to help us through that process. And what do we do with it? Instead of accepting it as that gift of being the perfect person to help us go through all of these emotions, when it gets sick or when it does certain things or different things happen to it, we blame the child.

And then we come up with even belief systems that blame the child. Belief systems such as reincarnation, which actually do blame the child. It blames the child for making the choice. The reality is the choices were made by these parents, let's forget about the child for a moment – it's the parent's choice to

be unloving that creates the damage for the child. That's what creates the damage. And what we need to do as parents is go, no hang on a second, we've got to stop blaming the child and start looking and taking responsibility for our own actions in terms of what's going on here. That's what I feel most of us avoid. And what we do is we even create belief systems that avoid it in order to avoid our personal responsibility towards the child. Does that help?

10.2. False beliefs about reincarnation

Participant Male:

I want to add because we have a big Universe, with lots of planets.

Jesus:

Yes.

Participant Male:

There might be other civilisations. And you said that from 1962 it was impossible to reincarnate on the Earth.

Jesus:

On this planet, yes.

Participant Male:

Could it be so that other individuals from other planets reincarnate here now after 1962?

Jesus:

No, they're all separated, every sphere we've been discussing. I've done some interviews recently with some people about the Universe and how it's constructed. ("20120315 Interview With Jesus – Anto Klobucar & Mary – Universe S1" and "20120329 Interview With Jesus – Anto Klobucar & Liz Swatland – Universe S2") The entire Universe is made up of lots and lots of different universes.

Rather than me getting into it in a discussion about the Law of Attraction, I can just give a brief summary. Each universe has its own pool of souls, if you like, that incarnate into that universe. So, if you are going to what you call reincarnate ... and reincarnate is not the right term for it really because it's a connection to a different body, even while you're maintaining connections to other bodies. It's not actually the same as the reincarnation teachings that you have called reincarnation that you would have heard of – they are not the same thing that I'm claiming.

In fact, the reincarnation teachings that are taught on this planet are all false actually, and you learn about how false they are as you pass through the spirit world, generally. But those beliefs are often surrounding desires on the part of people on the Earth to be attached to the Earth. In other words, they want to believe that they can come back to this Earth and have another life so that they

can fix up the last life that happened that wasn't too good. And they want to believe that over and over again.

They want to believe that they can come back over and over again to fix up the past. But the reality is you don't have to come back to fix up the past, what you need to do is right now, the way to fix up the past is very simple – right now, make a choice that's more loving. That's how you fix up the past. Make a choice that's more loving right now. Right now, make a choice that's more truthful. Don't wait for some future event to do that. Do it right now.

The reality is unfortunately that the teachings of reincarnation have a tendency to encourage you to put off the right now and in fact delay your progression. Many of the people who believe in reincarnation on Earth pass into the spirit world and they try to reincarnate back into Earth, find they cannot, and then they spend many, many years in the spirit world unfortunately in a very strong feeling of rage and anger about the fact that they can't come back to Earth and that they only had one chance here, that is the viewpoint.

Now you don't only have one chance here, but you do have to question why you're so focussed on Earth when every single universe that is above this Earth in terms of dimensional space is more complex, more beautiful, more experiential, more enjoyable emotionally, so why would you create belief systems that want you to be constrained to the Earth? We've got to examine the reasons why we do things, even why we create belief systems.

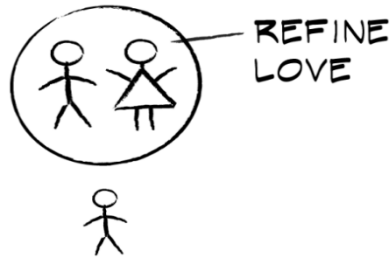
It's interesting when you talk to the spirits about these things because when you talk to them, many spirits come to you who'd still believe in reincarnation, but they've never been able to reincarnate. Then when you talk to them about that and why they haven't and what's going on, they then realise that the whole belief system has flaws. And once they realise that, then they start progressing in the spirit world to more lovely conditions that are all to do about love.

This is what I'm saying is in the end, this is all about refining our condition of love. True spirituality is about refining your condition of love, that's all it's about. That's the pinnacle of real spirituality, just refining your condition of love and that's what we need to bear in mind with this.

10.3. Parents attract particular children to assist them to grow in love (continued)

Jesus:

So, we need to understand that the whole reason why parents attract a little child is so that parents can refine their love, so they learn more about love that they didn't know and that they couldn't know without this child being involved in their life.



***Children are attracted to parents
to assist the parents in refining their love***

Remember this child is not your child, it's not your child; you just created the bodies for it. The child was already created as a soul, living in the soul-based worlds of the spirit world, waiting to incarnate so it can learn about its own will, learn to know itself and learn to have an experience. That's the whole reason why it's coming.

This child is the perfect person to help you work through your love issues as well on top of that, this child is going to teach you things about God, it's going to teach you things about the Universe that you didn't know, not because it knows them, because it doesn't, but because it's very personality and nature will trigger you to get to know those things. Just automatically, its personality will expose these things to you, that's the beauty of the system.

So, I feel the truth is always very beautiful and it's always very loving and it's always very honest. It's always very simple and all of those things as well, but the beauty of this system is that if these parents examined it from that perspective instead of saying, "I own this child" ... how many of you believe you own your child? We even say it, don't we? We say, "I have three children." What?

You have three younger brothers or sisters who are not your children, they are God's children, they are your brothers and sisters. They're not yours either, you don't own them, you don't control them, you temporarily are involved in their life. And often times they feel like it's far too long a time that they're involved in your life, unfortunately.

Now if we learned to love these children and to care about these children and honour the fact that they didn't have any will and they're learning about their will and they didn't know themselves and they're learning to discover themselves, they didn't have any experience and now they're having one and we honour that. And we also honour that this child is my brother or sister, not my child, it's a person who is potentially going to be even more powerful than I am. Potentially because it's my brother and sister and he may choose to do more powerful things than I'm choosing to do, and he may do it by the time

he's five because that's the potential of every one of these children. When I honour that, then I start to refine my love.

In the end, the refining of my love is true spirituality, that's the whole reason why God made this entire system – so that we would come to know love. In particular so that we would come to know God's Love, in fact. That's why God did that.

So when you look at it that way, you start seeing every interaction with your children, rather than being something where the children ... like I've heard parents say this: "Yes I have treated my child pretty harshly, but they chose to live with me." Now that to me is the pinnacle of the justification of unloving behaviour. By saying that somebody chose to interact with you and so therefore they deserved your unloving behaviour is the pinnacle of unloving behaviour itself. And I've heard many people who believe in reincarnation say exactly that thing to me.

So what we need to do is we need to start seeing the world differently. We need to start seeing it as, I can change everything right now. I can make a different choice right now. Right now. I don't have to put off my choices. The only reason why I would put off a choice to do something loving is because of fear. The only reason I would choose to put off a choice to do something more truthful is because of fear. Why would I choose such a thing? Why would I choose to remain in fear?

Now the only reason why I would choose to remain in fear is because I have emotions in me that justify my fear, that's the only reason why I would do it. And I need to start confronting those emotions so that I can become more loving. And this little child who's been attracted into my life, is a perfect individual to help me confront those emotions, to confront the unloving behaviours that I have. That's the beauty of it; that's the beauty of the system.

11. How the Law of Attraction refines our condition of love

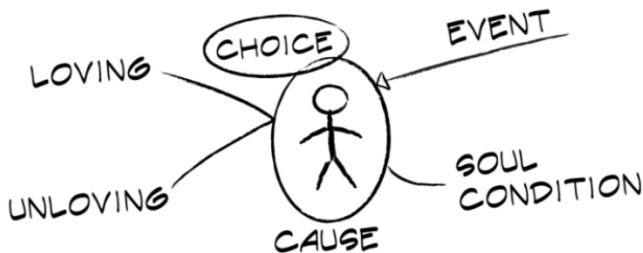
Jesus:

So that brings us to this question of how the Law of Attraction actually refines our condition of love. What it does is this, in a general sense, and then I'll be more specific.

This is me, and I'm in a certain condition whatever that condition is. Now God has made this law so that I attract an event and the event can be so simple, like it can just be a mosquito biting you. Just a tiny little event like that. Every event has its cause. I attract this event and then out of that event I have a choice. I have a choice to learn more about love, or a choice to be unloving. That's my choice. Every single event. So, a mosquito comes along, bites my arm, and I have a choice.

It's not an intellectual choice, remember, because we said the mind is not involved in the soul's attractions. This is to do with emotions and feelings and beliefs and all these other things that are all inbuilt in us emotionally. A lot of times we even believe we know certain things in our heart, but our life is telling us we don't know them yet.

So how many of you would say you trust your partner but sometimes emotionally you don't feel trust of your partner? Can you see how sometimes what you think you think is very different to what you feel in the same circumstance? This is what I'm saying – it's what you feel, what the emotions are, what the underlying soul condition is that attracts the event, and the soul has the choice to either become more loving or become more unloving in the way that it responds to this event. Therefore, if I understand that the event is attracted to me because it's my soul condition that attracts the event, then I can then go, okay I can find the cause of this event.



***When events happen to us as a result of our soul condition,
we have a choice to be unloving or loving in that moment.
The loving option is to find the emotional cause within the soul***

11.1. An example of being bitten by a mosquito

Jesus:

So, a mosquito comes along and bites me, most people just slap their arm to kill the mosquito – get rid of that life. That's not very conducive to my happiness. There's the event and we don't even think of it. And then you know, after a while you have another mosquito and another mosquito and another mosquito and you go, I always get bitten by mosquitoes, it's now really annoying me.

Now I'm starting to become more conscious, there's some reason why this is happening. And it's not that daddy told you that they love your blood because you've got sweet blood or anything like that, it's none of those things as you well know. So, there's something to do with something serious that's going on inside of your soul. So, you'd have to feel your way through that to find out what it is.

Most the time it will be linked to how unloving you are towards yourself. So there are going to be some interactions between how unloving you are towards yourself and therefore the insects and other things that are a part of nature feel that it's okay to come and eat you or bite you or take a bit of your blood because of how unloving you are towards yourself – you will allow that treatment from others or from other animals or insects or other living creatures.

So, what I would do then is go, insects are always biting me, what's the rest of my life like when I interact with people? Well, what is it like when I interact with other living things bigger than an insect? Do I find myself giving all the time and not getting? Do I find myself being attacked all the time? Does my soul seem to attract attack? What's actually happening? And we can start working through why, because at the end of the day we want the cause that's inside of our soul to be released, that's the point.

The whole point of the Law of Attraction is to get rid of the causes that are unloving and to put in their place causes that are loving. That's the whole point of it. And when we do that and we make loving choices, we then become more loving as a result. And as a result of that, the Law of Attraction is automatically refining us.

Now that's the general overview of how it works, what we probably need to do is go into some nitty gritty situations and come up with what's going on in any situation. Are there any questions before I proceed with that?

Participant Female:

Many times, it's also like, what is a loving behaviour? Because for me it could be also to let the mosquitoes eat, if they are hungry, I mean they could eat on you. Shouldn't that be love too?

Jesus:

This is right. So how do we know what is loving behaviour? It's a good question, isn't it? Is it loving to have a mosquito eat you?

Participant Female:

Yes, if you feel love for the mosquito because for me it sometimes can be. And the same if you help, you say you give to people and then you say they eat you, but sometimes you want to give to people and sometimes you get used but if you feel that you want to give anyway.

Jesus:

See if I gave to a person and I got used then there's a negative event my soul's attracting. Through my desire to give there's a negative event. So that tells me my desire to give is not pure, it tells me there's something unloving in my desire to give. If there were something purely loving in my desire to give, I would never attract in response a negative event. So that tells me there's got to be something unloving in my desire to give.

It's the same with the mosquito, if I allow the mosquito to eat myself and then my skin bumps up as a great big lump and it actually hurts – what the mosquito is doing to me hurts – then that tells me there's something unloving going on here because love never has any pain associated with it, ever.

Participant Female:

Okay.

Jesus:

So anytime I have love and pain in the same sentence, I'm already being untruthful with myself. The reality is love will never cause pain, ever. If it's true love it will never cause pain, ever. So, if I'm having some kind of what I think of as a loving interaction and yet it's causing me pain, then it's telling me that there's something in my soul that needs correction. There's something in my belief systems, there's something in my feelings that are incorrect, that are out of harmony with love.

11.2. Determining what is loving from pain and suffering

Jesus:

So, the question is how do I know what is loving? And it's quite simple. If it's creating pain and suffering in a true sense, so it's not just imagined. In other words, if I come up and tell you the truth about something and you automatically feel pain then that's to me a fake expression of pain because the reality is that when you tell the truth to somebody it's never painful if they're open to receiving it.

So, it has to be true pain and suffering but there's plenty of examples of true pain and suffering in the world, is there not? So, anything that creates true pain and suffering tells me that whatever created it has to be unloving.

**PAIN
SUFFERING**

As soon as I know that relationship between pain and unloving behaviour, then I know that anything that happened to me that was painful for me, there's something about love that I need to address inside of myself to work through the issue, inside of me.

So, if someone came up and punched me in the nose, I've got to work through myself. I don't have to worry about him because I can't control his behaviour, I can't tell him what to do, I can't make him more loving – even though he's being unloving, I can't make him more loving. I can't control him in any way aside from what's coming out of my soul.

There must be a reason why he chose me to punch, again. So, I need to look at the reason what it is inside of myself if I want to grow more loving. And once I address that particular issue and grow more loving out of the interaction, there's a very strong likelihood I'd never be punched again in my entire life.

Okay so do we understand the basic principle of why the Law of Attraction works and how it basically works? Everyone's fine with that? Okay so can you see we're attracting an event, and remember there might be a collective group of people attracting an event, so you might go along to a soccer match and half of the stadium on one side goes berserk and they have a melt down and they're in a riot, that's an event that a whole lot of people attracted, not just one person.

Then there's other events that are just you, aren't there? That just seem to involve you, and they can be very, very simple events like you're there cutting up the food for your dinner and all of a sudden you slit your thumb and you wrap it up and whatever and away you go cutting without hardly even thinking most of the time. But that was an event that you just created through this, and it was a painful event, physically painful, and so therefore there has to be an unloving cause.

Every single event is the same, every single event that we can create. So the event's created, we have a choice firstly to understand that our soul condition was the creator of the event. So, once we understand that we're in a greater state of awareness that makes us more aware.

11.3. Negative events have a cause within our soul

Jesus:

Secondly, we need to understand that there is a cause within us that is emotional in nature or has something to do with belief systems or many of those other things we listed. Remember the long list that we created as to what the soul condition was? There's something in the soul condition that caused the event. So, we understand that and now we also have a choice to act in a loving or an unloving way as a response to the event. So can you see there are quite a number of different things involved with a specific event.

TOTAL OF; ALL OF MY EMOTIONS, FEELINGS, BELIEFS,
DESIRES, PASSIONS, INTENTIONS,
CHILDHOOD CONDITIONING & PROGRAMS,
EXPERIENCES, MEMORIES

Factors that make up soul condition

12. Actions that are in harmony with the soul condition come naturally, whether they are loving or unloving

Jesus:

Now actions are much more simply created if they are natural to you, have you noticed that?

12.1. An example of giving up smoking

Jesus:

How many of you have had to give up smoking in your life? Did you find that you had to try really hard to give up smoking?

Let's be honest it's pretty hard sometimes to give up smoking. How many of you said no I'm not going to smoke, and I never smoked again, I was happy and I was fine and I didn't go through any withdrawals and I didn't get angry and I wasn't grumpy with any of my friends or my family and everything was just beautiful and I never went back to it? How many of you found it like that? A few?

It's pretty rare though isn't it to find somebody who did it like that, and to be frank with you I feel that for a person who is smoking who does that, it's probably not even them smoking because the reality is, if it is you having the cigarette and you having the addiction, every addiction generally has pain when you give it up. And if there was no pain in giving it up then it was probably a spirit with you who was doing the smoking, and he was just using your body as a tool. And your real addiction is the spirit with you. And not you yourself.

However, for most people it's not like that, the smoking is done because we have an addiction and a lot of pain inside, and we sometimes have fear, and smoking seems to sort of calm us down. Some people smoke because it's a great way to get away from their job every two hours (laughs) or some other reason. So, there is a cause within us that we have the addiction.

Now we have a choice to be loving or unloving when we start confronting the addiction, whatever the addiction is. But the reality is that if the desire is still in you to do the unloving thing, it is very hard to give it up. Have you noticed that? If the desire is still inside of you to do something that is damaging, it's very hard to stop yourself from doing it. Would you agree with that?

This is the main failure of most religions by the way, most religions make a list of rules, that the average person finds quite difficult to actually engage all of them. And so, there is a difficulty associated with practicing the religion and unless you're guilted into practicing the religious laws, it's going to be very, very hard for you to sustain living those laws, that's the reality.

There's only one time when it's actually easy for you to do the loving thing. Do you know when that is? Have you ever thought about that? When is it easy for you to do the loving thing? Any ideas?

Participant Male:

Yes, when you meet someone that you're fond of or if you see a little kitten, cat, child or ...

Jesus:

So, could you say in summary it's when you have a desire?

Participant Male:

No, it's when you see something and inside you feel natural love for it. And for some people it can maybe only be a little bird, hamster or something like that.

Jesus:

Yes.

Participant Male:

And it can start from there.

Jesus:

Exactly so in summary of that I would say it starts from a desire, you have to have a desire inside of you. However, if you want to do something loving and you want it to be easy ... and I think pretty much all of us would love it to be automatic, wouldn't you? Given a choice of a loving thing and an unloving thing, you'd like it at some point to just automatically do the loving thing, wouldn't you, that you don't even have to think about it. Wouldn't that be the best? That you don't even notice the unloving thing even. That would be even better sometimes, wouldn't it? Just go through life automatically doing the loving thing, whatever the loving thing was. Would that not be the pretty powerful way of living? So how do you create that?

Participant Female:

When you take responsibility for yourselves, you feel full. Or when I feel happy and joy and rich, I don't mean on money, I mean rich inside.

Jesus:

Yes.

Participant Female:

Then I feel very easy to give.

Jesus:

True, I agree.

Participant Female:

But sometimes if I feel something missing to me, I get greedy.

Jesus:

Yes.

Participant Female:

Or jealous. But when I feel when I'm in love then it's easy when I'm happy or full, what you say, full?

Jesus:

Yes. I know I agree with that. So here we are, we've got the choice between loving and unloving behaviour. And what we're really saying is that there are times when emotions come along that automatically make you feel like you want to do the unloving behaviour, automatically. And when those emotions are not present, you can automatically do the loving behaviour. Would you agree with that?

So, if you have emotions inside of you that you feel drawn into following, automatically that are unloving in their nature, then you will probably engage in unloving behaviour. That's the reality. But if those emotions are not present, then unloving behaviour is not something you'd even consider.

12.2. An example of desiring to murder another person

Jesus:

So how many of you would consider murdering a person? None of you? Let's be honest, how many of you have considered murdering a person in the past, even as a thought or you wish that they had died or you wished that they didn't exist? Okay this is interesting – one person was honest at the beginning and then we all get more honest as we go. So the reality is, what did that thought come from? It's come from an emotion of hatred towards the person. Where did the hate come from? See it's got to come from something inside of you, doesn't it? So, there's something there that causes you to feel that way.

Participant Female:

My soul condition?

Jesus:

That's where it comes from, doesn't it? It comes from the soul condition, it comes from something inside of you that generates a feeling called hatred that generates a thought called, "I just wish I could get rid of that person, even if it means permanently, that would be fantastic." And you might not be willing to do the job yourself, many of us aren't because to be frank, we don't want to take responsibility for our own actions. But we are willing to be very happy if somebody else did it for us, wouldn't we? In that place when we're very angry, we would be. So that tells us at some point, many of us have considered murder or at least allowed the consideration of murder for somebody else for us. And that came from an emotional cause within us.

Now can you see that if you rub out the emotional cause of the reason why you considered that, then you wouldn't have even considered it? You wouldn't have even thought of it. They could bop you in the nose, they could take away your family, they could take your wife or your husband and live with them for three or four years and they could do all sorts of things, and you still wouldn't consider it, if the cause is not inside of you.

However, when the cause is inside of you, then you're automatically going to gravitate towards the unloving behaviour. Can you see that? Automatically it's going to be very hard to resist. And it's only how in tune you are with personal ethics as to how far you'll go with it.

So, for example, many of us allow a murderous thought about another person and we even think it's justified sometimes to have a murderous thought about another person. However, many of exactly those same people would not consider actually murdering the other person, but they might be happy that somebody else has.

12.3. Finding the cause of unloving desires

Jesus:

So, this is where our ethics is. If we're in a state of pure ethics, even if we had an unloving cause, we'd never choose the unloving behaviour because we'd go, "Oh there's the thought, there's the thought, I want to murder him, okay now I've got a problem." It's a thought, it's got to come from a cause inside of me that's driven by some anger or rage, and if it comes from that then it's something that I do need to address if I'm going to become more loving. So, I wouldn't skip over it and I wouldn't justify it, I would instantly be looking at what is going on inside of me.

12.3.1. An example of attracting men like our father

Jesus:

Now I will attract events that allow this emotional cause to be exposed. So in other words, if I have some kind of anger towards my dad because of how he treated me while I was a child, under that anger I would have probably a lot of fear about my dad and underneath that fear I'd probably have quite a lot of grief about my dad and how he treated me, I will attract events where people similar to my dad will interact with me. And what that does then is I now have the ability, the causal emotion will be exposed, I'll either get angry, and that's not the causal emotion by the way, the anger is never the cause. The anger is the effect of you wanting your addiction met, that's the reason for the anger. And underneath the anger is the cause.

So, we'd need to feel our way into the cause, the fear and the grief. If I release the grief associated with my dad when I had this attracted event, then I'll release the actual cause of the event, what will happen is people like my father will be less involved in my life as a result, automatically, I won't have to try to

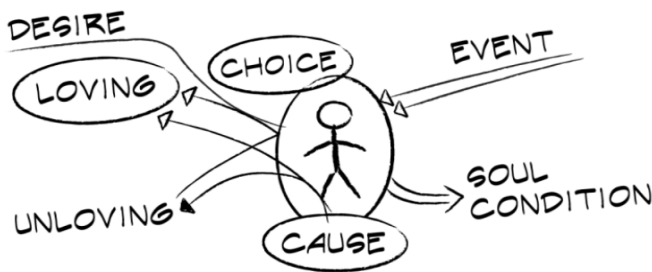
make them less involved. I won't have to phone them up and say I never want to hear from you again and I never want to see you again; I won't have to do that. They will just automatically leave my life because my soul has changed, everything that happens at the soul level is automatic.

13. Feeling unloving causes creates the power to change anything in our lives that we don't like

Jesus:

So, if I have a cause that's unloving that I do not release, I will automatically gravitate towards unloving behaviour. If I release the cause inside of my soul that creates the unloving behaviour, then I will automatically gravitate towards the loving behaviour, automatically.

And the events that are attracted into my soul will automatically change – I won't have to change them myself. They will automatically change as I address the issues.



When events occur, the natural action is to gravitate towards unloving causes, if they are within our soul. We can choose to release the cause, and we will subsequently automatically gravitate towards loving behaviour on that issue.

Does everyone understand that? When you think about that and its true power, you start to realise, wow I've got total control over all of my life. For absolutely every single thing that happens to me, I can change if I don't like it. Not by forcing change but rather by changing something inside of me that created it, that attracted it to me. And once I do that, once I adjust that in my life, it's completely different.

13.1. An example of Jesus not receiving a meal on a long-distance flight

Jesus:

Now I've given some examples of this before, but one example that I gave comes to mind at the moment, so I'll give it to yourselves. You may hear this in another presentation that I've done if you watch YouTube.

Mary and I were travelling on a long-haul flight overseas and Mary and I always order a vegan meal because we don't eat meat and we don't eat animal products, and you know what airline food is generally like – particularly if you're in economy it's fairly ordinary, generally. When you ask for vegan, it can get very ordinary very quickly. That's the way it is because for some reason most people have no idea how to use spices. I don't understand that but anyway.

So anyway, we were driving, we were flying, I can't remember where we were flying to. I think it was from England to Singapore, that's right, yes. And anyway, we come along and we sit down in our seat and the way they handle vegan meals is they tag it to your seat. So, you sit down in your seat, and they bring along the meals. And they bring along all the meals for the entire plane and the only person who never got a meal was me. Everyone else got their meal and I didn't get a meal. And Mary goes, "You didn't get a meal, do you want me to say something?" I said, "No, no, just leave it." And she's saying, "No, no you need to say something." "No, no, no, just leave it I need to feel about why I didn't get my meal. I need to feel about it, it's an attraction event and I have a choice to feel the cause."

So anyway, I start connecting to the cause and basically underneath was these feelings about being overlooked all the time. And I actually finished up getting into some grief on the plane, I started crying on the plane and I cried for about ten minutes or so on the plane about just being overlooked all the time, and nobody really caring about whether I've got what I need but everyone else has got what they need type of thing. And I went through all this grief and then the waitress, when I say waitress it's probably not the right term is it ... the airhostess walked past and Mary goes, "Ask for a meal." "No, no, no it's still not done yet, you know?"

Anyway, so I was still crying and stuff and about twenty minutes later, everyone else is almost finished their meal by now, well most of them had finished their meal, and a male airhostess came up to me and ... a male host I guess you call them, do you? Anyway, he came up to me and said, "Didn't you get a meal?" I said, "No I didn't." He said, "Why not?" I said, "Well you know I had a meal ordered, a vegan meal and I can't eat the meat meals you have," and so forth. Oh, he said, "Okay no worries." Then he went away and he came back with a first-class vegan meal for me. (Laughter) So I had my big bowl of salad, and it was all spiced well and it was so nice.

To me it was a simple illustration of the power of just processing something without having to do anything. And this kind of thing happens in myself and Mary's life all the time, in our life all the time. We don't focus on trying to correct things externally, we try to look at why are we attracting these events – what's going on? What's causing the attraction?

In every single case that we have gotten to at least even a part of the causal emotion, there is an instant change in events. An instant change in events because God's really good, you know? God also tells you when you're working on the loving issue. God automatically shows you; this is the direction that you need to go, that's an automatic result of you addressing the issues.

What I find too is that you get a feedback system in a positive direction as soon as you begin to address the issue, you find an automatically positive response occurring, once you start addressing the real issue. However, it has to be the real issue. It can't be the issue you think it is. It has to be the issue that's actually there that creates the event. And once you start addressing the cause of that issue emotionally, there is an automatic feedback system that instantly occurs that starts to change that particular event automatically and you see it happening as soon as you start addressing it. We've had so many instant things change as a result but it's always because of addressing the cause.

Mary and I have never had a single thing happen in the four or five years nearly that we've been together now, with our life that has been good without there being something that we've had to deal with first. Isn't that interesting? And you know you can have millions of very dark spirits around you and if you focus on just addressing the cause, they will have no effect on your life. That's the reality, if you address the cause.

14. Audience questions

14.1. Experiencing emotions as a child does to release the cause of events within the soul

Participant Female:

So, I wonder what is your method of getting to the cause?

Jesus:

My method is the same method that a child uses. In other words, not much of a method. I feel in fact the reason why we create methodologies is often times to avoid the pain of the cause. If you think about how a child deals with an emotion, how does a child deal with it?

So, you're walking along the lolly aisle at the supermarket, and your little child is there, the child wants a lolly, and you don't get him a lolly, a candy, whatever you call them here. (What do you call them here? Do you have a Swedish name? Qodis? Oh, it comes from candy, does it?) So, imagine your child's there, candy in the aisle, no you can't have that, the child goes into a meltdown. What does the child do?

It doesn't care that there's fifty other people in the supermarket. It doesn't care that it's making a fool of itself. It doesn't care about any of those things; it just feels its emotion. Now the initial emotion it felt was? Anger, rage, wants to

control. That's the initial emotion. And then after it goes through that emotion if you still withhold the lolly from it, then it goes into this sobbing place, and just cries. And then after that it goes through that really deep, gut-wrenching cry.

See most parents don't let it go that far, do they? What they do is they go, "Oh fair enough I'll get you the candy and hopefully everything will be over." But if you let it go to that extent and the child just grieves it out with real sobbing grief, five minutes later what's the child doing? Laughing, oh everything's fine again. You know? So, what would you call that method? (Laughter)

I don't know what you'd call that method. Well, it is releasing your feelings but it's actually being true to every feeling isn't it? That's all it is. The initial response is rage, so the child feels the rage, and it still didn't get what it wanted, so it then went into its grief. So, it felt its grief and sobbed and carried on. And if there was no judgement and the child was left to complete that process, the causal emotion as to why it demanded the candy would be gone and then it would never demand a candy again actually. It would never go into rage again if it dealt with the emotion completely.

That's the way I use but I don't know if you could call that a method. To me that seems to be the natural way. When I look at a child, the way I see it is that everything a child does is pretty much the best way of doing, something with the exception of when it's being unloving.

What I mean by that is, if the child is making unloving choices, then of course there's something wrong. There's some underlying cause. However, if you look at what a child does with the expression of its emotion, it even experiences its own unloving emotion. So, it experiences the rage, it experiences the fear, it experiences the grief and then it's gone. And the child, straight after that will often attract an event that will prove that it's gone, if you notice what the child's does automatically.

I've seen parents not give their child a candy, the child's gone through a huge meltdown in a shop, the parents have been all worried about it and all embarrassed and flushed, and then they go out to the car park and the child's now sobbing. And they put the child in the car; the child has now calmed down, and it's finished the emotion and then somebody else has given them a lolly. Have you seen that, where that kind of things happened? The parent didn't do it, somebody else did. It's almost automatic what the child attracts as a result because it goes through the different process. This is all we need to do; it's the same thing. That's all we need.

Participant Female:

I'm afraid I already have the answer. It's not easy but thank you.

Jesus:

No worries. What was the question, do you mind me asking what the question was?

14.2. Judgement towards experiencing emotions as children do

Participant Female:

I find it very difficult to get to the emotional cause, I'm getting better at recognising painful events.

Jesus:

Yes.

Participant Female:

And then still trying to figure out, probably from the head, without losing my face probably, but also in private when I don't risk losing my face, I still find it very difficult to get to the emotional cause.

Jesus:

Can I talk about that, because it is important to understand what's really going on? You see for most of us, as adults, we have huge amounts of emotional conditioning. This conditioning began when we were very little, in our own childhood. So, by the time we reach twenty, thirty, or if you're fifty like I am, or close to that, then you know you've already got a lot of conditioning. Lots of conditioning.

So, what the conditioning has done is it's detuned you from the emotional experience. For something that the child would go through in a minute, we take hours or days to even get to sometimes because we're so conditioned to distance ourselves from the emotion.

The main reason why we're conditioned is because we are judged. If you look at the emotion of judgement, both society judgements, but also individual judgement that you have on different emotions, you'll find that different emotions you have more judgement on.

So, for some of you there is no judgement about anger. Why is anger fine, oftentimes? Well, it's because anger feels powerful. And so, it doesn't feel like we're vulnerable, it doesn't feel like we're weak, it doesn't feel like we're going to be laughed at or humiliated and such things like that. And so often anger is a more acceptable, society-based acceptable emotion to experience.

However, when you start looking at emotions like shame for example, then we start getting lots of judgement. Then, if you start looking at emotions like sexual shame, there are huge amounts of judgement there. And then if you look at emotions like grief, like here in Sweden there are huge amounts of emotions about grief. We notice all the time when we're just walking around,

just the amount of grief people are carrying with no outlet, no way of feeling comfortable to let it out.

Another emotion that's very looked down upon for most societies is fear. If a person is sitting there shaking, what do you feel? Have you ever noticed how you feel when someone is shaking, and they don't have Parkinson's disease? They don't have a disease that causes them to shake and they're just shaking. What do you feel? If I were sitting here shaking like that and talking to you, how uncomfortable would you feel? For most people, very uncomfortable, and the reason why is because we have already in built in us so much judgement towards specific emotions.



This judgement occurred during our childhood and as a result of the judgement, we then are resistive to those emotions. So, for some of us, like for many of you ladies, you might be a little bit more accepting of grief for example. I'm saying maybe because many of you aren't, but maybe more than you would be towards sexual shame. In other words, if you had a choice between feeling sexual shame or grief, you'd always go for grief because you have different feelings involved with sexual shame that cause you to feel differently.

So, a lot of these are about judgement, and to be frank, any emotion we judge within ourselves, we will definitely judge in others. And any emotion that was judged in us when we were a child, we will eventually suppress. So, it will shut down.

Now this judgement is the main reason why we find it so hard to feel the cause because you could say there's the causal emotion that we need to feel and then on top of that is a layer of judging-based emotions about that emotion, and those have all been created by belief systems that all have occurred generally within our first seven years of our existence. So, they're all very strongly entrenched belief systems that are very firmly inside of us that cause us to judge those emotions that we need to feel.

So, what we need to do firstly unfortunately, for most of us to get back to where a child is, we need to firstly release all of these emotions, the ones that cause us to judge. And the emotions that cause us to judge are primarily surrounding how our mother and father feel about certain things. Their belief systems are the primary cause of why we finish up judging certain emotions.

14.2.1. Layers above causal emotions

Jesus:

So, if you're struggling to get into any of these emotions then when an event comes, there is a layer above those emotions that you need to investigate and the layer above those emotions is - there are two layers actually above those emotions, which I'll list. It's your addictions and they cover your fears. And your judgements are all about fears. So, you can say your fears are your judgements and above you have your addictions.

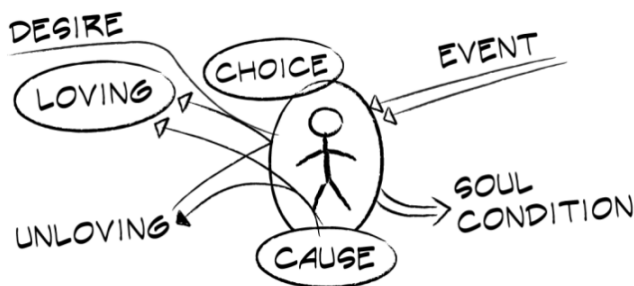


So, let's say for example I have a specific grief that I need to feel, and I know it's there. A lot of times we know they're there, but we can't ever get to them, we can't ever feel them. So, a child would automatically be in it, but we're not so obviously there's a layer upon it. So, what the layer above would be a fear of some kind. Well, what are we afraid of? We need to ask ourselves the question. And our fears create our addictions. Whenever we don't want to feel our fears, we create addictions so that we can avoid them.

15. Releasing the cause exposed by the Law of Attraction will create more loving behaviour and change events in the future

Jesus:

Now how does this all apply to our Law of Attraction? Because there's a Law of Attraction occurring. Well, if you think about it, what God's constantly trying to do is expose, through the event that our soul attracts, the cause so that we can release it and become more loving. But the automatic result will be that I will no longer engage in any unloving behaviour because the cause of all unloving behaviour in this particular aspect has gone.



***Releasing the unloving cause exposed by
events will make us more loving***

So, I won't engage in any unloving behaviour of the same nature and in addition I will attract a different type of event. And that will often happen immediately. As soon as I address the cause, there will be an immediate response in the world around me, in the Universe around me that will actually show me that I'm on the right track.

So, you can actually approach this very scientifically. It's very simple. You can go okay am I attracting a different event? Now I see many people say that they understand the Law of Attraction and then I ask, "Well what event happened yesterday to you? What negative event?" And they tell me a negative event and I say, "How many times in the past has the same negative event occurred?" They say, "Oh, it seems to happen all the time, like that kind of event happens two or three times a week generally." And I say, "Do you feel you have dealt with that event?" And they say, "Well yes of course I do, now it's just what other people do." And I say, "I'm sorry, I can't agree. Your soul's attracting the same event, the Universe is telling you through this law that, and I feel in fact it is God telling you through the law that the fact is the cause is still within your soul and you're just trying to convince yourself that it's not."

Now if you could address, and it's a pretty big if, I suppose. Let's write it as a big IF.



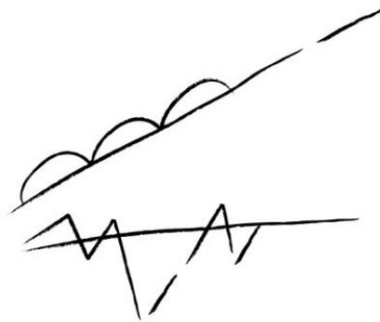
If you could address and feel the cause of every event that ever happens in your life and release the cause from you, can you imagine how rapidly your life would improve? It would be pretty rapid, if you think about it. Because in the course of a single day, how many events can you attract? Well let's say if you were going to process every one of them you might attract ten a day that cause you to cry let's say. Most people go, "Ten a day, crying half an hour each time,

that's five hours crying a day." I've already got judgement now, haven't I? I've already got some judgment about that.

But imagine if you were able to just embrace events like that, like a child would. How many of you have had children? How many of you have had children? How many of your children cried four or five times a day? It's pretty frequent actually, when they might cry for five minutes here, ten minutes there, five minutes here, ten minutes there and before you know it, they've cried twenty times a day. And did you judge them doing it? Well, you must have if they shut down from doing it. And probably yes, we probably did judge them for doing it and that's why we try to control them.

But imagine if we didn't judge that, potentially we could process three, four, five events a day that we no longer ever have to process again, ever. It's all gone, the unloving behaviour's gone, I've refined my love automatically, four or five events. Imagine the improvement in love we could make in the course of a day if we did that. And then if we did that every day.

So, if this is the first day, the second day, the third day, the fourth day. Instead of that, what most of us do is we do a bit of loving then, then we have a negative event and we act unlovingly, and then we act lovingly, then we act unlovingly and unlovingly again, then lovingly, then lovingly then act unlovingly ... and at the end of the day we end up as the same as when we began. However, if we could actually address events in a truly causal manner every single day, and have the ethics to not engage in unloving behaviour every day, in other words not satisfy our addictions every day, if we could do that, potentially within a month we could be a totally different person in terms of how much love there is in our soul.



If we experienced every unloving cause each day (days are illustrated by ovals on the upper graph), our soul condition could be on an upward trajectory (upper graph) and we could rapidly grow in love. Most people act unlovingly and lovingly in the course of a day, ending up with the same amount of love in their soul at the end of the day (lower graph)

15.1. Experiencing causal emotions rather than effect emotions

Participant Female:

I agree with you, but I also feel it's very hard. I cry a lot, but I think it's a lot of effect feelings and I don't know how to get down to the cause.

Jesus:

I agree, it's a very good statement that you make. If you cry about the effects then you'll have no benefit from crying at all, you might as well not cry at all. And when you're crying about the effects, it's things like this. I'll give you a few examples.

Let's say you're in a relationship and your partner decides they want to break up from you, and you just cry for three, four, five days, a week, month, whatever. And you might even be crying two months later if you were really connected with them and attracted to them and also if you had quite a lot of addictions with them. You might cry for longer than that. And in the end, you can actually address no cause at all in that crying.

None at all. And you'll attract another partner who also leaves you and then another one and then by the third or fourth partner that's left you, you're going, "I don't even know if I want a relationship." So, you're not even willing to engage a relationship to try and prevent the pain.

Now that is a situation where you're not addressing the cause. You're just addressing effects. So, the question then comes, how do I know the difference between the effect and the cause? That's the real question, isn't it?

Participant Female:

How do you go from the effect to the cause?

Jesus:

How do you go from the effect to the cause? Very good questions.



Well can I suggest to you a few things? Firstly, if we are just feeling the effects of the Law of Attraction and we are not automatically going to the cause then we have an addiction that we're unwilling to face. Can I illustrate that with some examples? Let's do that.

15.1.1. An example of a smoker needing to smoke

Jesus:

Here's a very simple, quick and dirty illustration of that. I'm a smoker. So here I am I'm smoking, I know that smoking is unhealthy for my body. But I continue to smoke and then all of a sudden, an event occurs where I don't have cigarettes. I was travelling here from England on our last flight from Singapore and I sat next to a man who was very over-cloaked by spirits, which was my interesting attractions at times. He was very over-cloaked by spirits; he was drunk as well. And he was sitting next to me and so it was interesting attraction for me. So, I had to give a lot of thought to that one, and a lot of feelings about that one.

He was sitting next to me, and he nudged me every few minutes of course, and he was saying to me, "I badly need to have a fag, I badly need to have a smoke." He was an English man. And he's young, probably in his late twenties and I said, "Yes no worries, mate, you can't have it on the aeroplane." He says, "You can't? What happens if I go into the toilet? I should be able to have one there." And I said, "Well you'll probably get caught. What happens if you get caught?" And he was drunk of course so explaining anything to him was pretty difficult. And then I said, "Well they have fines, they have fines and actually short jail terms as well for people who get caught smoking in planes and stuff." He says, "Ah I just need a fag, I just need a fag." He's just going on, "I just need a smoke, I just need a smoke, I just need a smoke," and just going on and on and on about how much he needed a smoke.

Now he was in the effect right in that moment. He was upset about not getting his addiction met. So, he's got a Law of Attraction event in that he's now confined to a tin can, sitting next to Jesus, who doesn't smoke either and who doesn't drink. And he's sitting there, he's spirit over-cloaked, which is like a great interaction with myself and those spirits, and on top of that he's badly in need of one of his addictions met and he's attracted that event.

And the response was the effect, which is angry and upset that he can't have his cigarette. So, it's telling him, the Law of Attraction is telling him that he is in an unloving condition because he's not getting what he wants. So, the Law of Attraction is automatically telling him that what he wants must be unloving because the reality is, if you were loving in all of your desires, you would get what you want every time. If all of your desires were perfectly loving, you would get what you want every time. So, there's something about being unloving if you're not getting what you want.

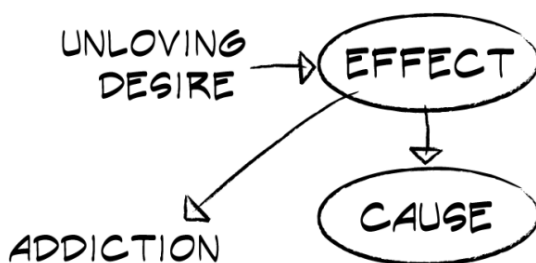
So, there's an effect, the effect is he's now being controlled and constrained. He's now no longer getting his desire met. So, his desire, which is an unloving desire, a desire to harm himself in particular has to be an unloving desire. And he has an event attracted where the effect is that his unloving desire is not

getting met and he feels, the first emotion he feels, because he's drunk of course he's a bit more verbal with it, is anger.

So how does he go from that to the cause? What do you think? What would you do, do you think? If that were you. Would that ever be you? See what I would do is I'd go okay ... and of course you need to probably not to be drunk to do this. But I'd be going okay I've attracted an event which is telling me that probably one of my desires here is unloving. The desire I'm feeling dominantly is the desire to smoke. So that tells me that this desire to smoke is unloving. It doesn't matter what I believe about it; the event is telling me that. So, I might believe it's loving but the event is telling me it's unloving. Because I have a certain degree of pain associated with it occurring, it's showing me.

So, what I would do then is I would be sincere about that, initially. So I'd go, okay this addiction I have to smoke is unloving. Now if I have an addiction to please my addictions without addressing their causes, I'll probably not even get to that layer, will I? If I desire to ignore the things that my life is bringing me, I will go straight away into blame, won't I? Probably.

So, what he started doing was blaming the law, blaming the constraint, he started pushing on the chair in front of him and kicking the guy in front of him, on the chair. He started like telling the airhostess certain things and so forth and was starting to be pretty obnoxious until he slowly calmed down. I had a chat with some of the spirits with him and he slowly calmed down off of that track but that's where he was heading. And the reason why was because he wanted to not feel the cause but instead get the addiction met.



Every single time we go to the addiction, we're demonstrating a lack of willingness to address the unloving action, and the Law of Attraction will actually ramp up in a negative direction. In other words, we'll finish up creating either the same event or even a more intense event of the same type, and that's demonstrating that actually where you're going emotionally is not the place to go to.

15.2. The Law of Attraction is a feedback system (continued)

Jesus:

Remember the Law of Attraction is like a feedback system for your soul. So, every time you go into an emotion that creates a series of more negative events, that's telling you that the emotion is not the emotion that's the cause. Does everyone get that? It's a very simple thing to understand.

It's very important firstly to be told these things, to understand how it works. So, if I'm going along and this is my, let's call it my emotional state. And I'm going along and you know how we have our little ups and downs occasionally emotionally, but we generally just skip over all of those because we're ignorant of our Law of Attraction or of the Law of Attraction attracting things for our soul condition. However, once we start to become aware, we start realising well I have the ability to grow my happiness state. So, I start to do that, and I attract an event, an event that's usually telling us that something's wrong with my love. At that point I have a choice. I have a choice to act in my addiction, which will mean that I will become less loving, or I have a choice of acting in moral ethics, where I no longer choose the unloving behaviour automatically. And then I have also the choice to address and feel the underlying emotion rather than just feeling the effects of my addiction not being met. So, if I feel the effects of my addiction not being met without doing anything else then at the end of the day, I'm going to stay much the same condition or get worse.



When events occur, we have a choice to become more loving (upward line) or to act in our addiction, and become less loving (lower line)

This is what I notice happening for many people when we talk about emotions. Not every emotion is an emotion of truth. I'll say that again – not every emotion that you can feel is an emotion that involves the truth. Because many times we're in addiction and our addiction-based emotions, the emotions that are triggered because of our addictions, are all based in error. All of them. So, the reality is you can cry about an addiction not being met and you're not being truthful with yourself. And that's not the causal emotion, you can cry for years, and nothing will change. I've seen people cry for years and nothing change.

15.3. An example of a participant experiencing spirits' emotions when doing yoga

Participant Female:

Could I say something more?

Jesus:

Sure.

Participant Female:

In mornings when I'm doing some yoga, I'm very easily getting in contact with deep grief.

Jesus:

Yes.

Participant Female:

And I cry, I feel it now also, but it never ends so then I wonder is it effect in a way?

Jesus:

Well, no, you're doing yoga you say? What a lot of people do not realise with meditation and yoga is the reality is when you connect to so called deep grief when you're meditating or in yoga, many times you're not even connecting to your grief. You are often opened up to spirits in that state, and you're experiencing the spirits' grief. And if you experience somebody else's grief, you're not going to heal anything inside of yourself. That's the reality.

I see many people who are involved in meditation and yoga who can only connect to their emotions when they're meditating or doing yoga and the reality is, both things can be helpful perhaps but not if we're using them to avoid or we're using them to have spirits experience their emotions through us. Many of us, when we go into some kind of meditative-based state or yoga-based state, where we're doing something with ourselves, we go out of our own body to a degree when we begin it. As soon as we do that, a spirit comes, experiences their emotions through us, we're open to the experience, they experience the emotion through us and we're open to the experience because we'd rather experience their emotion than we would our own.

Many of us would rather do that. Many of you would rather cry about something that happened to somebody else than cry about something that's happened to you. And so, for that reason you step away from yourself, and you've now got a spirit experiencing their feelings through you. And the next day you do the same and the next day you do the same, and the reality is you believe its deep grief but it's not yours. And if it's not yours, it can't heal anything.

Participant Female:

Maybe I'm carrying someone else's grief?

Jesus:

Spirits with you who have grief, and when you do your yoga, you are open to the connection with them. You allow yourself to grieve because it's their grief not yours. So, this is all about just letting somebody else have their grief through you without connecting to your own.

Participant Female:

But there must be something in me that they could attach to.

Jesus:

Of course. The Law of Attraction is showing you that the fact that this is happening over and over again, something is wrong. So please understand with the Law of Attraction, it's perfect. If you're actually addressing a causal emotion inside of yourself, you will have an instant response in your life. Your life will change if you address a cause. If your life doesn't change then you have not addressed the cause. Everyone gets that. It's a very simple truth.

So, if my life doesn't change, so I have the grief in the morning when I'm doing my yoga and my life didn't change, then that tells me that it wasn't my grief, it was something else going on, whatever that was. And we don't even need to know what it is. We just need to stop fooling ourselves that it's actually helping us because if it doesn't change my life, it hasn't helped me.

15.4. Engaging true spiritual growth creates soul and life changes

Jesus:

I see many people engage walks of spirituality or engage a path of spirituality, but their life doesn't change. And if your life doesn't change then it's not helping you. You'd be better off just not engaging it.

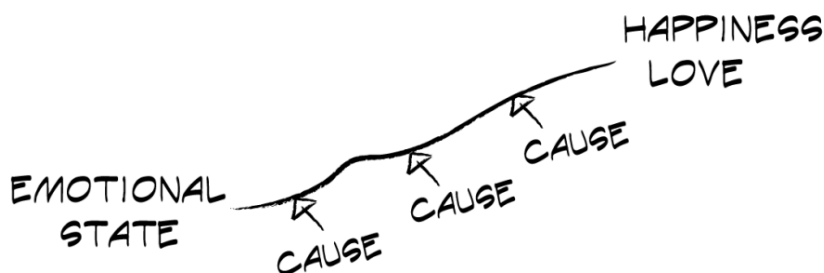
Often the problem is that we go through our life engaging different spiritual belief systems, we engage a belief system, nothing changes in my life, engage a belief system, nothing changes in my life, nothing changes in my life and at the end we've tried a hundred belief systems. How many of you have tried twenty? Or fifteen? In the course of a life, often that's the case. And nothing changed in our life.

So, for example, how many of you engaged a belief system, you were working along in your life, and you engaged a belief system and through engaging the belief system you met a partner and the loving relationship with your partner just grew and grew and grew and grew and keeps growing and is still growing? Nobody? (Laughter) Mary reckons she did, okay.

Remember it has to be soul-based changes, its belief systems that are intellectual mean nothing, don't they? You can believe all you want with your mind but nothing's going to really change unless it's in your soul. It's your soul that causes the Law of Attraction to operate.

So the reality is, in the process of our life, if we're truly engaging this principle, we should see that if our life is remaining stagnant, no matter what belief system we choose, in other words I'm now not with my soulmate and in a very happy relationship ... and now after engaging in all these belief systems I have all these changes, my life's abundant, I get to meet lots of lovely people and beautiful things happen in my life and it's happening more and more like that, and my life's growing in that way, I'm meeting more people as well. In other words, I'm not withdrawing from life and I'm not becoming a hermit for all this to happen, but I'm actually engaging the world, and it's all happening and all these things are happening naturally, then there's a good feedback system telling you that your belief system is actually in harmony with love. But if you engage all of these belief systems – and even belief systems can be in harmony with love with you engaging them with your mind – but if you don't engage them with your soul, then nothing will change.

You can learn as much of the truth of the Universe as your mind can absorb but if you don't change something in your heart, nothing's going to change. That's the reality. The Law of Attraction will prove that to you, by the way, because nothing will change in your life. It's only when you start engaging things at the soul level, you address the cause of something, that your life will become happier as a result and more automatically loving. It will be more automatically loving in that area. And then you go along for a while and you find another cause that you find, and you deal with that cause, now your life becomes more automatically loving again.



Dealing with emotional causes leads to happiness and love

You know what we've found often with many of our travels? There are many women who are interested in spiritual things. Many of the audience here are, probably two thirds here. Many women are interested in spiritual things, but we also notice that many women are also in unhappy relationships or without a relationship and I go, oh what an interesting attraction. What is that telling you? It's telling you that there must be unloving feelings that you have towards the opposite gender. There's got to be, otherwise you'd be attracting a loving partner into your life, and the fact that that's not happening, there's got to be a problem.

But what do many women do? What we've found in our discussions, many women go, "There are not many good men around." That's what they're saying, that's the cause in their mind as to what's happening, but the reality is, that's not the cause. The cause is something inside of ourselves.

So, every time we address the cause, there will be an improvement in the happiness and also in the love that I am capable of expressing. I will automatically find myself being able to be more loving without having to try hard to do it. Anything that is something you've got to try hard to do, while it may be good, it's not in the end a part of your soul yet. Because once it's a part of your soul, you won't have to try hard to do it.

This applies to almost every area of activity you can engage. A person who's great at tennis and really engaged in their soul can play tennis really well without even thinking. They have what people or sportsmen often call a natural feel. They even can predict where the other person is going to hit the ball and seem to be there at the point because they are so connected with their soul and the other person's soul in terms of anticipation. That's because in that particular area of their life, they embrace their passion and done it in a loving way, in that particular area. It doesn't mean in all areas, just in particular areas that bring them satisfaction.

The reality is, we can address causes in our life that address all areas of our life. And the reality is that every single area of our life can become happy, but only if we actually emotionally address the cause. However, if we actually focus on our addictions and we cry because our addictions not being met, all we're involved in is co-dependent relationships where we meet other people's addictions all the time, then we're going to find that our happiness levels will be constantly erratic.

16. Audience questions

16.1. Accessing causes is hard when there is little desire to do so

Participant Male:

Yes, I think most of us would like to address the cause of course. And we have tangled ourselves into a lot of ideas and misconceptions and fooling our self and everything, so it's really hard to do that. I mean I think that some people might need a way, a more handy way to do it than just thinking because when you use your thoughts to get to the social problem, your thoughts will go into habits and stuff and fool yourself, so you won't get where you want. You will get to your addictions, and it can be really hard to address what you want to address.

Jesus:

Can I be frank though? The child doesn't do that. So, if the child doesn't have to use its thoughts and we do and the child's automatically getting to its emotions and we can't, then we've got to address firstly what we're doing that's different to what a child does.

Participant Male:

Yes, that's what we have been conditioned with, and the habits we've got through life. And those are quite hard to get through sometimes and get to the child state.

Jesus:

When you say they're quite hard, I think we've got to be a little careful sometimes because the reality is that I've found, when I have a sincere desire to find the cause of something, it is actually very simple for me to find the cause. Every single time. It's only when my desire is not sincere that I find it hard.

HARD - DESIRE

So, whenever I'm finding something hard, what I do myself is I focus on firstly do I have a desire to really find it? Is my desire real? I say it's real, I say I'd like to know, but would you like to know if it meant losing your life? Would you like to know if it meant losing your family? Would you want to know if it meant losing your friends? Would you want to know if it meant losing your relationship? Would you want to know if it meant that everyone around you thought that you were crazy? You see, how much do you want to know?

16.2. Using methods for accessing causal emotions

Participant Male:

Yes, I see your point. I see your point and even getting there and being so sincere can ... if you try and you don't succeed; you might need some kind of stick.

Jesus:

Help?

Participant Male:

Yes.

Jesus:

Yes, I agree.

Participant Male:

Therefore, I am asking if you have any methods that help you to be honest or something like that.

Jesus:

Be very careful between help and methods, they're not the same thing.

Participant Male:

I mean helpful methods. (Laughter)

Jesus:

Good answer. (Laughs) I don't believe there are any helpful methods.

Participant Male:

Well, that is your belief system.

Jesus:

That is. It seems to be working for me though.

Participant Male:

I have another belief system. I have had a lot of help from some methods.

Jesus:

Yes, but see this is where you're not being honest, you've just said to me how difficult it is. And I'm saying to you that the reason why it is difficult is because you're embracing methods and every time you embrace a method, it's because of an addiction that you have, you want a method. Why do you want a method? What does a method give you? It gives you a feeling of what? What are the feelings a method gives you?

Participant Male:

Let me give you an example, if I get a puncture and I want to get rid of a tyre, get it off and put on another one.

Jesus:

Yes.

Participant Male:

It's very helpful with a wrench. If I don't have it, I can't do it. And I see it in that way. I'm trying and I really can't do what I want to do, a method can be like a tool that helps me doing what I want. I'm not saying that I'm not fooling myself or being something when I do not succeed but I'm saying if I'm not honest when I'm trying and I don't know it, I can get a tool that helps me through my dishonest so I can get to.

Jesus:

But now you're talking about two different things, methods are very different to tools.

METHODS - TOOLS

See this is one of the constructions that many of us make. We start associating ideas in our mind with feelings in our soul without addressing the issue. I asked you a specific question, what were the emotional reasons why you want methods and you don't want to answer it. And you've got to ask yourself why.

There's an emotional reason in yourself why you do not want to answer that question. What attracts you to methods? They're not tools, and we'll talk about tools separately, but attracts you to these methods? What attracts you to methods?

Participant Male:

So, I know what to do.

Jesus:

Exactly so that's about control, is it not? You want to have control, so you know what to do.

METHODS
└─ CONTROL

Participant Male:

If I want to go to the state of my soul that is creating problems.

Jesus:

Yes.

Participant Male:

I want to go there, and I can't do it.

Jesus:

You can because God created you to.

Participant Male:

Yes, I can, but if I want to learn to do it myself, it might be helpful with ways of doing it.

Jesus:

No, not if you're in an addiction of wanting control.

Participant Male:

No, no it's not that, I want a way of getting to what is causing the things in life that ...

Jesus:

And I'm saying you don't.

Participant Male:

Why?

Jesus:

I'm saying because you want control.

Participant Male:

You could be right of course because I'm just trying. I'm trying my best.

Jesus:

I don't agree with that either. Mary has said that to me many times and I've said sorry darling, I can't agree with you. Many people believe that but they're not.

Participant Male:

Yes, but for the moment I can't do better, I'm trying the best now.

Jesus:

I don't agree with that either.

Participant Male:

So, what should I do to do better?

16.3. Addictions cover emotional causes**Jesus:**

You need to look sincerely at the addictions. See this is what I'm getting at. If you'd fully answered my questions with regards to the emotional reasons why you liked to have a method, you would have found some addictions. And there's the reason why you can't get to the emotion, the addictions are always the reasons why you can't get to the emotion.

You see most of the time and it's very interesting, and I'm sorry I've singled yourself out in this interaction, but the same applies to the rest of the audience, every single one of your addictions, when I try to address it, you resist it. Why? Because you want the addiction met. You want it met, when you want the addiction met, you are never going to get to the emotion that the addiction covers, ever. Ever.

Participant Male:

It's very helpful to know that.

Jesus:

Yes, I agree.

Participant Male:

But if one really wants to go to the real reason beyond the addiction, is there a way? (Laughs)

Jesus:

Not without firstly understanding your addiction, no there is no way. You see it's like, there's my addiction, remember I've said this, and I've said this many times before actually, there're my addictions, they cover my fears, they cover them over. They make them look like they don't exist.

Participant Male:

Yes, I know.

Jesus:

And then underneath that, there is the grief that my fears suppress. And my fears suppress my grief beautifully. They help me get away from feeling any feelings inside of myself of deep, grieving feelings.



Now if I am unwilling to face the addiction, can you see that it is going to be impossible for me to get any further?

Participant Male:

Yes of course.

Jesus:

Yes. So, it's very important for me then to understand that if I am not feeling these emotions, then it is definitely because I want my addictions met, instead of saying it's hard. See this is what we do instead, we go, "Oh it's hard. It's difficult," and we use similar adjectives. It's hard, difficult, it's too difficult, I don't know what it is and then many people say to me, "Oh but I don't know what to do that's loving," and these are all what I classify as excuses to have the addiction satisfied and to never notice what that addiction is.



***Saying that working through emotions is hard
is an excuse to have an addiction satisfied***

And what I see often with what our Law of Attraction – God's Law of Attraction – is attracting through our soul condition a series of events, is once we know about the Law of Attraction, we go okay my soul must be attracting it. So, we admit that, so we go okay, my soul's attracting it but I can't feel about what it is, I can't even seem to feel hardly anything in the course of a day sometimes.

And I'm trying to feel, and I'm trying to feel and I'm trying to look at it. And then I start using my mind and all of those kinds of things to try to work it all out, which all doesn't work, of course, because the child doesn't need to do any of that. The child just goes into the emotion, wham.

So, the fact that I'm not doing what the child's doing is because I want my addiction met. I want it met and I'm not willing to face that, the truth of that. That the reality is that I am not sincere. The reality is that I don't have a pure desire, I want my addiction met.

So many of us, what we do with spirituality is this, particularly with regard to love, we say we want love. And then we say we want love and no loves coming. And we say we want love. Now the Law of Attraction is perfect. If we truly wanted love, love would be coming. So that tells me that if I truly want my emotions, my emotions would be coming. If I truly want truth, truth will come. If I truly want to feel, my feelings will be present.

Participant Male:

If I want to help myself in this, I feel it can be helpful if I know I can love my kitten, I can love a small bird and I can begin there and try to make my feelings of love grow, that can be a good start.

Jesus:

But see ...

Participant Male:

Sincerity will of course be a big thing in it but you can help yourself getting to that point by starting from where you are. I think.

Jesus:

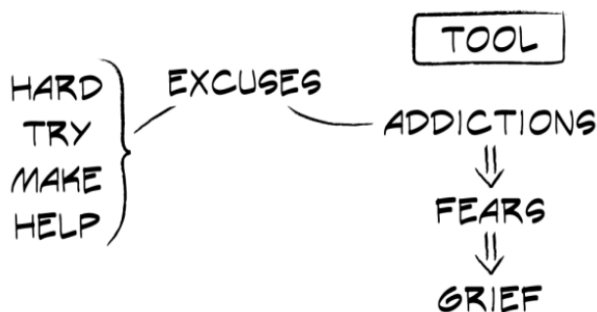
I don't agree.

Participant Male:

I know. (Laughs)

Jesus:

You've just used a heap more excuses. Remember I said, if you actually deal with causal emotions you don't have to try. "Make" implies forcing, like a child doesn't have to force. Firstly, the child doesn't go, "Hmm Mummy's not giving me a candy, how do I feel about that, I think I feel a little bit angry, I think I'll just try the anger and see how that feels. Oh no that didn't feel good. Maybe rage is the thing," and then it goes, "Oh rage feels good," and so off it goes. A child doesn't do any of that, so if we're doing any of that, we're being fake. That's the reality.



If we're trying to do or if we're forcing ourselves to feel a certain thing, for instance, I know in this situation such and such said that I must have sadness so what I'll do is I'll sit here and try to feel my sadness. Well, it's no wonder you can't feel your sadness because you're having to try in the first place. Just give up trying. You don't have to try. Your sadness will come when you let go of your addiction and when you let go of your fear. It will automatically come but you've got to let go of your addiction and let go of your fear for it to come.

Participant Male:

Yes, I understand what you mean and I have made my point clear as well.
(Laughter)

Jesus:

(Laughs) That addictions cover fear and grief is the tool to understand. That's the tool. The thing we need to understand is just understanding the process. What we finish up doing though is using excuses, saying, "It's all hard. What kind of methods can I try? What kind of things can I make myself do to make it happen? And what kind of help can I get to make it happen?"

The reality is, if you need all of those things, you do not want to face your own addictions. You do not have a sincere desire to face your own addictions. If you had a sincere desire to face your own addictions, you would already have a list of them, every single one of them on your kitchen fridge. You would know them all, you would know when they're being engaged, you would be investigating that process. You would want to know what's going on. You would even see the need to have a rulebook as an addiction.

How many of you were religious in the past? Like Christian religion in the past? A few of you. How many of you were turned off by the rule book? A few of you? Why were you turned off by the rule book? Because you had to try to meet it without feeling it.

So, I can go, okay let's come up with a whole list of techniques shall we say? I'm not going to do this of course.

TECHNIQUES

All techniques are rules by which you are going to try because you are still making the excuse so that you do not have to feel the addiction. You get away with having to connect to yourself. You get away with having to not do the work yourself, you get away with having to like, not have to connect to God, not have to connect to yourself and not having to feel yourself by doing these things. That's what we do.

16.3.1. God's Law of Attraction tells us what is right and wrong with us

Jesus:

Instead, what we need to do is we need to see, wow, I've got this beautiful law that God's made that's my messenger of truth every single moment of my life. Isn't it beautiful? God's telling me every single moment what's wrong with me and what's right with me. Because it's both.

It's not just what's wrong, you know it's not like our father or mother who only told us what was wrong. (Laughs) And you bought home an A and why wasn't it an A+, in terms of a grade from a school assignment or something. I got 100%. Why didn't you get 101? That is the way most of our parents are and a lot of society is. We're not satisfied even when we do seemingly everything right. God gives you the feedback system. The Law of Attraction's perfect like that. It feeds back positively everything. Everything.

So, if my feedback system is bringing me events and I'm having the event affecting my life in some way, the event hits me and then what I do is I go, okay, I've got to try hard to see what's underneath this. I'm already avoiding the effect that I really don't want to see. And I need to admit to myself that I don't want to see and then I'll get somewhere. I need to admit to myself that I want to avoid what the truth is about the subject because if I already were open to the truth, I would already be feeling the cause, right there and then. I won't have to put it off or discover it, it would automatically be present just like it was with the child.

The fact is though, if I have to try hard to make things happen, then I am using excuses to avoid my addictions and I am unwilling to face them, and when I am unwilling to face my addictions, I am going to live in my addictions, and I'll never get to any underlying causal emotion. And the Law of Attraction will keep bringing me the same event, the same event, the same event, the same event, different face, different person, same event, different town, different city, same event. (Laughs)

All these same events over and over again, all having the same flavour until such a time as I go, "Oh I've had this happen one hundred times, now. Maybe I'm not changing?" And then I go, "Oh maybe that's because I'm not wanting to change." And that's where most of us have our difficulty. We are not willing to admit when we do not want to change. We tell ourselves that we want to while at the same time not admitting it.

17. Working through addictions, fear and grief

Mary:

I feel now that working through our addictions and our fears is all the work we have to do because once we do that, we get to our causal emotion. But what I see happening around us sometimes is that people hear some truth and they recognise, okay I need to focus on causal emotion, and then that almost becomes addictive in itself. People are trying to get there without working through the fact that I've lived this long and I'm not there already so there's a reason, and it's to avoid feelings of helplessness and hopelessness about actual change because the terror of the causal emotion is so great.

Jesus:

Yes. So, what Mary's basically saying is that we have the grief, which is the underlying causal emotion of every event that happens to us, and then above that is the fear. Now some of the fear is also causal emotion because it was created when we were very, very young, and therefore it attracts a lot of events as a subsequent result.

Those two groups of emotions are the key to our future life in the sense that if we are going to be able to embrace those emotions in our future life then we will always benefit from working our way through those emotions. But what we do instead is we create some addictions to avoid both groups of emotions, and when we create those addictions, we then live in these addictions, not even admitting to ourselves that they are addictions.



In fact, many of us believe that our addictions are the most loving thing we can do. We've convinced ourselves of that fact, what we call a fact. And the reason why we do that is because we are unwilling to see one truth and that is, if we're not already feeling these emotions then it's because we don't want to.

It makes sense, doesn't it? When do you not do what you don't want? When do you do what you want? Like most of us finish up doing what we want a lot, don't we? As soon as you want to go down to have a drink, don't you go? As soon as you want to have something to eat, don't you get up and make yourself something to eat? So if you really wanted to feel your emotions of fear and grief, wouldn't you already be feeling them? Why do we think that that's any different than going and getting something to eat? If you want to give your partner a kiss, don't you just get up and go and give him a kiss? Do you delay it? Generally, not.

So, if you do all of those things with the things you do want and then you say it's too hard to feel these things, what does that tell you? It tells you that you don't want them yet. So, I'd be working on why I don't want them. That's what I'd be looking at, like why don't I want them? Sometimes the "why" is quite complex.

So, for example, why don't I want my fear? Well other people will laugh at me if I feel my fear in front of them. I will feel like I'm weak if I feel my fear, I will feel afraid. And that there's a belief in many people that if they start feeling afraid, it will never end. I feel like my emotions will never end is another general fear. These are all belief systems that I have to address.

Once I address them, I'll feel my fear. I'll have a pure desire, a burning desire in me to feel them, I will.

17.1. Mary's experiences with working through addictions

Jesus:

Now babe, probably your experience here would be good to relate because it's taken you around about four years of sincere work, working through your addictions, to get to the point where you're starting to feel these emotions and wanting to feel them, isn't it? Would you say that?

Mary:

Yes, certainly. And I went through many times in the beginning of wanting a method and a technique or something that would just get me to the grief that I knew intellectually was there, because I felt so helpless and so resistive to feeling uncomfortable, feeling frightened, feeling that things were outside of my control which was all my addictions.

Jesus:

So, you wanted control?

Mary:

Yes.

Jesus:

You wanted to feel safe. Do you want to list some of the other things you wanted?

Mary:

I wanted to feel liked by everyone.

Jesus:

That was very big and still is very big for Mary.

Mary:

Still, yes.

Jesus:

Wanting to be liked. And therefore, not getting into certain emotions.

Mary:

Yes sorry, I associated that with safety.

Jesus:

Yes.

Mary:

I wanted to not feel like I was crazy or ...

Jesus:

So sane.

Mary:

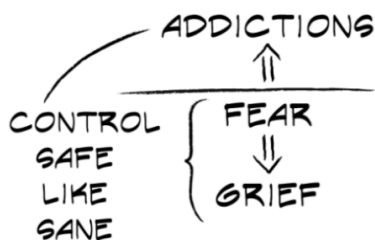
Sane.

Jesus:

You wanted to feel sane?

Mary:

Yes, I wanted to feel sane. They're probably my four biggest addictions I would say.



Can you think of anything else?

Jesus:

So whenever one of those addictions were triggered, did you want to feel your fear?

Mary:

No.

Jesus:

Or your grief?

Mary:

No.

Jesus:

And what would you do instead?

Mary:

Get angry.

Jesus:

Get angry, every time.

Mary:

Yes, pretty much. And that's what I had to just really get real with myself about those addictions, about the fact that they existed and did I really want God more than I wanted control, safety, being liked and feelings sane.

Jesus:

So, you had to get those and say are those as important to me as God?

Mary:

Yes.

Jesus:

And are those as important to me as becoming more loving.

Mary:

Yes.

Jesus:

And then you had to start giving some of these up, didn't you?

Mary:

And that was an emotional process. So, I wasn't processing causal emotion, but I certainly went through pain through that process of giving up those addictions, which is another part of this process that we're talking about, isn't it?

Jesus:

So, you had to notice every time you wanted control?

Mary:

Yes.

Jesus:

You had to see an event that caused the lack of control in your life.

Mary:

Yes.

Jesus:

So, Mary has had in the last four years many events which she has attracted, her beautiful soul attracted these events.

Mary:

Very powerful.

Jesus:

Yes, and you've attracted many events where you've felt unsafe, out of control, not being liked.

Mary:

No one liked me.

Jesus:

Yes so, we had whole media attack in Australia, well that helped her with the not being liked emotions. And so, these are all events that we attract to address specific emotions and once you started going through those emotions.

Mary:

I've jokingly said before that I've felt like I was addicted to a drug, a substance with these emotions. I want to feel control, safe, loved, sane. And just recognising that and saying okay I'm going to challenge that. Then when I challenged it, physically in my life, the feelings were so painful ... I really recognised how addicted I was to those things.

Jesus:

Yes.

Mary:

And then by going through that process of letting those things go, automatically my fear and grief just popped up. All this effort I'd done in the beginning trying to get to grief, going to body workers, breathing, staying in my body, you know ...

Jesus:

Techniques.

Mary:

I know what it is, journal, journal, journal all those things.

Jesus:

Yoga.

Mary:

Yes. (Laughs) All that stuff I hardly do any of that anymore because I just recognise that it was all about addictions. And once I'm through my terror, I know my causal emotion, my grief will just come out of me easily and also, I'm a lot more at peace with this process. I used to berate myself about not getting to my causal emotion.

Jesus:

And struggle and feel self-attacking.

Mary:

Yes. But when you recognise how much damage is in you and how conditioned we are to staying away from it, then if you emotionally decide to love yourself though that process, you can give yourself time.

Jesus:

Exactly.

Mary:

But not make excuses for addiction.

Jesus:

But not make excuses. So, in our house, excuses are just not on.

Mary:

(Laughs)

Jesus:

You understand that? We don't let each other get away with any excuse whatsoever. And we are very focussed on any addiction that we notice. Every addiction that's present, we're very focussed on noticing. And addictions are like this – wanting control, wanting to be safe, wanting to be liked, wanting to feel like your sane, wanting to feel like everybody else thinks your sane, all of those kinds of things, all of those kinds of addictions.

And if you do not confront them, the Law of Attraction will expose them one after the other, after the other, after the other, often twenty-five of them in a day. There's another one, there's another one, there's another one, in the course of a day. And we often go I don't want to face that one, I don't want to face that one. We're like the child going I want the lolly, I want the lolly. And I want the candy; I want the candy. And we are constantly like that because we don't want to give up our addictions and we're not being honest.

We need to be honest. Without being honest, the Law of Attraction will not benefit you at all. Because the Law will bring you events based on your condition, it will expose the condition, then when you're not honest about your condition you're going to go, "Oh somebody else created that. Oh, that was because such and such did that. No, it's because he or she did that," and you'll never look at yourself. And whenever you do that, you just take away the power from yourself. You take away the power to change from yourself.

18. Closing words

Anyway, it's pretty late and we've gone half an hour beyond what I said I was going to go. So, I think it's probably a good time for us to stop now and tomorrow we'll be back again at the same time.

(Applause)

Jesus:

Thanks guys.

SESSION 2

1. Introduction

Jesus:

Welcome to those of you who are fresh today. Our discussion yesterday was about the Law of Attraction (see "20120707 God's Laws – Law Of Attraction S1"), so what we're going to do in the first half of this afternoon is discuss a bit more about the Law of Attraction that we missed out on yesterday. Then what I would like to do after the break, where we have something to eat, we will perhaps have it open for you to ask any questions that you want to ask of any nature, not just about the Law of Attraction but any questions you would like to ask and I'll do my best to answer those questions.

So, we were continuing with this discussion, the Law of Attraction.

2. God's intentions with the Law of Attraction

Jesus:

I would like to first discuss with you a little bit about what God's intentions are when God is dealing with each of us individually. You see from God's perspective, we are all His children and so therefore He is very, very interested in each one of us. He is so interested in each one of us that he knows exactly everything possible about you. He knows right down to the cellular level and even deeper, everything about you. He knows what you think, He knows what you feel, She knows what you desire and She also knows the errors that are inside of you and where they came from, who created them, everything. In fact, God knows far more about you than you know about yourself.

Also, we have in the spirit world, many sincere and loving spirits who surround us, trying to influence us positively, and those sincere and loving spirits generally also know many more things about you than you know yourself. Many of them were even present at your birth and they were present at your conception, they even know what happened in terms of the emotions that your mum and dad had at the time you were conceived and at the time you were born and all of those kind of things, things that many of us really do not know much about.

So, they are very interested in us, far more interested in us than probably most of us are aware. And they know some basic truths about your nature, and in particular they know this basic truth about your nature.

2.1. The Law of Attraction is designed to help us become our real self

Jesus:

There is the real you that God created, this is the personality, if you like, that you can discover about yourself. Then there is what they see as the injured you and if we just, instead of saying "you", that's a bit sort of impersonal isn't it? Sort of like pointing fingers at people all the time, let's make it the real "me" and the injured "me".

God and these other spirits, who are sincere and loving, also see that we create a facade me; that we have done that as well. We create a facade; the person that we want to believe we are, or that we want everybody else to believe that we are, that we're really not.

Now why have I raised these three selves, if you like, the three you's or the three selves, if you could call it that? I've given a talk about this subject that you can download; I call it The Three Selves (see "20110507 The Human Soul – The Three Selves"). Why have I raised that in this discussion of the Law of Attraction? Well God created the Law of Attraction for the soul – the soul law of attractions – so that we could get rid of the facade and also eventually get rid of all of the injuries and eventually become the real you, the real self. That's what God created us to be, the real self.

**REAL
ME**

**INJURED
ME**

**FACADE
ME**

So, every single thing about this Law of Attraction that operates upon your soul, which is the most powerful operation that it has upon individuals, is to focus us on removing the façade self and the injured self from us and eventually honing us down to being the person that we were created to be. And that person actually is going to be the best person we could ever be.

Now if you think about it, while we attempt to hold onto the façade, or while we hold onto the injuries without having a strong desire to let them go, we are not working with God in any way to get back to our real self. And while we're doing that, we're actually opposing our own happiness because true happiness is only going to result in the real me column. That's the only time we're going to be sincerely happy, when we're being our real self all of the time, without any limitations.

But we believe generally that we can be happy in the facade me, that's what we believe, that we can be happy in the facade me and unfortunately it is not true. You cannot be happy there, even though you'd like to believe you'd be happy there, you cannot be happy there.

So, what God is constantly trying to do is to firstly break down our self so that we end up with the real self that God created us to be. He's trying to help us get rid of both the facade that we have created, so this facade we have created, and He's also trying to help us get rid of the injuries that our environment and particularly our parents created. So, the injured me is the self that our environment created or wanted us to be, and God wants us to get back to what God created, the real me.

REAL ME	INJURED ME	FACADE ME
HAPPY	X	X
GOD CREATED	ENVIRONMENT CREATED	WE CREATED

Now what I would like to do today during this discussion is help you through some examples. I'd like to help you through some examples that will help you expose within yourself how much you want to hold onto this person, the facade me, the person you created. And the problem with holding onto this person is that we will never become the person God created while we're holding onto the person we create.

Often, we created the facade me person to avoid those things in the injured me. We hold onto the facade me to avoid what our environment created that is inside of us. And when you think about it, most of us, when we start going through this process of realising who we are, we are often initially very resistive to seeing who we are because we believe that if we're not this person, the facade person who we created, then it means that we're this person, the injured person that our environment created. And we don't conceive that there is a third possibility, this possibility, the real me, in that place. We are so afraid that if we don't hold onto the facade me that we'll become this injured me permanently, that we never conceive that we can be the real me, the real happy self that God created. But God knows that we can be this, even when we are not aware, God knows that we can be the real happy self.

So, God has constructed the Universe for you to become your real self. Every law that God created that operates upon your soul was purposefully created by God in order for you to become the real me. So, every time you work against becoming your real self, you're working against every law that operates upon your soul, which doesn't seem very productive if you think about it.

2.2. The Law of Attraction is designed to help us grow in awareness

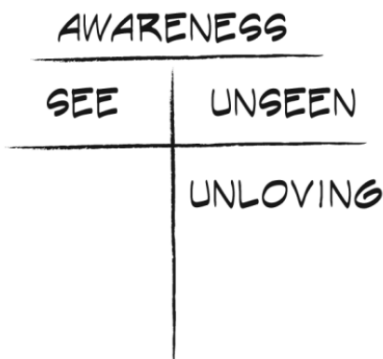
Jesus:

Now another thing I'd like to point out is related to that, in terms of Law of Attraction, and that is to do with awareness. I'd like to discuss with you a principle of awareness.

We can draw two columns. There are the things in ourselves that we see and there are the things in ourselves that are unseen, in other words, we are unaware of them, completely unaware. And then there are the things in ourselves that we see or even that we think we see.

Now if you think about it, if we knew everything about ourselves and we had a sincere desire to change anything in ourselves that was out of harmony with the real self, the self that God created us to be, then we would already be perfect. And not only would we already be perfect, in terms of the person we are, we'd be perfect in our body, we wouldn't age, we wouldn't get sick, we would be perfect in every relationship, we'd probably be with our soulmate and we'd know who that is and we'd be with them probably unless they resisted that relationship. We would see everything.

Now the fact is that the majority of people on Earth are not living that life so that means there must be a lot in this unseen list, a lot of things within us that are unloving, because it's all about growing in love as well, that we cannot see, or even that we believe are loving when they're actually unloving. There must be a lot because if there wasn't a lot, none of us would grow old, none of us would get sick. We would have a life that's happy all the time, we wouldn't have any problems, we'd attract a lot of friends and loving people around us as a result.



So, it's interesting when we have a discussion about the Law of Attraction, often people raise issues and questions with me, and I then raise something that they cannot see, and when they can't see it, they then assume that it means that it's not there and that I'm wrong.

Now you've probably even noticed that in your interactions with other people, when somebody comes along for a particular help to you, how many times have you told them, "Well I feel it's this," and they don't even see it? It's sometimes very difficult, isn't it, to see your own issues, to see what's really going on inside of yourself. And we must understand that there must also be a long list of things that we cannot see if we're not perfect and if we're not staying young and if we're not feeling good all the time and we're not happy all the time and we're not having a life that's just living in our desire all the time, then there must be a lot of things we don't see because that's what God created our life to be. God created us to live in our desire all the time, be happy all the time, to enjoy our relationships all the time, that's how God designed us. In fact, and God designed the whole Universe to help us be that as well.

I know it's difficult for many of us to trust that God designed that, by the way, because we see a world that's very different to that, don't we? So, we see a world where very few people actually seem to have a happy life, very few people seem to have a really happy relationship, very few people really seem to be growing young again. In fact, when we look around us everyone we see pretty much looks like they're growing old. We see them ten years later and they've got more wrinkles, and they look a bit older and usually look a bit more unhealthy and so forth, and this is all evidence around us that there's a different reality. So, what we tend to do is accept that as God's reality, as if God created it, but I'm saying God never created it like that.

There's got to be things inside of us that we don't see that are creating it like that, and those things are all unloving, they're all something to do with love. In other words, there's always something to learn about love. And when we learn that particular thing about love, there will always be a positive result once we learn that thing about love.

So, the problem we face is that there are many things that we see about ourselves. Some of those things we might see are what we would classify in our facade as good, but sometimes some of the things we think are good are actually not good. So, in other words, we might for example see that occasionally we get angry, but we think we're justified getting angry at those occasions because somebody hurt you or somebody was unjust with you and that's the time to be angry and we believe that. So, there are things that we see that we believe are actually good that might not be loving.

But then there are also things that we see that we internally generally view as bad. And therefore, we have a lot of judgement about them, we don't really like to see them, we see them, but we don't like to see them. It's like looking in the mirror in the morning, noticing that you've got a new pimple on your face and the instant reaction is, if I can't get rid of this straight away, this is not good. And so, we see that pimple as a bad thing now and it's going to spoil the rest of our day because people are going to notice it and so forth. So, what we try

to do is get rid of it and when we're not successful in getting rid of it then we feel quite disappointed.

It's very much the same with our emotions, our bad feelings, we try to do exactly the same as that – we try to get rid of it straight away. And if we can't get rid of it straight away then we try to ignore it and make out it's not even there anymore. This is what we do, even with the things we see.

But what do we do with the things we don't see? Well with the things we don't see, we are in complete denial of. We go into complete denial. Now God is trying to get you out of denial every single moment of your life. So, while you're desperately holding onto denial about something, God is trying to do exactly the opposite, God is trying to expose that thing while you're trying to deny it. That's God's intention because remember God's intention is to get you back to your real self.

AWARENESS	
SEE	UNSEEN
GOOD	UNLOVING
BAD	DENIAL

You're never going to get back to the real self unless you see or have awareness of what's really inside, and you're also never going to get back to your real self if you see something is good when it's bad, or you see something as bad when it's good. You're never going to get back to your real self if you do those things. So, it's going to require a growth in awareness and a growth in awareness is always going to be challenging, isn't it?

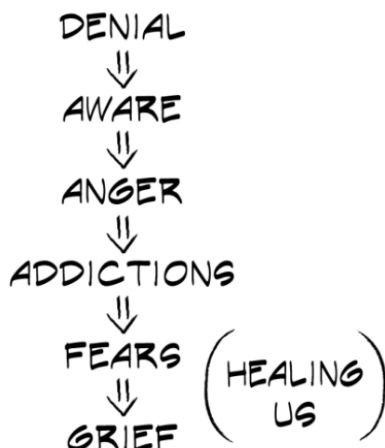
How can you grow without being challenged? Well, it's very difficult. For most of us, we don't initially have a strong desire for growth, we have a strong desire for what most of the time? To stay the same. Particularly when we get things just seemingly nice then we want to stay the same. We don't want to grow beyond that, and we have a lot of fear as a result.

2.2.1. Layers of emotions underneath denial

Jesus:

So if we look at what God is trying to do in terms of our life, this is what God is attempting to do with us through this Law of Attraction, God is attempting to get us from denial initially into awareness, to help us to become aware, and then into the emotions of awareness, which usually begin with anger-based

emotions and then usually there's a layer of addictions that we need to then address, and then into our fear-based emotions and then into our grieving-based emotions which are the actual healing emotions, these are the emotions that will heal us. That's what God is attempting to do with us, every single moment.



2.3. The Law of Attraction is a way for God to communicate with us if we choose not to communicate with God directly

Jesus:

Now for the majority of us, we don't actively engage God in this process. In other words, we don't necessarily trust that God exists or if we do believe that God exists, we don't trust that God actually has any interest in us personally. For many of us we don't feel that, or we don't feel a strong connection with God, and we have stronger connections with other beings. There are other spirits or people on Earth that we have stronger connections with because we are often trying to avoid our connection with God.

So, what would you do if you had somebody you loved who's trying to avoid every interaction with you? What would you do? It would be pretty hard, wouldn't it? Like if you love them and you'd like to interact with them and they don't want to have any interactions with you, what would you try? You'd want to know still what's going on in their life, wouldn't you? So, you'd want to be able to find that out somehow and you'd like to be able to interact with them somehow.

So, what has to happen if we decide to not interact directly with God is God's got to use other things in the Universe that we actually like interacting with to actually help us go through this process. So, in other words when you attract a relationship you obviously like the person, you're in a relationship with, at

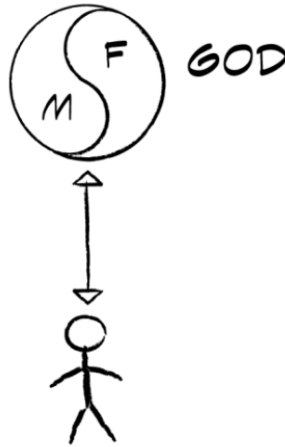
least for a while. So therefore, God would love to help that person help you go through this process if you don't want to go through it in an active way with God directly.

Or, every one of us has a mum and a dad or a sister and a brother generally, or a child or some other persons that we're friends with, so we have interactions that are human relationships. Now any one of those persons who is willing to go along with some of God's promptings, God will try to help you go through this process with. God's constantly trying to do this all the time.

3. The two ways of engaging the Law of Attraction – with and without God

Jesus:

So, there are two ways we can engage the Law of Attraction. One way is by engaging this law directly with the creator of the law, who is God. You can engage this law in an active way with God. And when I say in an active way, you can actually communicate with God, and it has to be via feelings, you have to be sincere with this, you can't do it with your head without your heart being involved with God.

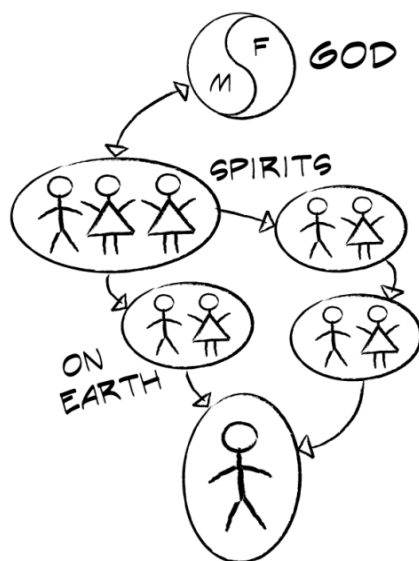


***We can choose to communicate directly with God,
through feelings***

So, you can actually begin to communicate with God to help bring things to you that help you get out of denial, into awareness, into your emotions of anger, into your addictions, so that you release them and into your fear so you release them. And eventually you get to your fears and your grief and when they're gone then you can be a very happy person once those fears and that grief is gone out of you. So that's one way you can engage this law.

The other way you can engage the law or the other way you can engage the law automatically, if you do not involve God, is around God there are many spirits. Now some of these spirits are what I would call very happy people who are connected to God. So there's God but you're not engaging God directly, there are spirits who engage God, and then there are also a heap of spirits who do not engage God, in other words they are just the same as a person who doesn't want to engage God on Earth for whatever reason, so they don't engage God but God can still engage them. And then there are people on Earth who want to engage God. And then there are people on Earth who do not want to engage God. And then there's you.

Now who is God going to try to use to help engage you in this process of going through denial into awareness and down through the emotions to become your real self? You can see that God is going to engage firstly these people, the spirits and the people on Earth. These are on Earth who actually want to engage God. He's going to try to do it through them first. That would make sense, wouldn't it? And then if that doesn't work, He's going to help them – help these people – do it with you as well, to get you through this denial into your awareness and your anger, and into your addictions and fear and grief eventually.



***God can communicate with us indirectly through spirits
and other people on Earth if we choose
not to communicate directly with Him***

So, you have either ahead of you the choice where you can simply engage the Law of Attraction with one person, God, or you can engage the Law of Attraction with hundreds and hundreds of thousands of millions of people, through a process that isn't always as pleasant as engaging it with the one

person. But either way God's going to be leading you through this law because the law exists, it's like the Law of Gravity. It exists and it operates. So it's going to always exist and it's going to always operate anyway, and you have a choice as to how you're going to engage it.

So, if you think about it with the Law of Gravity, you have a choice of how you engage it, don't you? So, you can decide to walk on the ground and be pretty safe most of the time or you could decide to get up on a ten-story building and try to walk on air off the building and see how the law engages you then, couldn't you? The law will engage you then in a much more harsh manner than when it did when you were walking on the ground. Is that not true?

It's a very similar process when we engage this Law of Attraction without any awareness. You see when we engage it without awareness, there's higher likelihood of us making either painful mistakes in our life or having unpleasant surprises. A lot of unpleasant surprises in fact, in our life. If we engage it in a more active way, there's a higher likelihood of almost everything happening in almost a pleasant way, even with people who maybe are not connected with God or are unloving, they still might be engaging it in a more pleasant way.

That's the choice that we face with the Law of Attraction. We face the choice of either engaging it actively, in a knowing manner, or engaging it with no awareness, in a manner where we want to maintain our ignorance but it's still going to happen anyway, that's the reality of all of God's Laws.

So, I don't know about you, but I feel the choice with God is much more simple choice. Once I've engaged that choice, things go a lot smoother in your life in fact.

4. The Law of Attraction brings us everything that we want

Jesus:

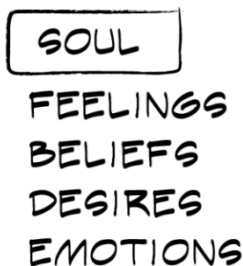
What I would like to do today now is show you how to engage this law with God. You'll find other people will be involved in it but in the process of engaging it with God, there is a lot of very direct feedback that you can get very instantly in your life. But for us to understand anything about the Law of Attraction, we must understand one primary thing that I've yet to mention about it and that is this:

We already have everything we truly want.

WE ALREADY
HAVE EVERY-
THING WE
TRULY WANT

This is going to be very hard to accept. For many of you it's going to be very hard to accept and many of you say no, but trust me, it's going to be very hard for you to accept this basic truth. But if you can accept this very basic truth, you will understand the Law of Attraction much better. Absolutely everything that's happening to you right now is exactly what your soul wants to happen to you right now, everything. So, all those negative events that you yell about and scream about and carry on about and say why is this happening to me, they're all happening right now because you want them to happen to you right now.

But remember it's to do with your soul which, remember from yesterday, what did it include? Your feelings, your emotions, beliefs, desires and so forth. So, this is your soul, and what I'm saying is that everything you already have right now in your life, is everything that your soul in its current state wants.



People go, "But I'm sick, how did my soul want that? I don't want to be sick. Like I go to the doctor to stop being sick, how can you say that my soul wants me to be sick?" Or you might have had an accident of some kind, "How can you say my soul wanted an accident? I don't want an accident, like that's the last thing I want." You might have had a friend die last week, how many of you wanted that? I'm saying even those events are exactly what your soul wanted. It's an interesting concept, isn't it?

4.1. Law of Attraction events occur to get us out of a state of denial

Jesus:

So how can we say that? Well, you see these events must occur in order for us to get out of this state of denial.

Denial, anger, addictions, fear and grief are the different stages that we're going to go through.



So, if we look at the denial, what God is trying to do is to get us out of denial, like I've just stated. So, we are already attracting everything right now, everything that is happening in our life right now is there to expose our denial. So, anything that is negative, for example, that's happening in our life right now, is there to expose our denial. That's the primary purpose. It's all happening to show you something.

Now some of the things you're denying, you actually like denying. Can I illustrate some of those things as an idea?

4.2. An example of partner relationships

Jesus:

How many of you are not in a relationship, a sexual relationship? Okay so almost half the audience, that's quite a lot actually. Okay I'm suggesting to you that you want it that way, is that the case?

How many of you can see you want it that way? About half of those people. How many of you believe that I'm just talking total rubbish now? (Laughs) You can be honest. You say, "I do want a relationship, I do want a relationship," but you see there's something in your soul that is repelling a relationship. So, the fact that you don't have a relationship is because there is something in your soul that's repelling a relationship. There's something there that's creating that state.

So, it's interesting in Australia that we have a lot of people come up to us, particularly early days in our presentations, saying, "I really want to have a relationship, and I just can't seem to make a relationship work," and I say, "Well obviously you don't want a relationship." "Yes, I do. How can you say that I don't want a relationship? I definitely want a relationship." And that's what I feel is very much strong denial about what emotions are present about a relationship.

You see if we're not engaged in a relationship right now, there are emotional reasons why we are not. There are nearly seven billion people on the planet from whom you can choose to have a relationship so obviously if you don't have one, there's something going on.

Now I'm not saying that everyone has to have a relationship, but what I'm saying is that if you want one and you don't have one, then there must be something going on. There are enough people in the world to have a relationship with, at least of some kind, and so there must be something happening.

Now it could be, couldn't it that you are waiting for your soulmate. How long have you been waiting for your soulmate, for some of you? Can I ask that question? How many of you have been waiting for five years for your soulmate? How many of you don't even want your soulmate to be frank? Nobody? How many of you are with your soulmate? Very few.

So, for the rest of you, these questions apply to a lot. How many of you say you want your soulmate? You know you want your soulmate? Now how many of you who know you want your soulmate are with your soulmate? Not very many. Okay so there must be something that's repelling your soulmate. Is that not the case? Because otherwise, if you really want something, and this something I said to somebody earlier, just before we began, that if you really have a strong desire for something, then you'll create it. So, you've got to look at the fact that if you're not creating it, there must not be a strong desire.

Now what causes a suppression of desire? Well fear is the primary emotion that causes the suppression of desire. And what do we do with our fear? We create addictions to suppress our fear. So, our addictions are actually supporting us not having strong desires and therefore not being able to create.

So, what we need to be aware of is that already we already have exactly what we want. And if you think about it, what we have right now is generally a lot of addictions getting met.

Now for some of us, those addictions are, I like to have complete autonomy in my life, and I don't like the idea of having to reference another person in order to do something. You see in a partnership you might have to do that, mightn't you? You might have to actually communicate together and actually decide to do some things together. So, you might not be able to do some things that you could have done if you were single. Is that not true?

And so, we choose the addiction, you choose to remain single so that we get to do the other things that we want to do, that's what we think. And then we wait for that ideal person to come along who's going to meet every addiction of mine. And then when that person comes along, I'll call them my soulmate. That's what we often do.

And so what we often finish up doing is here I am, I'm ploughing along with my life single, waiting for the ideal person who will meet all of my addictions and when she comes along, she comes along and I engage her but unfortunately because she's meeting my addictions, sooner or later it's going to feel quite bad. This is why eventually the relationship will just break down and eventually discard generally. It's rare for an addiction relationship to last forever, in fact the reality is, if it lasts while you're alive, it'll definitely die once you pass.

So, God also wants to confront these addiction-based relationships. God created one relationship, the soulmate relationship, where the two halves of the same person come together in the end, one being, one soul in two bodies. That's the relationship that God created. And you can't choose your soulmate; it's already chosen for you.

How many of you don't like that idea? You've got to be honest you see, many of you don't like that idea, what if your soulmate was a murderer? Would you like that he's a murderer? What if he was a rapist sitting in jail at the moment, would you like that? So, you've got to be honest about these things. And we're often not honest and we tell ourselves a lot of lies, we tell ourselves a lot of falsehoods because we don't want to go through the emotion of it.

By the way as an aside, I don't know if you will ever get this movie but it's in English, it's a movie called "Timer". It raises a lot of issues about soulmate relationships and meeting them and when you're going to meet them and all these different emotions. It's a comedy but you could sometimes say it's a little black comedy. It's a pretty good movie to see.

5. Audience questions

5.1. The injured self is created by our environment as well as by unloving choices that we make

Participant Female:

Earlier you talked about the three selves, the real or the real you that's created by God, the injured you that's created by the environment, and the facade you that's created by yourself. But then in essence what you're saying then through this is that the injured you is also created by yourself.

Jesus:

No, the injured you is ... well, partially. The injured you in initial instance is created by your environment but then you make choices which often injure yourself. So, you often build upon the injured you that your parents or your environment created, and then, through the actions you take, you personally injure yourself even further. Many of us do that quite frequently.

So, by the time we become an adult, our injuries aren't just the sum total of our environmental injuries, but they include the injuries we've taken while making choices that are unloving ourselves, and they add to the experience of our injured self.

So, for example, when you were a child there might have been an unhealthy relationship set up with your father. That unhealthy relationship got established and then once it got established, it then defined the rest of your relationships. So, you attracted men when you were a teenager who were also similar in their injuries to your father. And then you chose to be with them and in the process of choosing to be with them, the relationship probably broke up at some point, with exactly the same issues generally that you have with your father. Now you had a further injury of not only of it being with your father but also with that person, and then with another person and then with another person.

That's a way that we act upon the injured self and eventually create more injuries within ourselves. So, I'm not saying that the injured self is totally the responsibility of our parents because the reality is that we do make choices ourselves. There are many people who make loving choices even though their parents treated them unlovingly, so we have the capacity to not injure ourselves further, but unfortunately the reality is that the majority of people finish up injuring themselves further by not dealing with their injured self.

5.2. Self-pity is an addiction to not taking personal responsibility

Participant Female:

I don't know if you use the term victim mentality, but I think there have been times in my life where I've had a victim mentality. What would you say that is? Is that addictions to negative emotions then, where you like the self-pity? I don't know how you would explain that.

Jesus:

It's an addiction to not taking personal responsibility actually. So, whenever we portray ourselves as being the victim, we're firstly not honouring the fact that there are certain things certainly that happen to us when we were a child that we were not responsible for. In other words, we're not to blame for them happening because somebody else did it to us. But the reality is we are the only person who can be responsible to release the emotion of it.

So, when I say not taking responsibility, what I mean is, we don't have to take responsibility for the bad things that happen to us when we were little, but we do need to take responsibility for the emotions we have about the bad things that happened to us when we were little.

The majority of us don't do that. The majority of us want the other person who harmed us to take responsibility for the emotions we have. And the unfortunate thing of that is that no matter who hurt us, they will never be able to feel our feelings about that hurt. And so, what we finish up doing is we try to make other people feel our bad feelings about our hurt. But it's never going to be successful because the only person who can release them is ourselves.

So, we need to learn to take responsibility. But when we go into the victim mode, what we do then is we're wanting someone else to take responsibility for how we feel, rather than actually just feeling how we feel, the causal emotion of what actually happened to us. And it's a great way of avoiding acting as well. When we go into a victim, we don't have to act, we don't have to decide, we don't have to make choices. God's all about helping us make choices.

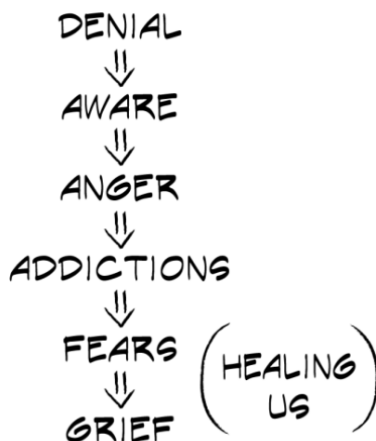
So, when we choose to not make any more choices, choices are going to be forced upon us in that position because the world by nature is going to force choices on us. But we often then try to withdraw from the world, and we try to go into this victim place where we try to make other people responsible for the choices we make. And to be honest, even the choices other people made that affect us, we still have to bear the responsibility of the feeling of that because nobody else can feel what we feel actually. They can sense what we feel, they can feel the emotion of it, but they can't actually release it. They can't actually go through the process of getting rid of it for you. Only you can do that. This is something God knows.

So, God knows that all of this grief that's inside of you has been generally initially created by other people and then, through your own actions, you added to it, generally. But God knows this grief is the healing emotion and in the end that's where God wants you to be; to get into that grief and release it, just like a sobbing child would release the grief inside of themselves. That's where God wants us to be.

5.3. Suppression of emotions in the soul creates depression

Jesus:

But we are so geared from a society perspective, and also from an individual perspective, because of the way our parents brought us up, to deny as much grief as possible and deny as much fear as possible and live in this area where we live in either our addictions and then when our addictions don't get met we go into anger or frustration or annoyance, and then if we don't go into anger because we're not allowed to, we go into no awareness or what we try to do is we try to blank it completely, we go almost into complete denial. And we try to make out that we're not even aware then of what's inside of us.



That's the main reason why today on the planet there's a huge amount of depression, because when we suppress our anger and we suppress the deeper emotions which, by the time we've got to anger, we're already suppressing a lot of emotion. And if we suppress our anger even further, when we're not allowed to be angry in any way either, then what we do is go into denial.

Now while we're suppressing all of our soul, what's happening is that we are now going to go into this state of depression, which is really a state of suppressed rage with the world. It's the greatest victim we can become.

This is why depression is such a popular thing, particularly in the Western world, because we've just become so frustrated and not allowed to even feel our frustration. You're not allowed to do so even in your own home.

5.4. Societal opposition to experiencing emotions

Jesus:

You'll find this in your processing emotionally, that if you make too much noise in your own home when nobody else is there, your neighbours will ring the police because they'll wonder what's happening to you. So, when you're processing rage for example in your own home with nobody else there and nobody else is getting dumped upon and nobody else is getting hurt, you still generally from a society perspective are not allowed to do it.

We actually had in Australia one time where five people in a group started getting in a real rage. We had to send them outside and they went outside and yelled and screamed. It was in a five-acre property. The neighbours heard them yelling and screaming and rang the police. The police came to the seminar and actually said to me that I should control the people who were outside screaming. It wasn't even my home by the way, I was visiting another person's home, so it wasn't up to me to do that, but I was presenting the seminar of course.

That is an illustration of how far society will go to attempt to shut you down from experiencing your own emotions and it's just very, very common.

5.5. *Dealing with a child who screams*

Participant Female:

I have a grandchild who is two years old and when she was born, she had a tremendous scream. The doctors said you got tinnitus from her because she's screaming from the start. Just now she has started again screaming so much and I haven't been with her for a few weeks now, but I heard her mother talking about the fact that this has become a problem for them. So, I really want to ask you, in what way can I help them to let this scream coming out and not stop it?

Jesus:

Well, the child's in anger, yes?

Participant:

Yes.

Jesus:

And therefore, the child's not getting its addictions met.

Participant:

No.

Jesus:

And that's why it's going into anger. So, what we need to do is stop the child from ever having one of those addictions met ever again. When you do that the child will go from its screaming into its grief immediately, pretty much.

The fastest way to do that is that whenever the child screams, all you do is you hold the child's arms and legs and just sit the child on your lap, and you don't let the child move. You just hold it and hold it and hold it and hold it. Eventually the child will go into this kicking rage, where they want to get out of your grip, and you keep holding, keep holding them. They'll try to bite you, and they'll try to do all sorts of things, and you keep holding them.

Eventually they'll get into their grief, and as soon as they get into their grief now, they are in their causal emotion, which is what causes them to scream. And then you can just hold them and let them cry and they'll stop screaming.

Now if you did that every single time the child screamed, whether it was a spirit influencing the child to scream or the child was screaming because of its own addiction, it didn't matter, sooner or later, within a few days in fact, the child will completely stop doing that. They will never scream again.

That's a loving way of addressing the addiction. They could still scream about other things, but they will definitely never scream about that particular addiction again.

Mary:

I had a question about whether it was since the child was born that she was screaming?

Participant Female:

Yes, the first moment when she came out, she had this tremendous, big screaming. So, I think it was something happening before.

Mary:

Before, yes with her mum.

Participant Female:

Yes, and dad.

Mary:

I just wondered about.

5.5.1. Addictions of pandering to others' anger

Jesus:

Is it a rage-based screaming or a fear-based screaming? Does it feel like the child is enraged, or does it feel like the child is afraid?

Participant Female:

More enraged.

Jesus:

Right, so it's a spirit over-cloaking the child. The same applies. Spirits hate to be restricted and as soon as they are restricted, they generally go into rage and then they eventually they leave the child, and then the child's left with just the grief. But the parents have to also look at something here too. So, the parents need to examine how they respond to rage in other people.

Participant Female:

Her father has depression.

Jesus:

Yes, I find here in Sweden that many of you are conciliatory to a person's rage. You're conciliatory, that means you pander to their rage, you ... what's another word?

Mary:

You comply with it.

Jesus:

Is that the right word for? I'm looking for a word that shows that you try to make the person who's angry with you calm down.

Participant Female:

We try to get rid of it.

Jesus:

You try to make them calm down so they're no longer angry.

Mary:

You follow the orders of the anger.

Jesus:

In other words, you pander or support their anger and actually, what you're actually doing when you do that, is you're supporting their addiction to go to anger. Whenever you do, whatever they want when their angry, you're teaching them that anger is the way for them to get what they want.

Many of you have done this with your own children, you've taught them that it's okay to get angry because angry is the only time you're going to finish up getting what you want. And so eventually they get angry a lot, just to get what they want. And that's an addiction. There's an addiction in you; what's the addiction in you? You're afraid of anger and you don't want to feel how terrified you are of somebody's anger.

You also probably want to be liked and when a person's angry, you feel unliked, you feel unloved and so you want to pander to their anger, you want to do things for their anger and as a result of that, you are in the addiction of giving to a person who's angry.

The person who's angry then learns that their anger is the way to get exactly what they want. Their anger is already covering an addiction that they have of wanting to get what they want in some ways, and all you're doing is supporting that.

The problem is that many of these emotions, we do not realise we are actually supporting. So, we get a Law of Attraction event come to us that our soul attracts, like a screaming child, in this case. A screaming child is exposing a couple of things. Firstly, the child is probably over-cloaked by a spirit if the child began screaming in anger from the time it was born. Then it has to have got that feeling from somewhere and what do the parents do with this anger? This tells me that the parents themselves are probably people who are conciliatory or pander or do whatever the angry person wants, and there must be a reason why they do that, that they need to address.

5.5.2. *Allowing a child to experience emotions while restraining them*

Jesus:

If they hold onto the child and do not let her express her rage ... she's allowed to express her rage, but they restrict her from harming anybody in expressing her rage, she will go into even more rage. And if they don't smack the child, they just keep holding her and they just keep being patient and they connect to their own feelings about how much they want to let go and they still hold

on, and they allow the child to go through the process, eventually the child will disconnect from the spirit who causes it to be in a rage. And the child itself will go through whatever the addiction is, towards rage, which is all about control. The whole reason why we get addicted to rage is because we want control, and we want control of the family in this case. And she'll let go of that particular addiction and then everything will be quite nice and calm and peaceful.

Now we've actually recommended that many times, and there are a couple of families in Australia who have tried that in a sincere way. We met one family who had three children who were spirit over-cloaked pretty much the whole time. She'd take them shopping and they'd wreck the shopping centre, and they'd be very noisy. And every time one of the parents started doing something they liked doing, one of the children would interrupt them and scream and yell and carry on. And then they would go fighting each other as well, whenever the parents were doing something they liked doing.

As a result of all of that, what happened was that we finished up suggesting that they just hold them, and within two days the spirits who were influencing those children had already stepped away from those children. And it was like meeting the children for the very first time, like you got their true nature and their true personality. And there was no smacking involved, but there was the need to address the control.

6. Being honest about our attractions gives an opportunity to change

Jesus:

Now when you think about it, what God is attempting to do with us is exactly the same. All of us, with regard to all of the things that we are unaware of or in denial of, are all like spoilt children, where we want the thing we want, and we don't want to let it go. And God, with these laws, holds us, and shows us through the attraction of whatever we attract, what the problem is. And if we allow ourselves to become aware of what's happening to us in our life and we are honest about it ... we need to be honest about it. So many times, I see people definitely not honest about it.

So, for example, the earlier question I asked, when I said who would like to have a relationship and who's not in a relationship, the truth is that anybody who answers affirmative to that is not being honest with themselves.

How many of you get sick? How many of you have been sick the last year? Okay. Any sickness, like a cold, a flu, depression, anything that is medically diagnosed or can be medically diagnosed; how many of us have been sick? That's a lot more you see. See how the first question, not many are being honest. We are automatically in denial, and we don't even want to admit it to ourselves that we're there. And then when I'm specific about the question and

we asked all the details, well most of the audience put up their hand. Yes, now we're being truthful. When we're truthful, we have an opportunity to change.

If we're in denial, you have no opportunity to change. So, God is always, through this law, trying to get you to be honest with yourself. That's God's focus. God wants to see this honesty with yourself, warts and all as the saying goes in English. All of your flaws, God wants you to be able to see them at least.

Now we spend a lot of our time denying our flaws, you know why? Because we're so invested in the facade, we like the face we put on in front of the mirror, in a lot of ways, we're all wearing make-up all the time. Even to ourselves. We cover over what we are, and we're constantly trying to do this, and this is not very good for our spiritual progression at all.

God's trying to do the opposite with us, God's trying to help us become our real self and to become our real self, we're going to have to go through the facade, through the injuries to our real self. Most of us want to go over the facade and over the injuries to our real self. We want to skip around the injuries and get to our real self. It is not going to be possible.

7. Audience questions

7.1. Allowing adults to experience emotions while restraining them

Participant Female:

AJ, you talked about what to do with an angry child, but what if it's angry adults? You can't hold them. What do you do?

Jesus:

Well, the best way to handle an angry adult is actually to have four people hold them down and actually just hold them. That's the best possible way too.

Participant Female:

A particular person or?

Jesus:

For every person who's angry, yes.

Participant Female:

Okay.

Jesus:

However, as you correctly say, in practice it's pretty hard to do because you would actually need four or five people strong enough to hold them down to do that, wouldn't you?

Participant Female:

But it is the best way you say?

Jesus:

Of course it's the best way; they're being a child, just like a child. They're having a tantrum, just like a child. How do we handle tantrums? The same way we would a child. That would be the best way.

Participant Female:

Okay. And another question.

Jesus:

Can I go further with the answer though?

Participant Female:

Yes.

Jesus:

Obviously in practice that's a bit difficult if you're one person living with a person who's angry and they're angry all the time, then that means you'd have to ring up your friends and get five of you over and all hold them down. Obviously after a while that would get annoying and frustrating and obviously it wouldn't be too practical. So, what do you do?

The answer is you always leave an angry person. You always leave them. It doesn't matter if they're living in your house, you leave them. If they won't leave your house and you own your house, you get the police to come and take them away.

7.2. *Dealing with angry people***Jesus:**

See I'm pretty firm with anger. In Australia we have the God's Way of Love Learning Centres that we're creating and, in the centres, in the teams what we're trying to do is encourage every team leader, every time somebody's angry, they get sent home. Every time they get angry, they're sent home. They're not allowed to engage the process in the audience. So, in other words, they're not allowed to dump their anger on another person. They're allowed to go out and feel their anger, that's fine, but they're not allowed to project their anger onto another person. If they do that, they're sent home and if they refuse to go home, we'll call the police. So, they are forced to go home.

Participant Female:

Excuse me, do you send them home without any explanation about this process?

Jesus:

Yes.

Participant Female:

Why?

Jesus:

Because it's not my responsibility to tell them why they're angry.

Participant Female:

But to handle it.

Jesus:

Well.

Participant Female:

To get rid of it.

Jesus:

They have a lot of options to no longer be angry. They need to learn that anger is not. When you're angry, why would you demand help from another person when you're angry? To me that's an addiction. If you think you can get angry at another person when they're helping you then you're pretty off, you're pretty unloving, and you need to address that. So, I don't even now give anybody an explanation.

Participant Female:

Because if I met a person who's angry, I would say I can see your anger. But you need to go through your anger and then find what you feel.

Jesus:

They don't need to do anything. In my opinion, they don't need to do anything. They can choose to do something, but they don't need to, but I'm not going to put up with them. So, I'm definitely not going to put up with them being angry in my presence.

Participant Female:

But if you leave them and say you can go home and stay there but don't be angry in here, do you think they will find their way to get rid of their anger and go through this process?

Jesus:

Well, that's up to them.

Participant Female:

Yes.

Jesus:

That's not my responsibility. What's up to them is they need to go into awareness of what is creating their anger. Once they become aware of what's creating their anger, they will see that they are in an addiction of some kind. I've explained all of that to them previously, they all know that. So, whenever they get angry, they need to be sent home because they're not getting that. What's the point of explaining anymore? You might as well just go home.

Participant Female:

We're talking about two different persons.

Jesus:

Same.

Participant Female:

Because I'm thinking of a person who doesn't know about this.

Jesus:

Oh, even if a person doesn't know that I will still treat them in the same way. I don't deserve their anger, do you?

Participant Female:

No.

Jesus:

Do you deserve anybody's anger? No. So why do you put up with their anger? You do; the reality is you do put up with their anger. So, you've got to ask yourself the question, why? What's your addiction to putting up with people's anger? You know what some of the times it is? You get angry and you want other people to put up with you. Sometimes it's that, sometimes that's the addiction; that you want them to put up with your anger. So that means you're going to have to put up with their anger if you're being fair. So, you feel that's the reason why. You don't want to be sent home when you're angry and so you don't want to send anybody else home when they are angry. That's another addiction.

These are all addictions, you see, that eventually get confronted when we act in harmony with love. See if we put up with people's rage all the time, then what we're doing is we're teaching them that anger is the way to actually live their life. Do you want to be responsible for teaching somebody that? Well, I don't. I want to be responsible for teaching them that actually anger is caused by them not having their addictions met, and I don't want to meet their addiction every time they go into anger. I don't want to be conciliatory and meet their addiction.

I want them to go away from me, that's what I want. And if they're not willing to go away from me and they're in my home or they're in my environment that I have some control over then I will make sure they go away from me by getting some police to come and take them away. And if I'm in their environment, I will leave immediately, I'll just walk out the door. It doesn't matter whether I've travelled overseas to see them, I'm walking out the door.

So, you see if we're not pandering or constantly engaging a person's anger, then can you see the person is very rapidly going to see that their anger is not loving? But if I pander to their anger and do what their anger demands, then

the person is not going to very rapidly see that what they're doing is unloving. They're going to think that they should get away with it. I can't agree with that.

We should never let another person who's angry get away with anything. And it doesn't matter even if there is a threat to my own life, they're still not going to get away with it, that's the way it feels for me. And when we do that, we are now helping the person themselves to get into their addiction and see what their addiction is, but we're also helping ourselves address our fear of other people's rage. So, we're actually addressing two addictions in one. We're addressing their addiction to go into their rage and our addiction to pander or please a person who's angry. We're also addressing both of those things, which is wonderful, that means there are two people who are benefitting from that interaction.

7.3. Allowing a child to experience emotions while restraining them (continued)

Participant Female:

I have two questions. You said you should hold a child, for how long, and what age should you send them home?

Jesus:

You hold them for as long as it takes for them to get into their grief, and if that happens to be five hours then you hold them for five hours.

Participant Female:

I mean how old should they be when you don't hold them any longer?

Jesus:

As long as you can handle their body throwing them around.

Participant Female:

Okay.

Jesus:

Yes? So, you know, if you can handle your ten-year-old throwing his body around and still hold him, then I'd do it with a ten-year-old, certainly.

Participant Female:

A friend of mine, she's working with small children, and we have been talking about this. And she said that sometimes she really could feel that that's the right way to do it, to hold them, but sometimes she feels like that doesn't work. So, what do you say about that?

Jesus:

It will always work. If you address as the adult your own addiction to what's happening, because remember it's a Law of Attraction event, so it actually involves you. If it's your child or a child in your care, then obviously there's

something going on for you as to why this child is getting into their state of rage.

So, what I'm suggesting is, any child that's in a state of rage, if you hold them, you're now limiting the extent of the damage they can do in their rage, which is a loving thing to do. But the beauty of holding them is you've got to be present. If you're not present this won't work. If you go out of your body, this will not work. You need to stay present in your body, feel your feelings and hold them.

You have to be present. If you are present, you are loving somebody. Love will always overcome the problem if you're present. If you go out of your body then you're not present and you're not loving somebody and the child is probably going to stay in that state for a longer period of time, and you're not gaining anything doing that. But if you're present and loving the child and speaking with the child while you're holding the child, and explaining to the child why you're holding the child, and telling them that their actions are unloving, and when they get angry, say that your anger is not loving so I've just got to keep holding you, and you keep saying these things and explaining to them in the same voice that I'm doing it with you now, in a nice calm way, and you're not angry yourself and you're not frustrated yourself and you're not annoyed yourself, then this child will instantly be able to feel the love. Even though it may take some time over that period for them to break into their emotion, they'll be able to feel this love, and it'll always work. It always works, every child I've done it with, it has worked.

Participant Female:

I've been doing this with my daughter who was three in September. She's still quite small and I can confirm that after a couple of minutes her rage turns into tears and then she's like, "Oh mummy can we read that book?"

Jesus:

Yes.

7.4. *An example of a participant whose daughter reflects her rage towards men*

Participant Female:

My question is about my daughter hurting her brother. I feel that that kind of rage and wanting to control people comes from me.

Jesus:

I agree.

Participant Female:

Thank you.

Jesus:

If we can summarise, your child daughter hurting your child son is an indication that rage exists in the women towards the men in the household.

Participant Female:

Yes.

Jesus:

Does that make sense?

Participant Female:

Yes.

Jesus:

And she is just reflecting that rage.

Participant Female:

Yes.

Jesus:

Okay. She might also under that influence have spirits with her that reflect this rage and so she feels that she can hit her brother.

Participant Female:

Yes.

Jesus:

Yes.

Participant Female:

So, though I feel that I'm doing the loving thing in that moment, holding her, I kind of understand that. My question is will that not keep coming back to her as long as I have it in myself?

Jesus:

Yes.

Participant Female:

Okay. (Laughter)

Jesus:

You're right, of course it will. You see what the whole event is there is to help you become aware of the amount of anger you have that comes from the addictions you have with men.

Participant Female:

Okay.

Jesus:

And you're not violently attacking the man though, are you? You're not punching your husband in the face or kicking him or any of those kinds of things. But your daughter is doing that with her brother. So, she is becoming even more enraged than you are with the man.

Participant Female:

She's more sincere.

Jesus:

She's more sincere about it. But the reality is that you've learned at least to act in a more loving way towards the opposite gender and she needs to learn the same whether the feelings are there or not.

Participant Female:

Okay.

Jesus:

But what we do need to do is address the feelings. And the only way to address her feelings is to start addressing yours. So yes, while you are resistive to your addictions and therefore still in a passive aggressive or sometimes an aggressive rage with men, then you'll attract events with your daughter where she expresses that rage. And the problem with that is that you will have to keep doing it and keep doing it and keep doing this holding thing, realising in the end that someone should come along and hold you, probably (laughs), so that you can get rid of this rage that you have with men. The beauty of engaging your daughter in this process is you'll go instantly into this place where you'll go, "Wow, I have this with men."

Participant Female:

Yes.

Jesus:

Does this make sense?

Participant Female:

Yes, I feel it's direct.

Jesus:

And the whole process with your daughter is helping you become aware of what is present within you about men, and how much you would like to control them, and when you can't control them you feel angry with them, and what you'd like to do with them even though you can't always do it, when you feel like they're out of control.

7.4.1. Working through addictions and anger with men**Jesus:**

This is the way of exposing the underlying emotion within yourself. And the key is, now you know you can see the addiction, so you have awareness now that whenever your addiction is not met you go into anger with men. So, you see that addiction. So now what you need to do is go in the other direction to start to feel some of the fear you have if you didn't have your addiction met.

So, when you didn't have your addiction met, how did you feel? So, if the man doesn't come home and make you feel nice and safe and secure, how do you feel? If you want to go and do something and he doesn't let you go and do it, how do you feel? There're unloved emotions in there and then feelings of being

controlled and so forth, and they all cover fears that you have. The key is to allow yourself to get into those fears instead of staying in the addiction. If you stay in the addiction, your daughter will stay in her addiction and she will act out your addiction, she will hit her brother, and you'll have to hold her every time. And every time you have to hold her you will be reminded, this is just about me.

Participant Female:

I even get the feeling that it's a little bit worse.

Jesus:

For her?

Participant Female:

For her.

Jesus:

Well of course it's worse because she's sensitive to your emotions. So, she feels an agreement inside of yourself towards anger with men. So, she feels that you actually feel it's okay to be angry with men. But on top of that she gets over-cloaked by some women spirits who are angry with men who then act out their anger with a man. And so, it does get worse for her for that reason.

Participant Female:

I even thought about the Law of Attraction when you were talking about that maybe it's since I am aware of it and I am aware of what's happening then maybe it's getting stronger to increase the intensity of ...

Jesus:

Exactly. This is something that I wanted to talk about; this is how you engage things with God, you see.

8. Engaging the Law of Attraction with God

Jesus:

If we understand that we already have everything we truly need, and then we start understanding, we can actually start addressing that and working through issues. So, let's involve God in the process now.

8.1. An example of asking God for help with addictions towards men

Jesus:

So the reality is, in your example that you've given, while you hold onto your addictions with men and expect men to do what you want, and expect men to give you what you want, and expect men to look after you and make you feel safe, which are those addictions that you know you have, then while you're holding onto that you're going to try to employ the same addictions with the

masculine side of God. So, you want God to make you feel safe, you want God to do all of the same things.

Now God's going, "No, this is not a loving relationship with me now. This is what I call an addiction." So here you are in this addiction, trying to have that addiction with God. Of course, God never responds to any addiction, so of course you give up trying to get it from God, and instead you try to get it from men who will give it to you. So, you even finish up marrying a man who will give it to you or having a partnership with a man who will give it to you, exactly the addiction that you want.

Now that you see that inside of yourself, you can start engaging actively with God a dialogue through your feelings. You can go, okay, firstly you already feel how much it's hurting your daughter, that's number one, so this is good. It's good for you to see how much an action inside of yourself is hurting somebody else. So that's very, very good. A very good first step. So, we're now seeing, we're now aware of what is happening, and we don't want it to happen anymore because it's now happening to someone else other than yourself.

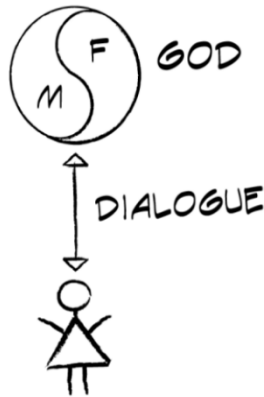
You're starting to see the effect it's having on somebody else. So, you're starting to actually see that if you don't take responsibility for the emotion you feel, your daughter will start acting it out and damage your son, who you also love, and so therefore you see the damage that's being done by the emotion living inside of you.

So, you're now feeling the damage. You're starting to see now that it's not just you who's being affected by holding onto this 'men' stuff, it's your daughter, your son, other people who you love are being affected by this particular problem. So now there's a growing desire in you as a result of that for you to change, can you see? And this is what God wants, God wants this desire to grow, so that you change. And so now we start developing a desire for change, so we see the hurt, we feel the hurt. Now we desire change. This is very, very good because when you desire change, change can happen. If you don't desire change, no change can ever happen.

1. SEE
2. FEEL
3. DESIRE
CHANGE

Now you can engage a dialogue with God with your feelings. You can actually begin to dialogue with God about how you feel about this issue that you want to. So every time you notice your daughter in a rage with your son and you hold her and she's expressing her rage and then she gets into her grief, while

she's doing that, you could be praying to God asking God to show you what you're afraid of, and what grief you need to feel to work through the same issue. The beauty of that is that you'll often instantly be shown, or there'll be instant feelings that other spirits in the spirit world will give you, that will show you exactly what the underlying cause is as to why you have that particular addiction.



***A woman can engage a dialogue with God, through feelings,
to assist her with her addictions with men***

Now if you engage this dialogue with God – this dialogue that God can have with you – God can start informing you, through a whole series of processes, some of which involve other spirits who are in a benevolent state, in a loving state, but some of which involves direct connection with you through your feelings, God can start telling you what you're afraid of. Because now you can see the hurt, you're creating, you feel the hurt you're creating, you want to have change so now God's got something to work with. Now God's got someone that wants to change.

God loves people who want to change. It's easier for God to love a person who wants to change. So, what God does now is, through this process if you talk with God while it's happening, you'll find very rapidly you'll get the answers as to why the addiction exists inside of yourself that created the response in your daughter.

But if you just sit there and don't do anything with your daughter and let her hit your son, thinking that you're guilty and not her, which is what a lot of parents finish up doing, you are now teaching your daughter the same thing you were taught. You're teaching her that it's okay to control and hurt a male.

Now do you think that's a very good thing for her to learn as she's growing up. Obviously not, because sooner or later, she's going to have some pretty bad relationships if that's what she's creating. So, can you see you have to engage both processes at the same time? Now most of you ladies think that you are

good at multitasking. So, you should be able to do that. It's just two processes at the same time, you should be able to do that, but it applies to men as well by the way.

The beauty of engaging this dialogue with God is that you can ask God to bring you events today that show you what the problem is, you see? And when you think about it, if you were truly sincere to work through different issues, you would definitely want to do that, wouldn't you? You'd definitely want to know what they are. And so, you'd want to have events that occur today.

8.2. Being open to negative events occurring in our lives

Jesus:

You see what we spend a lot of our time doing with God and with events is, we don't want anything bad to happen. How many of you feel like that? You only want nice things to happen. We only want nice things to happen. So, what happens is we avoid. So, let's say this is not a nice thing that could happen in our life, what we try to do is we come along in our life and we go whoa, there's a potential of not a nice thing happening here so what do you do with that? You detour.



***We often attempt to make detours around negative events
(shown by the cross) in life***

It's the same when another not nice event potentially comes along, we avoid that one and avoid that one and avoid that one, not understanding that these are opportunities to actually help us become more aware.

Now if we were truly trusting God, what we would do is we'd say to God – so here's a person who is truly trusting God – "I want to know today, today, what's going on in this particular problem. I don't want to put it off for another week or another month or another year or another ten years or all the rest of my life or until I die and hope that it's going to go away then," because to be frank with you it is not. You will pass into the spirit world with exactly the same problem if you do not deal with it here on Earth, that's the reality. There are no instant changes when a person passes into the spirit world, not a single one.

So whatever problems you have when you leave here, you will have them as soon as you arrive there, exactly the same problem. So if you don't have a relationship here and you say oh I'm going to put off not having a relationship

or I'm going to put off the reasons why, all of the rest of my life, I'm going to be single for the rest of my life, you'll arrive in the spirit world single and you still will not have a relationship and potentially for hundreds of years, thousands of years, potentially, if you stay in that state. It's up to you, you see.

So, if you engage this dialogue with God and you are sincere about wanting to change, you'd be going, "I want to know right now what the problem is," and you would be trying to discover it already, yourself, would you not if you really wanted to know? You wouldn't be expecting anybody else to do the work for you; you'd be doing it yourself. You wouldn't be waiting for someone to come along to tell you. You'd be wanting to know already, yourself.

And you'd engage a dialogue with God, "God please let me know today, I want a Law of Attraction event, if you can't communicate to me via my feelings, because quite often I'm pretty blocked – I can feel that I'm blocked – then show me through the law that you have. This Law of Attraction, show me through that what's happening with my life. Show me what the problem is that I've got with this issue today. I want to know."

If you're sincere about that request, you will always find out within a day. Often within the hour, very frequently within the next ten minutes you will find out. You will have a phone call, something happens, all sorts of things happen when you really have a strong desire. Mary and I often comment about how rapidly a request is made and the answer is given. Request is made and the answer is given. Not always the answer you like by the way, but it's given. And that's how God works if we're sincere.

8.3. Being sincere in discovering truth from God

Jesus:

But we have to be sincere. You see for many of us we love our addictions so therefore we become insincere. We live in our emotional addictions.

8.3.1. An example of being addicted to control or being liked

Jesus:

So, in other words, our addiction might be control, so whenever God presents us with a situation where we could go okay, I'm not going to control this and see what happens, what is your addiction saying at the same time? Control this, control this, control this.

So, on one hand you've got the choice to not control, which is what God is offering you as an opportunity now, and a particular situation, and then on the other hand you've got the choice to control, which is coming from your addiction demanding that it is satisfied. And then you have the choice. Which one are you going to do? Are you going to satisfy the addiction? Or are you going to go, "Okay this is my opportunity to give up control and see what happens." Now it takes a very brave person to do the second thing if they've had a life of control.

What if the addiction is that you want to be liked? And if you go and tell somebody the truth it means there is the potential of you not being liked. Your best friend comes up, bought a new dress that she's just spent – let's say she spent – five thousand kroner on a dress. She comes up to you, and she says what do you think of my new dress? And you think she looks shocking. This is your opportunity. You're just getting presented with a Law of Attraction event to learn how to be honest. How many of you avoid the issue altogether, or say, "Oh yeah it's quite nice, that's quite nice you know," or you try to soften the blow.

CONTROL LIKED

You think about it, in that one situation, it's a tiny little situation but it exposes huge amounts of issues, that one little situation. Yet we fall into the trap of meeting the addiction because we want her to like us, we want her to stay our friend and if we tell her she looks terrible, she'll be angry with us for a week maybe. And we don't want to risk that.

9. Audience questions

9.1. Treating clients with anger in psychotherapy

Participant Female:

I have some question about anger. I work as a counsellor and I'm used to having clients that have a lot of problems with guilt and shame, and they are not in contact with their anger. People control them because they suppress their anger. Because, to me, anger can also be energy to take control of my own life. So, could you talk more about those things?

Jesus:

We've got to be very careful with anger from a healing perspective because many psychologists and other helpers of people with emotional difficulties believe that a person has to connect with their anger in order to heal. The reality is we do have to connect with our feelings in order to heal and if one of our feelings happens to be anger, we do need to experience our anger, I agree. However, it is the dumping of our anger on another individual that I cannot agree with.

Participant Female:

Well, that's what we're doing in the treatment they just get.

Jesus:

Exactly, they just feel angry and express their rage.

Participant Female:

Yes.

Jesus:

But they don't dump it on another person, like hit another person.

Participant Female:

No that's not allowed.

Jesus:

Exactly.

Participant Female:

They do it in the treatment to get in contact with the energy so they can get control of their life.

Jesus:

I agree, however anger always covers an addiction.

Participant Female:

Of course.

Jesus:

Always.

Participant Female:

Yes.

Jesus:

So, if a person does get angry and they do not understand that an addiction is what is being covered by this anger, then there is a danger that they will revert to anger every time they want to feel powerful.

Participant Female:

We always get down to the grief.

Jesus:

Yes, and if you get down to the grief then the grief releases and that anger also will disappear.

Participant Female:

Yes.

Jesus:

Yes, I agree. However, for many people that's not what happens even in therapy. I've seen many people in therapy for years and years and years who are encouraged to get into their anger and they do get into their anger but it's not what the addiction's about.

Participant Female:

I have a lot of clients go in psychotherapy for a long time and they're just talking and I say, you have to feel.

Jesus:

You do have to feel, yes. I agree.

Participant Female:

Yes, that's what I work with.

Jesus:

Yes, they have to feel.

Participant Female:

Yes.

Jesus:

You can't talk them through anything really; they have to feel. I agree. But you need to be very careful with anger because anger does cover addictions. Can I just give an example perhaps?

10. The Law of Attraction shows us when our belief systems about love are false

10.1. An example of feeling that we deserve to be loved, or that anger can be righteous

Jesus:

How many of you believe that you deserve to be loved? How many of you feel that? Okay, so that's about a third of the audience. How many of you feel that if someone's not being loving to you, that it's just for you to feel angry with them? How many of you feel that? That you feel it's right for you to be angry with them if they don't love you?

Many of you are not being honest now, see. If your husband or wife or partner today cheated on you, how many of you would be angry? Now we're getting more truthful, see? That was the question I just asked, reframed. I just reframed the question and now you connect to the event that causes it and now you can start to see, yes, I believe it, they deserve my anger. If they're in a relationship with me and they go and cheat on me then they deserve to cop it from me. That's the belief. How many of you feel that? It's okay to admit that if you do, more than half, okay so maybe two thirds. So, if we're cheated on then anger is a deserved response.

DESERVE TO
BE LOVED
1/3

CHEATED
ANGER IS
DESERVED
2/3

Now to be frank with you, I feel that ninety percent or one hundred percent of the people in the world would agree with you to be frank. So, two thirds and the other one third are possibly not being honest. (Laughs)

Okay so the question we then have is: if these are the beliefs we have then can you see there are specific addictions involved in these particular beliefs? How many of you would feel terrible if not one person in the world loved you? Let's say not a single person in the world loves you, how would you feel? Terrible? Okay so that's a lot, that's pretty much everyone.

When you are at-one with God, you will not need to have the love of a single individual in the Universe other than God. In other words, you can live in a world where there is absolutely no love for you and still be happy. Any other state is a state of addiction. Interesting.

So, in other words what I've just said to you, the third question I just asked about the love, is that every one of you has an addictive belief about love. That's what I've just said really. Now that's pretty confronting, isn't it? And I can understand if the majority of you feel that I'm totally off now, because the reality is this, this is the world's belief. The world's belief is that if we're not loved, that we're worthless. But that's not God's belief, you see. God's belief is that even if nobody else loves you, from God's perspective you are still worthy of God's Love, you are still loved in fact.

The problem that we have is we often don't feel God's Love and because we don't feel God's Love, we need substitutes for it so that we feel loved. You see once you're in at-one condition with God, in a loving relationship with God and you're at-one with God, you will feel completely loved and therefore you will not need the love of another person. You'll still like it when they love you, but you won't need it. You won't feel unhappy if you don't have it. That's where we're going for. That's the perfect situation.

Imagine how comfortable you'd be with your life if not a single person in the world loves you, but you still felt loved? You'd be pretty comfortable with your life then, wouldn't you? Any other state, I'm saying, involves an addiction of some kind. So that's really saying that all of us have some addictions with love. And the reality is that we do.

The reality is that with all of these questions that I've asked, there are some addictions involved where we believe love to be one thing when actually it's something completely different. And this is telling us that we live in our addictions frequently without even knowing. We even think that our addictions are true, we believe that we deserve love from somebody else. We believe that we should be able to get angry when we're not loved; we believe that. We believe that if nobody loves us that it's the end of our world, not understanding that there is still one person who loves us even if nobody else does, and that is God, your Maker.

In fact, when you enter that relationship with God, you have the greatest capacity to grow, the greatest capacity to change, the greatest capacity to love others and the greatest capacity to be happy, but we forget all of that and we substitute relationships instead. So, what we do, because we can't feel God, is we then try to find a substitute on Earth or in the spirit world for that relationship. What I'm saying is that the Law of Attraction will bring us these events that show us that our belief systems about love are false.

10.2. An example of grieving after a partner relationship breakup

Jesus:

So how many of you have ever been in a relationship and had that person leave you while you still loved them? Over a half. And how did you respond to that? Most of you respond with sadness, yes? you grieved? Well, the reality is you were grieving because you had a false belief about love. Even now you don't agree with that, but the reality is that if you had the right view of love in your soul, you would never have grieved them leaving you. You could allow them to leave you without grieving. And the reason why is you wouldn't have taken it personally.

You see the reason why we grieve a lot of things is because we take the things very personally, we feel it's a comment about our worth. You feel they're making a comment about our personal worth. And we have a lot of issues with our worth, a lot of unhealed emotions about our worth and so we grieve it. These are all Law of Attraction events that show us that love is the problem.

But you see on the Earth what we do is we have these viewpoints of love. So, what are the viewpoints of love that we have? We have to question them because every single time pain comes, we need to see that pain is always the result of an unloving belief, not a loving one.

This is where we often feel very confronted because we go, "But I love the person. Surely, I'm allowed to grieve them?" And I'm saying of course you're allowed to grieve them, you're allowed to do anything you want. But what I'm saying is the reason why you're grieving is that you have a false belief about love that the grief will hopefully let go of some of it. There are false beliefs about love that exist. God, like I said, is trying to get us out of denial and, to be frank, most of the things we deny are about love.

DENIAL = LOVE

10.3. An example of false beliefs about loving parenting

Jesus:

We have a lot of belief systems as a parent as to what we should do with our children, what's the loving thing. And a lot of what we do with our children is not very loving, and if you were on the receiving end of it as an adult, you wouldn't feel very loved either in many cases. But we do it because society believes that that's what love does.

I've heard so many people say to me, "His mum's involved in his life all the time because she loves him." No, his mum is involved in his life all the time because she's in addiction with him. The reality is we wouldn't ever be involved in our own child's life unless our own child wanted us to be involved in their life, and even then, if they did and it was an addiction on their part, we wouldn't get involved if we truly loved them. (Laughs) So there are so many problems we have with this issue of love.

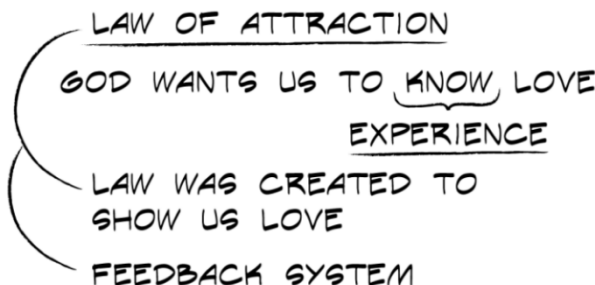
11. The Law of Attraction was created by God to show us love

Jesus:

So, what I would like for you to consider with the Law of Attraction is this. And I suppose you could summarise everything we've discussed over the last couple of days about the Law of Attraction is this.

God wants us to know love. What I mean by know love is, whenever we know something, to truly know it you must experience it. Is that not true? So, God wants us to experience love and by experiencing what true love is, we would come to recognise it. God wants us to know that. This Law of Attraction that affects our soul was created to show us love. That's the purpose of the law.

How does it do that? It's very simple, it provides - remember we referred to this term yesterday - a feedback system, in that if the event we've attracted is painful in its nature, then it's demonstrating the lack of love in our soul that created the event on some level. And if the event that happens is loving in nature, it'll be a positive event creating happiness for our soul. That's the basic feedback system that God's created.



So, when I get sick, am I happy? Usually we're miserable when we're sick, aren't we? So that's telling me that there was something that was unloving that created my sickness, a belief inside of me, some kind of emotion inside of me that has created my sickness. And I can find it and if I just feel my feelings while I'm sick, there's a good chance that I'll actually find it through that process.

The feedback system is telling me that it's an issue about love. And it's not just an issue about when other people didn't love me. To be frank, that's only like one little part of our problem, because the bigger part of our problem is when we do not love other people, that's the issue that's really being focussed on. Or when we do not love ourselves, which is another big issue that we face.

11.1. Prioritising the types of love to learn about

Jesus:

So if you look at the different loves that we need to eventually learn about, if you look at the different types of love, in terms of the priority of what we need to learn, in terms of what's going to bring us the greatest happiness, if we learn firstly about the love of God, then we learn next about the love of self and then we learn next about the love of others, we will end up being a completely loving individual, we will end up understanding and experiencing love in all of its different forms.

Now when I use the term "self", self involves two parts - it means loving my half of the soul and it also means my other half, which often what people in Australia call their wife or their husband. (Laughs) The other half of my soul; my soulmate. So that's what I mean by learning to love ourselves. We need to learn to love ourselves, not just our self but the other half of our self.



So, in my case I need to learn to love the feminine half of myself, which is a different person, expressed in a different person than me. But we are one person expressed in two expressions of masculine and the feminine side of it, and I need to learn to love both.

Now the Law of Attraction has been created that operates on the soul. Remember I said yesterday that there are laws of attraction that operate on all physical matter, so things like magnetism and gravity are all parts of the Law of Attraction as well, but they are operating on matter, whereas what I've been focussing on this discussion is the parts of the Law of Attraction that operate on the soul, the real you. This part that operates upon the soul is trying to teach us how to love in all of the possible ways we can love, not just on a selected part that you want to love but rather all the possible ways.

So many of us are prepared to love ourselves, perhaps. Many of us are prepared to love others, but we're not prepared to love the other half of ourselves, some of us. That's why we've never met our soulmate, because we're not yet prepared to love the other half of ourselves. Many of us are prepared to love ourselves but not love others at all. In other words, we're prepared to treat others badly or treat others unethically, in other words treat others in a manner that we would not treat ourselves. Many of us are prepared to do that. Very few of us have a sincere desire for God's Love and to enter a relationship of loving God yet that is the one that's going to bring us the most happiness.

But if you put all of those things together, can you imagine what kind of a rounded out, happy individual you'll be? Because you'll end up feeling firstly that no matter what anybody else thinks about you, you can love yourself. No matter whether anybody else attacks you and whatever they do towards you, you still love yourself; you won't feel bad about yourself.

Whatever anybody thinks about you and what you're doing with your life, you'll still love yourself and you'll still engage that particular thing that you want to do when it's in harmony with love. You'll always follow your desires and your passions, you'll never run away from your desires and passions because of what somebody else wants. You'll always engage your desires and passions because you've brought all of your desires and passions into harmony with love. So why would you not do them?

You will always do that and in addition, you experience the Love of God, which transforms your soul into a new creature. So, you've got this great ability to continue growing infinitely.

Then on top of that, everyone else is going to benefit from your expression of their love to them, you're going to finish up having quite a lot of friends if you love that way because everyone's sort of attracted to that sooner or later. And even when you're being truthful with them, they still feel attracted to it, don't they? You tell them the truth and even though they initially react, sooner or later they're attracted to come back to get some more truth because they know you love them, they know that it's delivered in love. And they also know and respect that you have a desire to help them with their life and so forth.

11.2. Embracing the Law of Attraction as a loving gift from God

Jesus:

Now if you think about the Law of Attraction as this is what God is teaching me, if I engage this law in an active, positive manner, instead of viewing it as, "Oh no, there's a Law of Attraction again," like, "Oh what's going on?" Viewing it like that, and instead of going, "Oh you know it's been another terrible day for my Law of Attraction" ... I hear many people say that and I go, "Whose Law of Attraction again, was it? God's. So how can it be a terrible day?"

God's showing you a heap of things through this day and your soul is being exposed in its condition this day, isn't that wonderful? It's a great Law of Attraction; it's not a terrible one." And everyone goes, "Boy I had such a hard day today." That's fine, you might have had a hard day today, we only have hard days because we've got so many addictions to work our way through, and sooner or later they're going to be exposed. So, we're going to have hard days but when we say, "Oh I've just got a terrible Law of Attraction," no you haven't, it's God's Law of Attraction and it's never terrible. It exposes everything, it helps you grow in every possible way, you can change completely, you can change everything as long as you release the actual underlying reasons why you have it.

So what I'd love to encourage you to do is that when you think about what's happening to you each and every day, remind yourself that God is trying to teach you how to love and God's trying to teach you how to love yourself, God's trying to teach you how to love the other half of yourself, God's trying to teach you how to love others and then God is also asking if you wish to engage it, whether you'd like to enter a relationship where you finish up loving God, but you don't have to. But God's asking you to engage that as well, if you want. And God's constantly trying to open you up in some manner, to help you engage that relationship.

Now if you went through each day like that, then the events that happened, you would want to take notice of them, wouldn't you? Rather than going, "Oh I don't want that to happen, I don't want this to happen. Let's deny that that even happened." You wouldn't do any of those things, would you? You'd be constantly engaged in an active way in your own life, you'd be constantly connected with what's going on as an individual in your own life, you wouldn't be trying to avoid your own life in any way. And because of that, your life will change. And it cannot but change to become happier if you do that because every time more love is involved in your life, you will have more happiness. So, it's a subsequent result of love.

So, I'd like to finish the discussion there, if I can, and what we'd like to do now is have a break.

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