

DIVINE TRUTH

Why We Resist God & Emotional Blockages to God

Divine Truth

Discover God's Universal Truth and Receive God's Love

(all information can be found at divinetruth.com)

Preface and Compilation by Pat Stewart

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All compilations can be found at The Written Word (thewrittenword.ca)

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Preface

This is an independent project undertaken by me and is not associated with Jesus & Mary and the Divine Truth Organization.

This compilation is from two seminars, *Why We Resist God* delivered on 17th June 2012 in Bathurst, Australia, and *Emotional Blockages to God* delivered on 23rd June 2012 in Kyabra, Australia both by Jesus (also known as AJ Miller) as part of the Relationship with God series.

In *Why We Resist God*, Jesus focuses on why we resist God, how this resistance towards God began historically and how to discover the truth about God.

In *Emotional Blockages to God*, Jesus describes the emotional blockages that prevent us from forming a close relationship with God, including the addictive and co-dependent relationships that we commonly use as a substitute for our relationship with God.

The seminars used for this compilation are:

- Why We Resist God – [June 17, 2012](#)
- Emotional Blockages to God – [June 23, 2012](#)

To access the links for these seminars you can either go to the [Divine Truth](#) website ([divinetruth.com](#)) and click on downloads, click on event year, and scroll to the appropriate date to find the video from YouTube.

Or you can go to [The Written Word](#) website ([thewrittenword.ca](#)) and click on the appropriate book under the Books tab. To find the pdf with all the links, click on the Book Title in the Book Details section.

Other than this Preface, I did not write any of the material in this book. All information came from the [Divine Truth](#) website ([divinetruth.com](#)).

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Why We Resist God

1. Introduction

Jesus:

What I wanted to do today with you is just raise an issue that I feel comes up from yesterday's discussion first. The discussion we had yesterday was "Relationship with God - The Eternal Benefits" and I don't know about you but I found many of you in the audience quite resistive to the discussion about God. So what I wanted to do today was talk to you about why mankind is so resistive to discussions about God, and we can have a bit of a discussion about that particular problem.

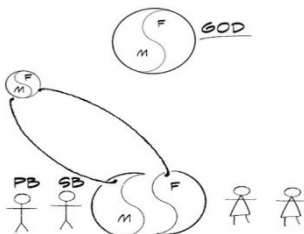
Can I perhaps firstly give you a bit of history about mankind's existence and why this resistance towards God began? And then what happened with regard to the development of religions that caused mankind to have such a negative viewpoint of God.

2. The history of mankind's relationship with God

2.1. The first human couple chose rebellion and self reliance

Jesus:

When God created the first human couple, and obviously when I say created them, he created the bodies in which they existed. So he created the first couples' bodies. So, both of the bodies, the physical bodies and the spirit bodies were created by God, directly. The soul of course was already created by God, and the first human couple incarnated. When you talk to them, they don't have a memory of being young like babies. They just incarnated and began their experience in an adult looking body, and as a result of that they didn't really have the same experience that many of us have had in the sense that we were born and we slowly absorbed things through our environment. They still absorbed things through their environment, but they weren't born in the same manner that we were born.



***God created the physical (PB) and spiritual (SB) bodies
and the soul of the first human couple***

However, this first human pair decided before they even had children of their own that they didn't want to have a relationship with God. And to be accurate, it's not probably what they decided. What they decided, in an accurate statement is they wanted to be the same as God. So they wanted to have an elevated condition that was exactly the same as God's condition, without having to do anything for it. They felt that they had enough intelligence, that they had enough knowledge that God had given them through a process over the years that God had been spending time with them; that eventually they felt that they should be able to be God themselves and that they didn't need God to make rules for them or to determine things for them.

And so what they did is they chose, you could say, rebellion and self-reliance.

REBELLION SELF RELIANCE

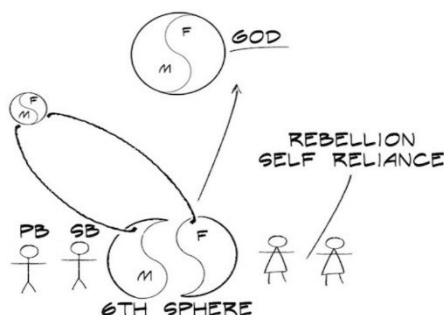
In this process of choosing rebellion and self-reliance, they ended up in this state where they couldn't connect to God anymore because they'd chosen to reject God. And in this state of rebellion and self-reliance, they began immediately to degrade in their condition of love. So they started to degrade and go in a negative direction when it came to their condition of love because to make that decision they didn't understand enough about love already to even make that decision. So God allowed them of course to go ahead with that rebellion and that self reliance. God allows us to do anything we choose with our will.

Participant:

When they appeared what condition were they in to start with?

Jesus:

You would classify it as a sixth sphere condition. They were perfectly made and their soul was free of all emotional injuries.



***The first human couple wanted to be gods themselves,
and so chose rebellion and self-reliance***

They didn't make this choice out of an emotional injury. They made the choice based on a desire, rather than an emotional injury. So that also indicates that a person who's in the sixth sphere can make a choice out of harmony with love. So it's not impossible to make a choice out of harmony with love even when you've become perfected and that's something that most people don't understand. You can use your will in any direction, so you can always choose to use your will in a different direction than you've used it ten minutes ago.

And if you think about the course of an average day, for most of us we use our will sometimes positively or lovingly and other times very negatively, even in the course of one day. Sometimes we're in a rageful place or angry with someone or wanting to hurt somebody, and then we go into this feeling of sorrow about that, and repentance about that, and feel sad that we've done that. And then something else comes up and before we know it we're back into another angry place or something like that where we want to hurt somebody or we yell at somebody or so forth. So just in the course of an average day even the feelings in us do that, even if we don't verbalise those feelings, oftentimes we have those feelings.

It was a little different here though of course because the original couple didn't have the emotional injuries that would have dictated to them to do these kinds of things. They made an active choice; it was a choice to be God basically. In that process they went into rebellion and self reliance, they no longer wanted to hear from God about love, and no longer wanted to learn about love from God. As a result of that they had to rely on their own interpretations, and as they then had children after that point, they then imposed exactly the same emotional injuries upon their children. And their children very rapidly degraded in condition as a result of the walking away from God.

Now what happened though, there was this idea of rebellion: if we look at the emotional injuries that are on the planet right now with regard to God, the number one emotional injury is rebellion. We don't like law; we don't like God telling us what God's Laws are, we want to go through the process of discovering it all ourselves. Even a little tiny child has this emotion most of the time. If you think back to when you were bringing up your children, by the time the child is two years of age, they go through the "terrible twos", which are often this spirit of rebellion already being imposed upon its environment that is already present within the child because it's an emotional injury we've carried down for millennia; thousands of years.

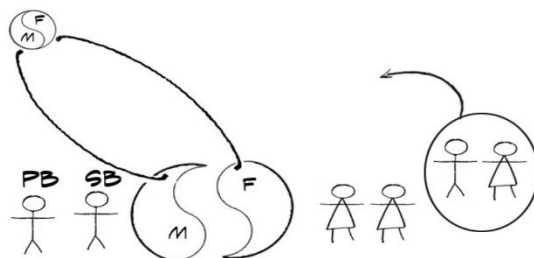
The second emotional injury that got established there and then was also this emotional injury of self-reliance, in other words feeling that, "The only person that I can rely on is myself. I can't really rely upon a partner because they might leave me, they might cheat on me, and they might do something like that, so I can't rely on a partner. I can't rely on my friends because sometimes my friends have different agendas than what I have and so therefore I can't

really rely on them." And in the end most people finish up having a feeling inside of them that the only person they can really rely on is themselves.

2.2. The children of the first human couple became dark spirits who people believed were God

Jesus:

Now then what happened was that obviously Amon and Aman, the first human couple started having children, and through their union they had children and grand children obviously. Now during this phase as well, some of these children passed into the spirit world. Now in the early times of our existence it took many hundreds of years for a person to pass and there have been records in early history where some people lived almost a 1000 years in terms of time on the earth. But that very, very rapidly also degraded, because of the degradation of the soul condition, and very rapidly we went down to a 100 years of life on Earth. And after that it became even worse and eventually it went down so that the longevity of the average person was around 20 years at some points in human history. So the soul condition had been so degraded by this stage that the average person could only live 20 to 30 years before dying from old age. So that shows you how negative the planet was in that state.



The first human couple had children who passed into the spirit world

These people passed over into the spirit world, and because the general population of the Earth at the time was more open to spirit interference, these people began imposing their feelings upon the planet as well. This caused a rapid degradation on the planet and as a result of that, many people on Earth started believing that these people were God. And these people were in a rage with mankind, they were manipulative, controlling, punishing; they were constantly trying to make things hard for people on the Earth. They wanted all of their addictions met and they tried to connect to people on the Earth who would allow the connection, and they tried to influence people in a very negative direction.

2.3. The development of beliefs that God is wrathful, punishing and cruel

Jesus:

As a result (thirdly), there grew a lot of concepts about God: that God is wrathful. In fact the concept about God that grew then was that God was in a rage with mankind was the concept, and because these spirits acted out in a rageful manner towards the people on Earth, this concept was reinforced through the belief system.

Fourthly what would happen is that because these people were now in a state where they were actively working against God's Loving Laws, there was a higher and more powerful Law of Attraction in a negative direction. Now what that meant was that the Law of Attraction now was bringing to them individually events that made these people felt like they were being harmed by the Law of Attraction itself, and therefore being harmed by God. And so what most people started believing was that God wanted to hurt them and that God had to be appeased, God had to be worshipped and also appeased in some way. So eventually people started sacrificing their own children to God in order to appease God; to make God's wrath go away.

And so there was this whole idea that God was going to punish them and the only way that God wouldn't punish them would be that you had to appease God, you had to make God feel good and then God wouldn't harm you. And so eventually what they started doing was sacrificing their own children. Sacrificing of animals was very common, and the whole concept grew that the very first fruits that you received off any tree or bush or crop all had to be given to God, so you had to burn it or destroy it so that it would appease God.

And then of course the Earth went through cycles as well, cycles of change, cycles of major cataclysmic change, similar to what I feel is coming soon upon the Earth as well. These cycles of cataclysmic change also caused these people to believe that, that was God's punishment of people on the planet as well and this started to reinforce these beliefs. And so what they started to feel was that the events that their soul was attracting, instead of seeing it as a direct result of their own unloving behaviour, they started seeing it as God punishing them and God started looking more and more to them like a cruel God, someone who wanted to make their life difficult from the moment they were born basically.

Now because many people still had a feeling that God existed, they then had to create religious structures that enabled them to safely believe these things about God. So what they did was they started creating religious structures where they started to feel like God could be justified and they started actually creating religions surrounding these belief systems that God was like this. And so all through human history and the so-called "Christian" viewpoint of God or the so-called "Muslim" viewpoint of God or "Hindu" viewpoint of God now,

many of these viewpoints have been around far longer than those particular religions have ever been established, for literally hundreds of thousands of years these viewpoints have been around on the planet. And as a result, the viewpoint of God has been just imposed upon the planet over and over and over and over and over again.

3. Other impediments to our relationship with God

3.1. Imposition of gender based emotional beliefs upon God

Jesus:

On top of that, most people have a lot of emotional injuries towards their parents. So if you think about the average person you've got different emotions that you have towards your dad, and different emotions you have towards your mum and when you look back at your childhood you can see how your dad treated you and your mum treated you. Now if your dad treated you violently, then you would start to also accept that the masculine part of God was going to treat you violently. If mum was aloof then you feel that the feminine part of God is aloof, and you start imposing the emotional belief systems that you've gained in your environment upon God as well. So now besides having all of these issues with God about God's Nature and all of those kinds of things, we're now adding to that a whole group of emotions, which I would call gender based emotional beliefs.

- 1)- REBELLION
- 2)- SELF RELIANCE
- 3)- WRATHFUL GOD
- 4)- PUNISHING GOD
- 5)- CRUEL
- 6)- GENDER BASED
EMOTIONAL BELIEFS

Now when I do a presentation about God, they are still for me, the most difficult presentations to give. Mostly because all of these particular belief systems are in the soul of almost every person on this planet, even if they intellectually believe they don't have those belief systems. As a result of that, any discussion about God or relationship with God is generally very difficult to conduct with a group of people. And if you think about all of those injuries, what I'm basically saying is that the person we have the most injuries with is God. And then add to that, you've got some crazy nutter who calls himself Jesus talking about this God, then you've got a whole additional set of injuries to work your way through with regards to that person as well and so it becomes very, very difficult to actually be open in a discussion about God.

In addition if you examine it, the average person I interact with is either male or female, is that not right? So if you're talking in a one on one interaction, we're either interacting with another male or a female in my case. And in your case it is exactly the same you are either interacting with a man or a woman. So when you're interacting with a man or a woman, you can at least dismiss half of the injuries because half of the injuries are probably with the male and if you're interacting with a woman then you don't have to worry about those particular injuries; when you are interacting with that person only the injuries that involve you with the female are going to be involved if you are interacting with the female.

So immediately, with our interactions on the planet, even if no addictions are involved, we've already got half the amount of injuries than we've got with God. Because God is both masculine and feminine, it's a sum total of all of our injuries to both genders that we're dealing with when we're dealing with God. So what we find then is that, even in our interaction with individuals, we are far more open than we would be if we were interacting with God.

3.2. God does not meet our addictions

Jesus:

In addition to that, we're often involved in addictive relationships with individuals. So we're often attracted to a person because of what they give us. Because we have a nice feeling when we talk to that person but we don't have a very nice feeling when we talk to that person. So which person are we going to talk to the most? The person who we have a nice feeling with. And if that happens to be some kind of addiction that causes us to be in that attraction, and not just a pure state of love that the person is in, then straight away I'm going to feel even more attracted to discussing something with that individual and as a result more open to what they're saying than I would be talking to someone who I'm not very attracted to.

Now, if you think about that with God, God does not meet addictions. God doesn't meet any addictions. So any time that we're attracted to an individual because of the addictions they meet in us that cause us to feel an attraction to them, we can't have that relationship with God either. So then there's another set of emotional issues we have towards God -God does not meet my addictions. Because remember God wants you to grow and if you are meeting your addictions, you're not going to grow very rapidly. You're going to be stagnant in your growth.

- 1)- REBELLION
- 2)- SELF RELIANCE
- 3)- WRATHFUL GOD
- 4)- PUNISHING GOD
- 5)- CRUEL
- 6)- GENDER BASED
EMOTIONAL BELIEFS
- 7)- DOES NOT MEET
MY ADDICTIONS

So a relationship with God now has all of these impediments involved in it in comparison to a relationship with an individual.

3.3. Giving other people god-like statuses

Jesus:

And so what people started to do on Earth was they started to feel like it was totally impossible to have a relationship with God at all. And what they did instead was they started making certain people who they believed were holy into gods, while those persons lived on Earth. So persons like Buddha for example were made into a god, because Buddha was a person who seemed to be outwardly spiritual to the majority of people who surrounded him at the time, and seemed to have this connection with God that nobody else seemed to have. In fact Buddha himself didn't actually believe in a personal god anyway, which was also very handy for most of the people who were around him at the time, he believed that god was more like an energy system, like the universe itself.

And as a result of that, many people came to accept his belief systems and because his belief systems were more loving than the average belief systems on the planet, they believed that Buddha himself was in a more loving place, which he was, and therefore they started to follow the man and started to appoint him as god in place of God. They also did the same with myself in the first century, because I was at-one with God and displayed the characteristics or nature of God in a pure place when I was at-one with God, they then started to treat me as if I was saying that I was God, which I always denied. In fact there are many records in the Bible itself that I've denied it, but they still want to believe that I am God and the main reason why they want to believe that is because they want to have a human they can relate to as if they're God, because we're so blocked to God. So we want to have somebody who we can see, feel, touch, and work out, "Oh that's what God must be like."

3.3.1. Our souls have an inbuilt desire for God and our soulmate

Mary:

Just from what you are saying... I understand why people want to deitise or make a person into god because they feel so blocked to God for the above reasons, but doesn't that also indicate that within each of us there is an inbuilt yearning for God?

Jesus:

Of course, underlying all of this is that we all do want to connect to God at some point. There is this sort of hole in humanity that exists; there are two holes that exist in your soul. When I say it's a hole, it's more like an underlying inbuilt desire that exists in your soul, but one hole that exists in your soul is a desire to connect with your creator. That's one of the holes. The second hole that most people don't have fulfilled in them is a desire to connect to their perfect partner. That's the second major hole that exists in our relationships and so what we do, because there's so much pain associated generally with those two particular issues, those two particular longings that we have that are inside of our soul, we then substitute relationships for those particular relationships.

So for most people they finish up substituting a relationship with a human in place of God. Now for many of us, it's substituting our father for our relationship with God. In other words for many people their father takes on the role of the authority, so they then try to do whatever their father wants; they try to please their father and so forth. If it's not their father then it's usually a religious organisation of some kind that is meant to be God's representative. They then have a relationship with that religious organisation, which is a part of them trying to work through their issues with their relationship with God.

3.4. Cycles of believing that God is feminine or masculine

Participant:

Is that why we have trouble relating to the female side of God because most of these people have been male?

Jesus:

Yes, very much so. In fact this is a major problem on the planet as well. By the way there were times in history when people believed God was female only and not male. We went through these cycles historically where the female was viewed to be god, and if you talked about God it was always as "God our mother" and never a father. And mankind has been through these cycles periodically where we believe God's the mother, and then there was a rejection of that, and then there was an acceptance of God being the father. And then

there was a rejection of that and then there was acceptance of God being mother, but never both masculine and feminine at the same time.

And as a result of that there have been periods of time in humanity where women completely dominated the planet. They were involved in all aspects of politics, all aspects of religion and men were not allowed to be involved in those things. And then of course there was this backlash by men as a result of that unbalance and then men used their strength and their will to overcome those belief systems. So we now have a male dominated society, but historically we've gone through cycles, where women have dominated, men have dominated, women have dominated, men have dominated, and there's been no equality through these cycles.

And in fact if you look at some of the religious artefacts that you can see through archaeology, you can see how much women were revered in historical terms through history, but not so much now. So if you look at all the deities that are involved in religions now, it's only the Hindu religion really as a major religion that believes in feminine deities. For the Christian religion it's all masculine deities and for the Muslim religion it's all masculine deities. And all of these are because of the general swing in the population as to who they accept God to be. Historically there are many artefacts that archaeologists have found that prove that there were feminine deities in many religions on the planet and in fact some different races on the planet had only feminine deities; no masculine deities at all. And these were cycles that the planet went through in terms of their viewpoint of God.

So if you add up all of these problems, you can see that the biggest issues we have are with God generally. So when we start talking about a relationship with God, everyone's going, "Yeah, yeah, yeah, okay, okay." and there's not much of a connection to it because there are just so many obstacles that we have within us that we've got to get over before we contemplate having a relationship with God. And the obstacles are pretty major obstacles.

3.5. Fears and superstitions about God's nature

Jesus:

In addition to that, because we believe God is a punishing God, most people have the belief within themselves that we're not allowed to experience anger with God. And in fact most people are petrified of actually expressing anger and rage towards God, and so they never do. They never even get below their addictions with God as a result. Remember anger is always a result of some addiction. So if we have rage with God but can't even express it, and we are in complete denial of the rage that we have towards God, then it's going to be very, very difficult for us to ever find the addiction we have with God, for example addictions about what we expect God to do for us, as to why we get so angry with God. It's almost like we have this deep superstition inside of us

that maybe God is like that. There's this underlying feeling in most of society of superstition where they are a bit superstitious of God and therefore they don't see God as a loving God, but somebody who's going to require something of them at some point, and they've got to just be careful with their life. It's interesting that when you talk to even the most confirmed atheist there are often these underlying feelings of superstition, which are in them that, are part of mankind's history.

This superstitious nature that we have with God has caused us to do all sorts of very, very damaging things with God. For example, the whole concept that is presented in the Old Testament of the Bible that the Israelite race were allowed to destroy other races was all based on superstition about an angry God. So when another race sacrificed their children to God, the Israelite race condemned that and they decided that they were going to be God's sword of correction for that other race. And the Israelite race, as they proceeded through what they called the "promised land", they eventually murdered whole races; fathers, mothers, children, and totally destroyed the race through their superstitions that they had with God. And I find it interesting that a lot of Christian principles are based on that kind of treatment of other people. So when you look at all of the different injuries and emotional feelings that we have with God, it's pretty intense, hey?

3.6. Reasons that we choose to self punish

Participant:

So to deal with the injury that we have that we feel that God is punishing, is it just a matter of really allowing that grief that you feel like you're being punished by God? Because I get a bit confused and I feel that I go into self punishment.

Jesus:

Can I show you how this belief that God is punishing gets established in us as a firm belief quite young? When we are being brought up by our parents, we generally learn quite early in our life that if we punish ourselves then we can escape the punishment of others. We usually learn this quite young, when our parents need to give us some form of correction when we've done something wrong, but instead of just giving us correction that's based on love and truth, most of the time it's also guilt based. In other words our parent's trying to make us feel guilty so that we don't do the thing again.

And what we learn in that process is that it's actually better to punish ourselves than to receive punishment from another person. It actually feels easier. It also feels less destructive to our soul because when we receive punishment from the other person we have a heap of emotions, including total rejection, feelings of abandonment, and quite a lot of other very, very difficult feelings for a child to address if they were totally open emotionally. So what they learn to do

instead is they learn to blame themselves for what went wrong and so we learn to punish ourselves. But if you think about it, the only reason why we punish ourselves is to avoid the prospect of being punished by others.

So emotionally, what we're doing when we're punishing ourselves is we're avoiding the prospect of being punished eventually by God. We're hoping that if we punish ourselves enough God will actually be easy on us. Now if you look at the Christian faiths for example that are on the planet at the moment, this concept is rife in most of these Christian faiths; on the planet at the moment this is rife in most of these Christian faiths, this whole idea of self-sacrifice and self-punishment. They even have parts of different faiths, including part of the Catholic faith, where they actually whip themselves when they noticed they've done something wrong. And that way they demonstrate their repentance towards God, who would otherwise punish them if they hadn't realised. There is a very strong group of people in the Catholic religion who still believe in that as a form of repentance with their relationship with God.

So this whole punishing god situation has caused us to revert to this self-punishment. So what we end up doing is we end up noticing when we've done something wrong. We want to punish ourselves for doing that wrong thing and the reason why is because we feel afraid that somebody else will punish us if we don't punish ourselves. But the problem with that is we never address the underlying causal reason, the actual reason why we did that wrong thing.

So for example, let's say during the day you know you had the opportunity to steal and you took the opportunity, but the feeling inside of you was, "It's just a small thing". You don't even know why you did it and you even feel frightened about why you did it. If you believe in a punishing God, you will have a higher likelihood to try and punish yourself about that. You'll feel guilty that you did it; you'll feel bad about yourself. You'll feel like you can't talk to anybody else about it because if you do they'll feel you're guilty and they'll feel you're bad as well. So you try to hold on to it all inside of yourself, you dream about it for a few days, you can't sleep and you think all sorts of things happen as a result.

Interestingly though, what doesn't happen in most cases is looking for the reason why. The reason why we don't look for the reason why is because we're so involved in punishing ourselves, avoiding a punishing God or avoiding other people from thinking that we're bad. So we never get below that to actually find out the reason why we did it. And then of course it doesn't get resolved, so months or years later we do the same thing, and then that adds to the previous feeling. But then it doesn't get resolved again and can you see how the turmoil inside just builds and builds and builds without ever being resolved?

3.6.1. Accidents often occur out of self punishment or a desire for attention in children

Participant:

And what about when something bad happens like an accident? The feeling I have is that I'm being punished by God, that it's a reflection that I've done something wrong and it's a kind of punishment from God for not doing something.

Jesus:

Most accidents occur out of self-punishment actually. It's a soul thing that we attract when we desire to punish ourselves. And generally most accidents, even for children, are results of a desire to self punish, or in children they can also be a desire for attention. So, quite often children don't get attention, a hug until something happens that is bad to them. They fall over then they get a hug, but generally many children, particularly if you think of my age group, the 50 plus age group, many times you didn't get a hug at all unless something bad happened. For example, most people would consider my mother to be a loving person, but my mother never hugged me in my entire life.

So what do you do? You create accidents and then you get the hug. Then you get the attention that you feel you're missing, and that is a very common action on the part of a child. However it's also part of self punishment in the sense that when you feel guilty about something, or you feel angry with things, generally there is this attraction that occurs immediately that causes accidents to occur. Yep. There are a multitude of causes for accidents of course but that is a big underlying factor.

And it's interesting that we then go down the track of going, "God doesn't like me. God is punishing me. I did that wrong and this is the result." And it just reinforces these beliefs about a cruel God. This is a problem on the planet; we keep reinforcing these totally inaccurate beliefs about God. We reinforce them over and over again.

Participant:

Accidents are a major part of my condition from when I was a small child but I haven't thought of it as self punishment.

Jesus:

When you're a small child, it begins with the feelings of your parents. So if your child starts having accidents, it's because of different feelings that they are having from their parents that cause the child to have accidents. Normally a child, by the age of 2 or 3 and even before then if the child has been brought up in a very safe and loving environment, the child is very spatially aware; generally by the age of 7 a child is perfectly spatially aware. In other words they know exactly what they can do with their body and what they can get away with without hurting their body. For most children still having accidents after

that time, it is an indication that there is no spatial awareness inside of them. And if there's no spatial awareness it's because of something that's happened with regards to space, that their parents want to be involved in their life too much, or there's something going on between their relationship with themselves and their parents that causes them to have a lack of spatial awareness.

And that is also something we oppose upon God as well. Every time we have this feeling with our parents, we then start to believe God is like our parents. So this is one reason why people are addicted to rebellion with God, because they feel God will get too involved in their life and cause too much change. So they'd prefer God only be a Sunday morning thing, if that. Or just an occasional thing, for example we stand on a mountain and look at the view and think, "You're a lovely God." That's the occasional worship or feelings that most people would prefer to have with God rather than having a day to day interaction that changes their entire life.

And so most of our parents have a deep resistance to having children daily interacting in their life and as a result of that, most parents feel quite overwhelmed when they have their children. I don't know how many of you have had children, but if you think back to the very first child you had, for most parents that was pretty scary, in particular the first child. And that's why a lot of times the first child is very, very involved emotionally with their parents, trying to assuage the parents' feelings that they don't know what they're doing with this first child.

And as a result of that, when the parents have any different emotions towards the child, the child then will either go into a feeling of being rejected, which it then tries to avoid by being self punishing. And when it becomes self punishing, it then gets the reward of the cuddle or the reward of the re-establishment of the relationship. So accidents often occur frequently as a result in a person who hasn't felt very loved in their childhood except when the accidents have actually occurred.

Participant:

Just going back to the hugging of the children, so if you hug your children quite a lot, how do you know being in error, you are not doing it from a needy point of view and you're doing it from pure love?

Jesus:

Well if you hug your children and the reason why you are hugging them is so that you can feel something yourself, then that is an addiction. If the reason why you are hugging them is to help them feel your love, then that's more of a pure desire. And this is a problem on the planet for many of us, and many women have children so that they will be looked after at some point in the future or be loved.

There is this concept very similar to the animal concept that many people have when they have a pet and that is this idea that the animal will love you unconditionally and there's this idea that a child will love you unconditionally. They are addictions. When we are in a true state of love with our children we can love them even if they totally have nothing to do with us, we can still love them and we can still feel those feelings of love for them rather than feeling resentful.

When the child is very small like yours we often have feelings of love for them in the sense that we want to care for them because they cannot care for themselves but at the same time we often also have feelings of his lovely feeling we have of being able to nurture the child and that's what we've got to be careful of because it's that emotion that finishes up developing into an addiction and we've got to be careful that we don't have these addictions with our children because the children will then feel bound to us and we don't want our children to feel bound to us. We are not actually their parent the true parent of your child is God and all you have done is create two bodies for this child of God. Through the process of intercourse you have created the spirit body and material body in conception and then this child of God has incarnated and connected to you.

If most parents had the attitude that, "This is a child of God that I am caring for, rather than my own child," they would probably feel less bound to the child and would want the child to be less bound to them. They'd be more interested in helping the child to connect to God instead. Now that doesn't mean the parent wouldn't love the child, because of course the parent would. The whole reason why you have a child is because you want to share your love with the child, and the whole reason why God had Her children was that She wanted to share Her Love with Her children. It's the same principle. But God didn't want to get love from Her children. God doesn't have an addiction for our love and whenever we impose the same addiction on our child, we finish up damaging our child.

So these problems are all part of the gender based emotional injuries that we have generally. Unfortunately it gets carried down generation to generation and before you know it, we have far more injuries with God than we have with any other being. And as a result of that, when we start talking about God in a positive sense, it's almost like our ears are turned off. It's like (A.J. sticks his fingers in his ears and starts singing to block out noise), "Na na na na na na," but then we hear the word soulmate and we go, "Soulmate! Was that soulmate that I heard? I've got an ear open now." Or, "Emotion! Emotion! Pleasure! Pleasure! Sex! Yes. I'll talk about that one". And we have this closed viewpoint when we're talking about God. But when we're talking about other subjects there's a degree of openness present.

3.7. Coming to terms with how we feel about God

Jesus:

If we really want to understand the universe and understand everything in it, and understand ourselves completely, we need to be sincere about working through our issues with God and we need to be sincere about where we are, what we really do feel about God. When you talk to people who are religious (and in my life I've spoken to millions of people who are religious), many of them believe concepts about God that they never voice in their religion, but they actually feel them quite strongly. My own mother is a member of a Christian religion, and I've had discussions with her about God, for example, and what I've found in every discussion is that she actually believes that God is cruel and punishing. One of the reasons why she "worships" God is because she has this feeling that she wants to connect to God, but on the other hand she is not open hearted in her connection with God because she actually believes, from her perspective, she says, "There's fifty million children that die every year of starvation on this planet, and God's not doing a thing about it."

Now if you're honest with yourself and other people that is an issue that most people have with God. Most people have this feeling that, you know, "If it was me, if I was God, I'd be doing something about it. God's not doing anything about it. What's wrong with God? God mustn't be as loving as I am." Is the automatic assumption after that. And so there are a lot of what I would classify as misconceptions and misunderstandings that people have about God that they don't even allow themselves to voice in their day-to-day life. And if you don't voice them, you're never going to face them emotionally and if you don't face them emotionally you're never going to be able to have a relationship with God because you'll carry them in the relationship.

It's a bit like if I believe Mary's going to cheat on me every single day of our life together, can I have an open and close relationship with Mary, if that's my belief? If I believe Mary's going to be dishonest with me, or Mary's going to be cruel with me, I'll be constantly looking every single day for times when Mary seems like she might be heading in that direction.

4. How to build faith in God through our emotional injuries

Mary:

In order to connect to God, I'm going to need to be brave enough to grieve these feelings inside of me.

Jesus:

And also remember that the whole of humanity has them, so you're also going to have to be brave enough to confront the whole of humanity in the process, and their opposition to you dealing with these feelings.

Mary:

So where does faith fall into this equation? Where do I decide to trust a different truth? Because the emotional truth is that I believe these things about God to some degree, although maybe not everything on your list. So where does my faith enter, or my trust?

Jesus:

The big problem we have is if we have these emotional beliefs about God, then how are we ever going to have a relationship with God?

- 1)- REBELLION
- 2)- SELF RELIANCE
- 3)- WRATHFUL GOD
- 4)- PUNISHING GOD
- 5)- CRUEL
- 6)- GENDER BASED
EMOTIONAL BELIEFS
- 7)-DOES NOT MEET
MY ADDICTIONS

There's a big problem and then secondly, well if these emotions are within me already, how do I ever have the faith that these are not true? Because the feeling that I have is all of these things are true. The feeling I have inside of myself is that, "It is true that God's cruel, and it is true that God doesn't care and it is true that God's wrathful and punishing. And it is true the only person that I can rely on is myself and if it were true, why would I want to connect with a God who's just a cruel, punishing, wrathful person? I'd rather just rebel against God and do my own thing. And it is true that while I have all these gender based emotional beliefs that are imposed on God, well God's not doing anything about that either. God's not correcting us; God's not showing to the world that God is different to this." These are all feelings generally that are present in most people.

So when all these feelings are present, what do we do with them? Like how do we have faith that God is different to that? That's a pretty good question, isn't it? Because you're going to at least have to have some faith that God's different than that before you try to address these emotions. Because if you look at these issues from purely pragmatic perspectives, in our day to day life, how many times have you been able to truly rely on another individual for your life? Truly! Now you ask the average person that, "In stressful situations with every single person who's around you, how many people have you actually been able to rely on, other than yourself?"

Now for many people, they'd have to honestly say zero. And for most people who don't say zero, it's very rare that it's any more than five in their entire life. Now that understandably, from a pragmatic point of view, tends to indicate

that, "I should rely on myself, that's the only person I can rely on to look out for me." And from a pragmatic perspective, "How can I change my mind on that issue? I've got no proof I can rely on anybody else, my whole life seems to be proof in the opposite direction to that."

Then we look at this issue of a God who doesn't care or is punishing, and we ask ourselves questions about what's happening in the world. How many times have you seen something in the course of one day that you believe was totally unfair? Now for most people they'd have to answer that yes, pretty much every day of their life they observe something that they believe is totally unfair.

Now if God created this system of things, that means God is okay with it being unfair. Does it not? So I'm getting a feeling that God's unfair. So what's my pragmatic feeling associated with that? It's, "God is unfair. I don't see any proof otherwise. So how can I have faith when I don't see any proof otherwise?" It's very hard. So this is why the average person gives up the whole emotional reflection upon all of these subjects because it becomes very, very difficult.

Then they look at this whole thing of God meeting my addictions. How many times have you, in very, very difficult times of your life, prayed to God for something to occur in a positive direction and it never has? Have all of you experienced that at some point?

Mary:

In the teenage romance we talked about yesterday – that he would come back and love me.

Jesus:

So oftentimes we have all of these so called prayers that we have towards God, where we'll long and long and long for something to happen. But it doesn't happen. You think of how many people who are religious who are involved in war that prays in that way. Or who have been involved in the results of war, for instance people coming through and raping and pillaging the countryside. They pray for God to keep them safe and it doesn't appear like God keeps them safe and they die, or they get raped, or they get hurt in some way. So when we look at that from a pragmatic perspective, and we go, "Yeah, God's not doing anything there either, so how can I have any faith that God's anything different or even exists, if God doesn't do all these things?" Like you exist and you want to do something about it, even if you don't feel like you have the power to do it. And therefore if God really wanted to do something about it, you feel that God should, but it appears like God either doesn't want to, doesn't care, or doesn't exist, as a result of these thing occurring.

If we're honest with ourselves, that's usually where we go emotionally. What I'm saying is that, yes, all of those belief systems are all present within us, and they're all present within us because of what has happened to us in our life

because of what we believe is the lack of response from God. As a result of that, it's very, very difficult for us to engage a conversation about what God is really like, because we already have established through what we see happening in the world what God appears to be and so therefore we accept that. So does that sound pretty negative? Yep? That's good. (Laughter)

So the question Mary asked is how can we have some faith that God is different to that? Now, the question then becomes, well how does faith get established? I have given a talk called "Relationship with God - Faith" some time ago and we talked about faith and how it gets established. It can only get established through some actual event occurring that gives you the faith. There has to be some proof before faith can develop, but you have to engage the possibility of proof. What I mean by that is we have to allow for the fact that we might be wrong and that all of these things that we think, and all of these things that have happened to us, might have an alternative reason.

4.1. Being open to being wrong about God

Jesus:

So we need to allow for that to be a possibility before we can even begin to hope to have any faith that God is different. We need to allow for the fact that, yes, these bad things happen on the earth, but that doesn't necessarily mean that God is a punishing God or a wrathful God. We need to allow for the fact that there might be an alternative explanation that is reasonable and logical and therefore an alternative explanation that we can use as a basis for developing a different concept about God.

We also then look at ourselves, because the two issues we have with God, are our gender based beliefs and the fact that God does not meet our addictions in particular, are very much related to how we feel within ourselves and it's very much related to our upbringing. So we also need to bear in mind that everything that's happened to me could potentially have happened to me because of different things that are out of harmony inside of me because of my upbringing. We need to allow for that possibility too. Rather than just going, "Everything that's happening to me that's bad has to be brought upon me by this punishing, cruel and unloving God who's trying to correct me and I don't understand." So we need to firstly allow, if we're going to develop any faith whatsoever, we need to firstly allow that all of these injuries, and we could list more, that we may have the wrong concept about all of these issues that we have with God.

For example, nobody on this planet seems to know very much about the human body for a start, is that not true? Whenever you have an illness of some kind, doctor's flounder as to what the underlying cause is. They give you a pill or something to get rid of the effects, but it's very, very hard for them to determine what the underlying cause is. So even with basic problems of our

human body, we flounder when it comes to actually understanding why it happens. We don't understand. If we don't understand why something happens, then how can we ever fix the underlying causes?

So bearing in mind that it doesn't seem like even the very, very educated people on this planet know very much, and then we must also from that assume that, when it comes to our analysis of God, we may also be wrong. If our analysis of our self is often flawed, then how can we expect our analysis of a being that potentially is more powerful than ourselves; how can we expect that to be accurate? Now, if we start with the concept that we may be wrong, then we can start to at least begin the idea or have some faith that there might be a different concept of God that we need to discover.

WE MAY BE WRONG
↓
FAITH

And the only way to really obtain faith that is certain is to actually engage a process of discovery; to actually decide to engage it, without, at this point, firming any belief system about it.

4.1.1. Learning how to discover God for ourselves

Jesus:

If you think about your childhood you were sent off to school by mum and dad, you're five years old and they start teaching you the abc's and the 123's if you haven't already learnt them. Now if you look at what they're doing teaching you those particular things, they're teaching you what you call to be the foundation of language and the foundation of mathematics; the foundation of learning.

Now as a child, you didn't go, "I don't want to learn that", because for most children they are far more open than that. They just say, "Oh! Okay, that's what they want to teach me so I'll learn that, and I'll ask questions about that," and before you know it the child's engaged in the process of learning. The child engages the process of learning automatically without resistance, without any real belief systems associated with it at that point in time.

Now if we revert to that kind of learning with regard to God, we would be far better off than trusting what the world tells us about God, but what we do is we wait for everybody else to tell us about God because we don't connect to God personally, we have to connect to other people who say they're connected to God, and as a result of that, we trust what they say about God.

So this is what happens from a perspective of religion. Instead of it being a process of somebody learning the basics and then discovering more complicated things through the process of learning, just like how we learnt

mathematics and just how we learnt language, the problem with religion is that it's all told to us without us going through a process of learning. In other words, they tell us the belief systems, even from a very young age. Did any of you go to Sunday school? A few! What did you find? You didn't have a process of discovery, you had the process of just being told, and "This is how God is. This is what happened." It was all a certainty. There was no gradual learning involved in the process where you learnt the basics of discovery, how to discover.

When you were taught mathematics, you were taught numbers first and then you were taught how to use and manipulate numbers; how to add them and subtract them and multiply them and divide them. Then you went on to more complex things with regard to mathematics; that's how you learnt mathematics. For some of us, we got plus, minus, multiply, divide and that's about as far as we went. And for others, because we were fascinated in the subject we learnt our way through algebraic equations, into calculus and right the way into scientific and mathematical equations and even right into the depths of mathematics, as a result of this process of learning how to learn about it.

But none of us have been taught how to learn about God. We've just been told what God is. We haven't been told how to learn about God and what we need to do if we're going to develop any faith. What we need to do is first start with the basis of, "Everything we've been told may be wrong." Everything that we've been told may be wrong, because it was just people telling us. We never went through any process of discovery. It was just somebody telling me information that I then accepted and I felt a very strong emotional reason to accept it, because whenever I didn't accept it the minister or priest or mother or father who wanted to tell me it, they often got angry with me. So that was a great motivation to accept it. But we must accept that firstly everything that we've been told may be wrong about God.

4.2. Looking for the source of love, truth, wisdom and knowledge

Jesus:

Secondly that it's possible, given that people on Earth are loving, or have the capacity at least to love, that this love must have come from somewhere. That would make logical sense, wouldn't it? If I, inside of myself, have the capacity to love, have the capacity to tell the truth, have the capacity for wisdom, have the capacity to understand, or in other words to absorb knowledge, then it would make sense that any person who is said to have created me, assuming that such a person exists, would also have the same capacities to a greater degree. Would not that make sense?

LOVE TRUTH WISDOM KNOWLEDGE

So from a logical perspective, it would make sense that if God exists, then God would have a larger capacity for love than I do, that God would have a larger capacity for truth than I do, that God would have a larger capacity for wisdom, power, knowledge and any other thing that I can think of that exists as a quality inside of myself; God must have a larger capacity than I do for any of those qualities. And if that's the case then I can start having this idea or faith, if you like, that perhaps if there is a God, perhaps this God is more loving, more truthful, more wisdom, more powerful, and more knowledgeable than I am.

Now, if we look at the issue of God being more loving than I am, for example. I don't want to punish my children forever when my children do something wrong. How many of you have had children? Have you wanted to punish your children forever when they did something wrong? None of you! And yet the religions tell you that if a person dies having done things wrong that they're not sorry for, that God is going to punish them forever.

Now to me, I can now have some faith that if I have, through this logical discussion of knowledge, that if I would not punish my child forever, surely God, who would have to have more love, more knowledge, more wisdom, more power, more understanding, more truth than I do, surely God wouldn't do it? That's a pretty valid assumption, isn't it? If that God exists, he wouldn't do it. So I can only get down to the point of, "Does he exist or does he exist?" at the end of that because if God exists, He or She does have more love, more truth, more knowledge, more power, more wisdom and more of every other quality that I have, than I have. That's the reality.

5. Determining whether God exists through seeing and feeling

Jesus:

So now it really gets to firstly determining whether God exists or not. How do you know whether something exists that you can't see? All of you accept that wind exists, yes? You can't see it but what do you see?

Participant:

You can actually see the effect of it.

Jesus:

You see the effects of it. What else?

Participant:

And you can feel it.

Jesus:

You can feel it. So you see the effects of it, and you feel it. So how do you measure things you can't see? There's only two real ways of measuring something you can't see. You either have to feel it, or see the effects of it; they're the only two ways. So the same applies with God. The only way that we're going to ever develop a relationship with God properly is that we're going to have to either see God or feel God. We can't see God, so we have to either feel God or see the effects of God. We have to do one of those two things.

Now, in terms of developing faith, how do we do that? Let's look at the first thing; seeing the effects of God, or seeing God's creations.

- 1) SEEING GOD'S CREATION
- 2) FEELING GOD

Now when the wind blows it creates all sorts of things, doesn't it? It creates the trees swaying and you feel this pressure on your face. You see the leaves blowing, flowing through the wind and if you put some smoke in the air you'll see the smoke flowing in the direction of the wind. There are all these effects that the wind has on the process.

So if we apply this same thing to another thing that we can't see, and that is God, then it would make sense that if we examine God's creation, we might see some effects of God; something that we can see God must exist in. Secondly there's feeling God. Now I feel that's much more difficult, to feel God, because to feel God, I've got all these problems with God. And if God's none of these things feeling God is going to be pretty difficult.

- 1)- REBELLION
- 2)- SELF RELIANCE
- 3)- WRATHFUL GOD
- 4)- PUNISHING GOD
- 5)- CRUEL
- 6)- GENDER BASED
EMOTIONAL BELIEFS
- 7)- DOES NOT MEET
MY ADDICTIONS

So feeling God initially is going to be much more difficult than seeing God through creation. Now for most of you, who believe in God, you've already examined creation to a fair degree, haven't you? You look at the complexity of creation and you go, "Wow, there's a lot of intelligence in creation" and we

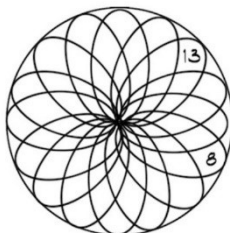
start examining the intelligence. To be frank, most of humanity has no idea of the amount of intelligence in creation.

5.1. The Fibonacci sequence and the Golden ratio

Jesus:

For example, do you know that your entire body is designed around a series of numbers? Most people are not aware of that, the whole body. It's usually only when we're taught art that we start to see the relationship between the numbers and how our body is designed. Let's describe this, because this is a part of seeing God's creation and then making some valid assumptions based on what we see.

Have any of you counted the number of rows in a pineapple or a pine cone that goes around in one direction, and then it goes around in another? It's very interesting. If you look at a pine cone from its stem down, it's circular in nature. There's the middle of the stem, and you'll find there's these rotational things that go around in one direction. In one direction there are eight of them and then if you follow the rotational directions around in the other direction, you'll find there are always thirteen of them. If you count a pineapple, there will be 13 in one direction, and 21 in the other direction, that's usually the case.



There are 8 spirals in a pine cone in one direction and 13 in the other

Now, if we get all of those things and we interpolate them into a numbering system, you'll find there's a number system that goes like this. You start with 0 and you add 1 to it and then add the previous two numbers together, so the next number in the sequence is 1. Then 1+1 is 2. 1+2 is 3. 2+3 is 5. 5+3 is 8. 5+8 is 13. 13+8 is 21. 21+13 is 34. 21+34 is 55, and the number just keeps on going up, going up, going up, and going up, ad infinitum.

0, 1, 1, 2, 3, 5, 8, 13, 21, 34, 55, . . .

The Fibonacci number sequence

Now, a very, very interesting thing happens, and that is this. If you get one of the numbers that is higher up, like 55, and divide it by 34, the higher the number gets, it always approximates this number: 1.618.

$$\frac{55}{34} = 1.618$$

The Golden ratio

That number has some interesting characteristics, in that if you invert it, in other words you go $1/1.618$, you'll find that that will be equal to 0.618.

$$\frac{1}{1.618} = 0.618$$

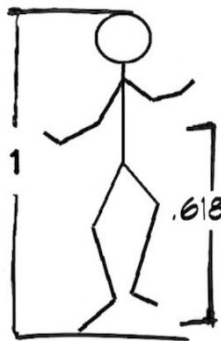
The Golden ratio

And the spirals in a pineapple and a pine cone fit within that relationship. In fact most plants grow every leaf in a rotation of 0.618 from the previous leaf and there's a reason why they do that - it's because it's the number with the highest packing density. So in other words, you'll fit the most seeds and most the leaves in a packing density where they all receive light at that rotational angle.

5.2. Golden ratios in the human body

Jesus:

Now how does that relate to your body? Well these two numbers, 0.618 and 1.618 are very interesting because that defines the relationship of every joint in your entire body. I am drawing a very basic person here but I have to draw every joint. Now most people who learn drawing the human figure in art learn this as a basic part of their art course and the reason why, is that every single one of our bodies, yours and mine, are built to the same relationship, and this is how it is. If you take the height of the person as 1, in terms of a relationship, then where their belly button will be is 0.618 as a multiple of that from their feet.



A person's belly button is at 0.618 of their total height

So let's say you're 157 cms, if you multiply that by 0.618 that will be the height of your belly button.

$$157\text{cm} \times 0.618$$

If you take every joint, for example from your hip joint and along the length of your leg, then 0.618 will be where your knee is. If you take your knee to the end of your toes, 0.618 happens to be where your ankle joint is. The same applies to your arm; from your shoulder to the end of your fingers, 0.618 is where your elbow is. And from your elbow to the end of your fingers, 0.618 is your wrist. If you take your face and measure its length, the bottom of your nose is 0.618 from the top of your head and the top of your nose is 0.618 from the bottom of your chin. And they've known this for thousands of years, because when they teach you this in drawing classes of the human body in art school.

The question then becomes, now that's a fair amount of mathematical design, is it not? That's pretty consistent across every human form. That also seems to be consistent in things like a pineapple, a pine cone, and in fact in the way that the rotational way in which plant leaves are created. If you look at a sunflower head it has the same rotational figures, but with higher numbers.

5.3. Seeing design in creation

Jesus:

Now if all things came into existence through some kind of spontaneous process, then surely it would all be random, wouldn't it? But it's not random; it's all got a certain type of a design. So the question has to be asked, "Does design come about without a designer?" When you designed your house or when you look at a house that somebody else has designed, do you go, "Wow that just spontaneously came into existence without anybody putting it together, and without anybody maintaining it!" You don't, do you? And yet you look at something far more complicated, your own body, which most of us don't even understand the basics of. I would classify the Golden ratios in the body as one of the basic things about your human body; that's one of the least mathematical things that happens in your human body and the average person on this planet knows nothing about it. But to me, it is evidence of seeing something that God has created, because to do that requires design and whenever you have design, there has to be a designer. That makes sense logically, doesn't it?

Okay, so I see that as something to do with God, the fact the design exists means that there has to be some kind of designer. And the fact that this design exists in many living things is an indication that there has to be a designer that created all those living things; a very similar designer, or the same designer probably. Yes? If you saw a house that looked the same and you saw 25 of them in a row, you'd probably assume that the same person built them, would you

not? Well there are six and a half or so billion people on this planet all with the same design. So my presumption is that the same person built that design.

Participant:

It's quite funny when you think about it because if it wasn't by design and it was just random, what the human race look like? Let alone flowers and plants, and fruit and vegetables.

Jesus:

Yeah, imagine! And this is where the whole concept of alien species comes about. For example the Star Wars films have all of these strange characters, and the reason why they look so strange to us is because they're all out of harmony with this Golden ratio design. That's why they look strange. And so we need to understand that these designs are all a part of what we see on this planet. They're all very, very similar designs. Now to me that's a part of seeing the effects of God's wind blowing. That's how I see it; it's the same thing, the effects of the breeze that is God, God's creation.

So it helps me see what God has done and therefore believe that potentially God must exist. Because I can see there is all this design in what God has done. This is just one example; this is a very minor thing and even though it's minor, shells have the same rotational angles, plants have the same rotational angles, and we have the same rotational angles. Even in the way the hairs appear on our head are in the same rotational angles. In addition to that, the universes in galaxies have the same rotational angles as well. So it goes from what appears to be some of the smallest things in creation right the way through to immensely large things all have these same rotational angles and the same mathematical relationships.

Now if you just saw it in one thing you'd go, "Oh that's pretty amazing." But if you saw it in two or three things, you'd start going, "Well obviously the same kind of person made those things, or the same being made those things." But if you're starting to see everything from a universal structure, like a galaxy, down to what we see in plant-based materials, and even into smaller structures than that, then I'd be starting to go, "Wow, that's a pretty big effect of the wind of God that blows. Someone that I can't see!"

Now I've only brought up one thing because as you can imagine, there's literally millions of mathematical things of a far more complex nature than that, that we could discuss which all prove God's existence.

5.3.1. Emotional errors prevent us from seeing alternative viewpoints

Participant:

To me I think all that if the veil were lifted for the spirit world, we would see that we can't really kill each other. We would see God's Laws in operation for people who did unloving things on Earth. We would see that we've not come

from a monkey or a fish because there's a spirit side to us that most scientists don't look at. So why does such a heavy veil still exist for the afterlife?

Jesus:

The heavy veil only exists because of all of the emotions that we listed. You see what happens is that when we do not want to face that, we hold onto certain emotions; we finish up living in the emotions rather than releasing them. When we live in the emotions our mind is completely blocked to an alternative viewpoint. So it's a bit like, if you believe that somebody is not a nice person and you never release that emotion, you will carry that belief to your grave, will you not? They might even do philanthropic things and they might do lovely things but you'll always say, "Yeah, but I just can't trust them," because there's an emotion in you that prevents the trust.

And it's exactly the same with us with every thing that we look at. The only reason why we are not open to new thought or new ideas is because we have an emotion preventing us from being open to it. It's this emotion that we need to address or deal with if we are truly going to learn. If we are closed in any way emotionally we are going to be closed to whole areas of investigation.

For example, how many of you feel closed to mathematics? Where you don't really like mathematics much? Well you would never have known about the Golden ratio in the human body in your entire life if I hadn't shown it to you then, because that's only in books about natural mathematics. So you would have looked at the word mathematics and gone, "I don't want to read that! I want to read something more interesting than that!" And you would never have found it out. And the reason why is because there was just this emotional blockage to mathematics that would cause you to never investigate it.

This is the problem with all of our problems with God. We are blocked in so many different areas and as a result of these emotional blockages we don't allow the concepts to be changed. Now when we die and we pass over into the spirit world, there's one concept that immediately changes and that is that you're still alive and you're not dead forever. So that concept's gone. And that then often challenges people who have passed into challenging other concepts. Sometimes it doesn't unfortunately, but many times it does and so they start challenging the other concepts of things they've learned here on the planet. And to do that they have to challenge their emotions, because their emotions are going to determine their belief structure. Their emotions are going to determine what goes on.

So it's always our emotions that prevent us from investigating with an open heart. So this is why I'm saying to you that emotional work is a very, very important part of your relationship with God. Not because in the end it's going to be an important part, but because it prevents a relationship and it prevents knowledge. It prevents you from absorbing knowledge when you have not released emotions that prevent the knowledge from being absorbed.

5.4. Using logic to determine if God exists

Jesus:

So I can have the discussion about the Golden ratios in the human body with a person who's very resistive to God. I'll say all of that to them and they'll say, "Yeah but that's not proof that God exists." And I'm saying, "So okay I see some inconsistencies here. If I took you for a drive down this road here and showed you every house driving down this road and told you nobody built it, would you accept me saying that to you?" And they immediately say, "Of course not, somebody built it." And I'd say, "Okay, somebody built that, which is not very complicated let's face it, is it? A few beams here and few blocks here and there, some other substances here and there. Compared to my body it's nothing really, in terms of complexity, and yet you're telling me that my body, which is the same design as your body doesn't have a designer? In fact there are billions of bodies on the planet that all have the same design, and you're telling me that all of those have got here by chance? But if I tell you that the house down the road came about by chance you can't accept that."

So to me there's no logic there, once a person starts going down that track. But the reason why there's no logic is because they are totally blocked to the emotional concept of God. That's why there's no logic. If I refused to accept there is a God, it's going to block me to a lot of logic. I gave a talk recently in Melbourne that was called, "Logic, Emotions and Truth", and in that talk I talked about how to determine truth with logic and emotions being used together. I suggest that anybody who is struggling with determining truth needs to have a listen to that presentation.

I find that is when we are the most illogical of all when it comes to our examination of God. There's a great reason for why we are the most illogical when we look at God, and it's because we have the most emotional issues with God. Anything that we have an emotional issue about, we're going to have the least amount of logic with, that's the unfortunate truth.

5.4.1. *Intelligence, love and wisdom in creation are ways that God proves to us that He exists*

Jesus:

We could go on forever looking at God's creations I feel. In fact, the way I feel God has designed creation is proof of existence. God has designed creation in the way that He has to prove to us that God exists, that's the whole point of the way in which it's been designed. To me that then says, "Okay, God is definitely intelligent." It takes a pretty intelligent being to come up with a mathematical formula and then apply it to literally thousands of different creations throughout the universe in different scales. It's a pretty intelligent being with a lot of power of course too, but a very intelligent being.

Now I can see, using my limited intelligence that it's not intelligent to fight people. Do you find that it's intelligent to fight people? You bop somebody in the nose and what generally happens? They bop you back and then what do you do, if you still want to engage? You bop them back and what in the end happens? If you're not given a gun, you'll beat each other into a pulp and become so exhausted that you can't even hit each other another time and be hospitalised. And what resulted from the whole thing? Nothing! Now that's not very intelligent and I go, "Well, God's obviously far more intelligent than I am, and I can see that people fighting with each other is not very intelligent." So I'd then feel that that means that God feels people fighting each other isn't intelligent either. God would have more intelligence than I have about that issue. This is without even looking at the issue of love; whether it's loving to fight each other or not. Just is it an intelligent action? No, it's not. It's not something that's clever or logical.

So I find, through this examination, that there are certain qualities immediately through this proof of existence that God has given me of God's existence. One of them is intelligence. I see also a lot of qualities related to love because I see there's a focus even in our human bodies on receiving and giving pleasure. So I see the evidence of love in a lot of creation. The evidence of love is present everywhere. I see the evidence of wisdom.



I see a lot of what are called symbiotic relationships where without a certain thing being created we could not even exist. For example, if there were no trees producing oxygen, we would not survive; there's a symbiotic relationship. There's also a symbiotic relationship in that they absorb what we breathe out. There's a symbiotic relationship in that. We breathe out, they breathe in. They breathe out, we breathe in; it's very symbiotic. And there are so many of these symbiotic relationships that prove wisdom, that prove a relationship between these particular things.

This part of examining God through creations, we see proof of God's existence and we also see proof of other qualities, intelligence being one of them. Love being another, wisdom being another and so forth. Now, this then has established to me that I can have some faith that God is like that. Because I've now got some proof of existence and proof that these qualities exist in the things that I'm examining in creation. This then allows me to have some faith that there is obviously some way that I can start to feel God.



Now the whole reason in the first century why I discovered that I could receive Divine Love was through this entire process that I've just described to you. I went through looking at what I saw around me, and I saw intelligence in everything around me. I saw love in everything around me in the sense of how it was created in its pristine state, not how man destroyed it, but how it was in its pristine state. And I saw all this wisdom. So I then felt very strongly in my heart that God does exist. And by using the small amount of logic that I had because I was very young when I did this, I saw that if God existed and God had intelligence and love and wisdom and those kind of qualities, then it would make sense that there must be some way that I can feel God and there must be some way that God can feel me.

So I made that presumption that there must be some way and then for the rest of my life in the first century I just spent time experimenting with finding a way to feel God. And in that process, I discovered that I could feel God and that God could feel me and then, if I desired to feel God I could feel a feeling coming from God. And along with those feelings coming from God, which overwhelmed me at the time, I had other things come to me, which is what I discussed with you yesterday, in "The Eternal Benefits of this Relationship with God."

6. Gender differences in using logic and emotions to discover truth

Mary:

I have a question that follows on from my initial question.

Jesus:

Does that satisfactorily answer your original one about faith?

Mary:

Well it deepens my experience and it opens me up to more feelings. I think there's some kind of feminine quality about emotion, which means that when you appeal to my intellect I like what you say and it makes sense to me, and it has generated faith in me, but it feels like there is a dominance of emotion inside of me. And the question that I asked was based more on a visceral feeling that I have in entering a new level of faith, one that doesn't rely on my intellect but that challenges my emotion through its existence, through my actions. There's more that I wanted to ask you about this but...

Jesus:

You haven't asked anything yet, babe!

Mary:

No. (Laughs) I'm sorry.

Jesus:

Can I discuss the point you're making? And that is, if you examine God's existence by seeing God's creation, this helps us to examine logic, doesn't it?

SEEING GOD'S — LOGIC
CREATION

Mary:

And I'm aware that I have emotions surrounding logic and I feel many women do.

Jesus:

Many women do, I agree.

Mary:

We're told from an early time we are not logical and we're told that that's a man's domain. And when it comes to connecting with logic emotionally I think it triggers shame and fear inside of me as well, so is this just part of what I need to process?

Jesus:

Well, no. Your original question really is based around are there certain masculine traits associated with certain ways of understanding things and are there certain feminine traits with the way we understand things? And the answer is yes. There are certain ways that the masculine side of the soul treats information in comparison to the feminine side of the soul. Both ways are important for the soul itself, they are not mutually exclusive.

So let me discuss what I mean by this. These are all generalisations that will be made now. Logic is generally treated as something that is more attractive to the male. Men generally feel more attracted to logical explanations than women. And feeling God has to do with emotions, does it not? And generally women process truth firstly by feeling about it rather than thinking about it. So that is a very much a female type of dominant thing to do.



The male half of the soul generally determines truth through logic, while the female half of the soul generally determines truth through feeling

Now, if we think about this as two halves of the soul with a masculine part and a feminine part, can you see that each half is essential for the determining of truth? The logical half is very, very important for the determination of truth and the emotional part is very important for the determination of truth. When I talk about seeing God's creations and examining God's creations, I am then referring and then making some logical inferences about those particular things that I see, but that is still not feeling God. I also have to be open to this more feminine trait if you like, which is to be able to sense the truth through emotions.

6.1. Both logic and emotions are needed to determine truth

Jesus:

Now there's only one problem, and that is, that generally our emotions on earth are very distorted. They are injured and for this reason many people find looking at things emotionally very distorting as well, because the emotions themselves are distorting. Now if our emotions were completely free of any unlovingness in them and completely free of any rebellion and other types of feelings that we had, and they were completely open to absorbing new information emotionally, then can you see that discovering truth emotionally would be a very rapid way of learning the truth about things? But unfortunately on the planet the majority of us are very emotionally damaged and we have emotional injuries and therefore we can't always just trust the emotion as a way of determining the truth.

We have to add together both of the masculine and feminine traits of determining truth to actually determine truth. If we don't do that we're going to have a flaw of some kind. If we look only at logic without feeling at all, we'll eventually end up with some flaws and if we look at only emotion without looking at anything logical at all, we'll also end up with flaws. And this is what's very important.

Now for a woman, because there is an automatic association with emotion, more so than the male, she will find determining truth through emotion an easier proposition than determining truth through logic. And because the male has a more dominant feeling of wanting logic than emotion, then he will generally struggle with determining things emotionally as truth. And what we need to do is address both sets of emotional injuries, our injuries towards logic and our injuries towards emotion, if we're truly going to examine all truth and therefore understand everything about God.

You see there's only two ways we can see something that cannot be seen by our eyes. There's only two ways. It's the same as when we look at the wind. One is by seeing the results of it, which is to do with logic. The other is by feeling it ourselves, which is to do with emotion and feelings, sensations.

Mary:

What I observe in you is that you are able to connect with truth in a logical way, even if it is first intellectually, but that can govern your emotional process, like you can hold truth while you experience emotion. And what it feels like to me is that even though I've thought that I've lived a very mind dominated life, my emotions have governed everything and in fact I'm so emotional it scares me. I'm constantly trying to manage that through my fear. You connect to truth readily and this guides your emotions. I feel that for the feminine aspect....

Jesus:

You're going to have to allow the ready connection to emotion before you will determine truth.

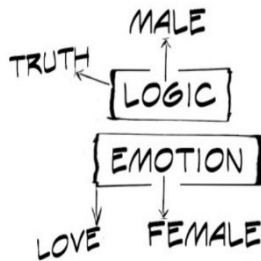
Mary:

Yes and it feels like a connection to love will guide my emotional process whereas a connection to truth has led you to emotion and love. I have to connect to love?

Jesus:

Yes, but love is an emotion. If you think of logic logic very definitely surrounds truth, doesn't it? And emotion, if you look at the most dominant emotion you can feel that's the most pleasurable, it's generally always love. So truth and love are needed in any interaction and also in any investigation. Now for the female, you are going to have to completely open up to emotion before you're going to be able to completely determine truth. For a male, he's going to have

completely open up to logic before he's going to be able to start to determine truth.



Truth and love are both needed in any investigation

So if I'm driving down the road with a male and I say, "That house wasn't built by anybody and that house was also not built by anybody," which is totally illogical, he says, "You're being totally illogical now." I go, "Yes, I am." Right, and then I say, "Well your body was built by somebody too," and now he says, "No that's not true." And I say, "Now you're being totally illogical." If he connects to the reason why he's being illogical, he'll actually work through the situation quite well and be able to determine some truth.

But that kind of discussion generally won't interest the woman as much, and that's because the way in which she associates truth is through the emotion of love. Both halves of this are a part of the halves of the soul. Remember our soul is one complete unit expressed in masculine and feminine form, so we need both halves. The difference between you, darling, and myself is that I am not blocked to my emotions.

Mary:

And I see that. I see that you are quite open to both logic and emotion, absolutely.

Jesus:

I don't have a fear or terror associated with the emotion.

Mary:

Thank you, darling, and I apologise to everyone else if that wasn't relevant but...

Jesus:

No I think it is a relevant part of the discussion in the sense that God has given us two ways to examine everything, and one way is dominantly masculine and the other way is dominantly feminine.

Mary:

Yeah I guess I'm having stronger and stronger feelings about that.

Jesus:

Yeah. And if a person of any gender includes both methods, you will arrive at certainty. It's the same with the wind. I used to use the wind analogy all the time in the first century, and if you go back to that analogy you can see the effects of the wind; there's the logic. You can feel the effects of the wind; there's the emotion; there's the feelings. And if you examine God in the same way you will be able to both see God through logic and see God through feelings.

6.2. Valuing each gender's contribution to discovering truth

Participant:

That's really awesome that you brought that up, Mary, because I've been trying to work this out for a while. In my relationship with my partner the same sort of thing happens where I have a tendency to see things as a way of patterns. I look back and through experience I say, "When this happened last time, this was happening. So there's a pretty likely event that the same thing is happening again."

Jesus:

Yes.

Participant:

"So if we can start from there..." This is the way I talk to her to try to help her.

Jesus:

So you face things through a logical perspective.

Participant:

Yeah, and then I guess I try and make her see in that way too.

Jesus:

So you present her with some logic that she can then work her way through.

Participant:

Yeah, but maybe this is a frustration in me that I don't feel that she can feel that, or she does that same sort of thing.

Jesus:

Yep.

Participant:

She approaches it from a totally different point.

Jesus:

She will. She'll be approaching it from an emotional perspective. This is where each half of the soul can assist the other. So for example, the feminine half of the soul can assist the male to feel about things when he's trying to think about them all the time. So for example, if you analyse things from a purely loving

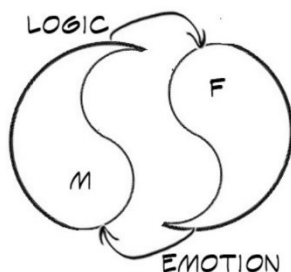
perspective, you can see a lot of truth automatically and you can often see it a lot more rapidly than you can if you examine it from a logical perspective. The truth is that if you make the presumption that love and truth are associated with each other, you can actually see a lot of truth by actually examining what's loving and what isn't loving.

But to do that, you have to be open emotionally. You have to be open to feelings and sensations, and this is where I feel there has been a dominant shutdown of femininity on the planet. Women have been told now for many, many centuries that their having an emotion, a feeling or a sensation is not very trustworthy. They've been told that it's actually lesser than logic in terms of priority. This is why many women on the planet are trying to become more logical and trying to feel less. The problem with doing that is you will find you're shutting down the ability God's given you to determine truth.

So when you're criticised for being emotional, or when you're criticised for being sensitive or feeling things, usually oftentimes the criticism comes from a male. They are not realising at that time that they're actually shutting down the way in which a woman determines truth and the way in which she has a natural ability to determine truth.

When a woman criticises a man's logic, which I see many women also doing, she is not realising in that moment that she is shutting down him from determining truth, through the determination of logic, because that is the way that he is connected to the determination of truth. If instead we learn to embrace the other way, rather than criticise it; so the man learns to embrace the feminine way and the female learns to embrace the masculine way, then in the end we'll have even more power to determine truth. But what we have happening on the planet is a separation between the two methods. The masculine condemns the feminine for their emotion, and the feminine condemns the masculine for his logic. That's very counter-productive.

Because when you look at how we need to see God, we can see one aspect is very logical, and one aspect is very emotional or feeling based and to be frank we need to engage both if we're really going to determine the truth. And so my suggestion is to stop condemning the opposite gender for what appears to be their inability to be like you, because the reality is that both sides of the genders are able to use both methods to determine truth, and need to. We need to honour in the other what is not in ourselves rather than condemning in the other what is not in ourselves. That's what draws you together actually, rather than separating.



***Honouring the other gender's approach to determining truth
draws the two halves of the soul together***

When the male condemns the female for the lack of logic, and the female condemns the male for his lack of emotion, we have separation. When the male loves the female for her emotion and the female loves the male for his logic, now we have attraction. Interestingly I cannot examine my relationship with God without both because God is like the wind. God cannot be seen without seeing the effects or feeling them. So therefore I need both to examine my relationship with God.

6.3. Same sex souls often have an equal distribution of emotion and logic

Participant:

Could you have in a same sex couple, two females for example, one being more logical than the other and the other being more emotional and it's just the exact same situation?

Jesus:

Definitely, although generally in a same sex couple, or same sex soul there will be a very much more even distribution of logic and emotion. Therefore both sides of the soul, and in your case both females involved in the complete soul, will have a relatively even distribution of emotion and logic in comparison to other women. The same applies to a male same gender soul. So when we have a homosexual male couple, there will be a more even distribution of emotion and logic in that couple generally as well.

Participant:

So the fact that it sometimes looks say with a male to male soul that one is more feminine...

Jesus:

One will usually be more feminine and one will be more masculine.

Participant:

And in the female - female one might look really masculine.

Jesus:

Yep.

Participant:

But then my understanding is that some of those extremes of difference are a result of the damage that's come from how society's treated us.

Jesus:

Exactly, yes. So what I'm saying applies to any soul, whether they're homosexual in nature or heterosexual in nature. They are all just really souls in nature, and we just put the labels of homosexuality and heterosexuality upon them. The reality is any soul, which includes you with your other half, which includes myself with my other half; any soul has the ability to determine truth through these two ways, emotions and logic. They're the only two ways available to determine truth that is invisible to us. There are certain truths that are visible to us, we can use our sight, touch, taste, and all other types of sensations to determine truth with, but to determine the truth of something that's invisible to us, we only really have two methods available to us. And these two methods are inbuilt inside of each part of the soul.

But if we're going to embrace logic then embrace logic completely. Don't be illogical with some things and logical with others. And if you're going to embrace emotion, be completely emotional. Don't just try to shut it down constantly and push it away constantly and all those kind of things. Embrace the emotion. Many of you ladies feel you're not allowed to embrace your emotion. If you think about relationships you've had in the past, or relationships you're in, you can see how often you're not allowing even your own embracing of emotion at times when you feel very emotional. You feel self conscious because the guy's sitting next to you watching telly, and you're having a cry, and he's just looking at it and you go, "What's going on there?" These are all emotions that we need to address.

We need to come to accept in the genders that both methods are essentially part of the way in which we have available to determine truth that is not visible to us. And we need to use both methods if we're ever going to be successful in determining the truth about God.

7. Closing Words

Jesus:

Now perhaps that's the time to just have a break I think. We'll have a break for an hour, shall we and just have some lunch and so forth and then I'm happy to answer any questions about this subject or other subjects after the break. Thanks.

Emotional Blockages to God

1. Introduction

Jesus:

Welcome today, guys. We're going to have a very short discussion with you and then we're going to do a bit of a musical presentation for you.

I want to discuss two things in particular with you today. The first thing is where your attention is focused, in terms of what you do in your day-to-day lives, because if we really want to have a passionate and strong life we need to learn to place God first.

Now for most people there are huge impediments to placing God first. And when I say huge impediments, what I mean is that the largest emotional damage that we have inside us individually is actually the damage we have towards God. In a recent talk I did in Bathurst, "Why We Resist God", I explained all the levels of emotional damage that we have in our relationship with God.

2. The emotional cloud of damage we have towards God

Jesus:

This damage is like a great big cloud that prevents us from being able to feel God and God's feelings for us. And when I say a cloud, there are many parts to this damage. For example there's the emotion of self-reliance, which is a part of the damage that prevents us from feeling God and having feelings for God inside us. We also have feelings of rebellion. How many of you feel like you quite frequently have those? Quite a few! So you have feelings of rebellion towards God, towards law, towards God's principles and all those kind of things.

We also have attitudes towards God personally where we feel that God is cruel and punishing. And many of these attitudes come from a variety of sources. The primary source that they come from is our own parents because many times we were punished by them at some point, and many times our own parents have actually treated us cruelly. As a result of that we almost assume that anybody who says they love us is at some point going to be cruel to us. And you know, there's that song that goes (AJ sings), "You've got to be cruel to be kind in the right measure." There's this whole idea that cruelty is a part of tough love. So we start believing that God is exactly the same as that. And on top of that, many people have had cruel and punishing experiences where they believe God to be. I would like to explain why those experiences occur. There is a general belief that God is cruel and punishing. All of our issues we have with our parents, with the other gender are the same issues we have with

God. So if we're male and we have issues with the female, then they are all issues we also have with God.

If we start adding up the long litany of problems that we have with God, it's quite a lot. What happens is there are all of these emotions that form a sort of barrier between us and God. It's a barrier where we frequently can't really feel God at all and unfortunately generally our really strong feelings for God are very rare in our life. We may have periods of time, five minutes here and ten minutes there or half an hour here maybe, where we have strong feelings. Or we have a lot of feelings that God should fix things. You know it's only in the times when we really feel like we're under the weather in our life that we turn to God and try to connect to God. And during those times, generally you could say that we're just really demanding of God. We want God to come along and patch up all the areas of our life that we feel are bad.

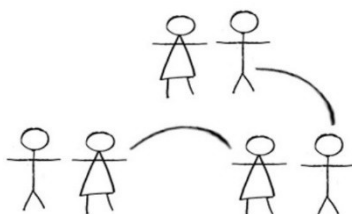
And one of the other things is that God does not respond to addictions. If I have an addiction where I'm rebellious in my life and create a whole heap of negative things as a result of this rebellion and then want God to come along and patch it all up for me so that I can go forth and create another series of rebellions, obviously God's not going to respond to all of that. And so there's this great big long list of emotions that we have towards God; demands, expectations, resistance and as a result of that, and it's like a cloud. We could just call it a cloud of damage, if you like.



***There is a cloud of emotional damage
about different issues between us and God***

So we have this great big emotional cloud of damage. And for the majority of us we try to avoid it intellectually. We almost try to tell ourselves that that's not the case, and that we have the fewest problems with God, for those of us who feel we want to have a relationship with God. But the majority of times we have the greatest amount of problem with God. And that's a big problem.

So there we are, we've got this huge issue with God but we still want to be loved. And we still want to be cared for and we still want to have relationships that are meaningful. So what do we do? Well we start setting up relationships with other people. And in this process we have a habit of setting up relationships with spirit people as well, as a replacement for our relationship with God.



***We use other people and spirits as replacements
for our relationship with God***

What I observe happening quite a lot amongst the group that lives down in this region is that you are becoming quite addicted to the relationships that replace God. As a result of that, it's very, very difficult to enter a relationship with God. You are very focused in particular on the relationships with spirits and what they give you. Many of you believe that you're receiving Divine Love when the reality is that you're receiving addictive emotions and nice feelings from spirits, and you're thinking that that's God.

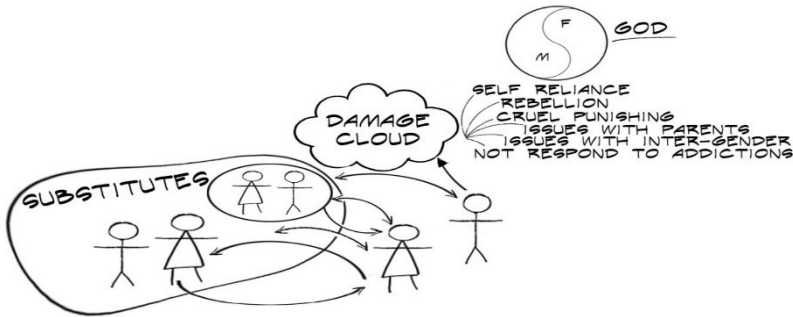
And the reason all of those kinds of things happen is that we're not prepared to address this cloud of damage that we have specifically with God. Because those emotions are the most difficult emotions that most of us find to go through. Most of us like to rebel and we like to be self-reliant and we like to hold onto ideas that our parents are nice when the reality is that many of our parents treated us quite badly. In other words we try to maintain a facade position with regard to our emotional damage with God. And if you try to do that, you will not be able to maintain a relationship with God because God is only interested in a pure relationship with you, one without facade and without addictions.

3. Using substitutes for our relationship with God

Jesus:

When we are focused on avoiding our cloud of emotional damage that blocks us from God, we then start using other people, whether they're people on Earth or in the spirit world, as substitutes for the relationship. Now as you can imagine, none of these people are ever going to be able to give you the same kind of love that God is able to give you. And in fact none of these people are ever going to prove to be reliable either; particularly until they become at-one with God.

So unless one of your so-called substitutes is at least at-one with God, you will find their reliability is automatically going to be in question. God is always reliable. So why would you want to substitute somebody that's unreliable for somebody who's reliable? I'll explain why we do that. The reason is that the substitutes usually respond to our addictions. And it feels good to have somebody respond to our addictions when we desire the addiction to be met.



We can have addictive relationships with our substitutes to God

If you no longer desire the addiction to be met, it no longer feels good when somebody tries to satisfy the addiction. But the majority of us are not willing to confront the addiction, and so we end up in this addictive relationship with people on Earth, where we give them some kind of feelings that they like and they give us some kind of feelings that we like. And the same applies to the spirits in the spirit world. We give them some kind of feelings that they like, or even give them control of our life to a large degree, and they give us feelings that we like, or that we then interpret to be good.

Now in the process of doing this, we set up what I would classify, and what psychologists even classify, as a co-dependent relationship. You all have heard of one of those? And many of you have probably had one of those with a partner or a friend at some point in the past. Now the problem with co-dependent relationships is that they feel good while you maintain the dependencies but as soon as you try to act from a pure perspective, in harmony with truth or love in the relationship, automatically they'll be challenged. So most people set up these co-dependent relationships and they become the only person that this person here on Earth really associates with. And this applies to spirits as well as individuals. We can associate with both groups of people quite readily.

And we finish up associating with the people who supply us with the addiction that we want met. And the test of it is that whenever they do not meet our addiction; our response is frustration or annoyance, or some other level of anger. Now as soon as we have this emotion we know that we've been in some kind of co-dependent addiction with somebody, and they're not supplying us

the thing we need anymore. And when they still don't supply what we badly want, we get angry.

A N G E R

Now many of you are that angry with God because you don't feel that God supplies you the things you need. The reality is that instead of working through your anger with God about that, you've then just substituted in God's place somebody else who will supply you with the thing you need. So now you can feel inside yourself that, "Oh I'm happy with God. I'm okay with God. Me and God get along. That's fine." But in reality the addiction is telling you that you've actually substituted something that you weren't getting from God in the first place; in fact, bearing in mind that God loves perfectly, that you're not even meant to get if you were being loved. And you're saying, "I still want that," and then in the process of still wanting that, you decide to get it from a substitute who's willing to give it. And you set up a co-dependency immediately by doing it with the substitute.

3.1. Substitute relationships keep us away from God

Jesus:

Now because God doesn't respond to our addictions, the substitute relationships are going to keep us away from God. By doing this we're making our own situation or our own connection with God even worse than it was before we began. And we always do it when we're challenged by some addiction within us that we badly want to have satisfied. Instead of having the feeling that it's unsatisfied, and grieving the fact that it's not satisfied, and even questioning whether or not the addiction should be within us at all, we set up a relationship with an individual or group of individuals on Earth, or in the spirit world, who will give us the feelings we're looking for. And now we don't have to confront the addiction and our addiction is getting met and so we're relatively happy. When I say relatively happy, we're not angry all the time because our addiction's getting met. But in fact as soon as somebody withdraws and our addiction is not getting met we respond in anger or annoyance or frustration, or we want to lash out at them in some way or reject them from our life in some way. That indicates that we're still in the co-dependent addiction and we have no desire to release it.

What I'm noticing regularly in my travels down here is that many of you are in this condition. Many of you who believe you're not in this condition are actually in this condition, where you are substituting relationships with spirits or relationships with other people on Earth so that you don't have to go through this damage that you have with God and actually have a deep relationship with God. The problem with that is that you can believe you're on the path, the Divine Love Path as many of us call it, or believe you're on the

Way to God, and in reality be in total stagnation, believing at the same time that you're actually progressing.

Now a person who's progressing changes noticeably to every single person around them. They become more loving in their actions with every single person around them. They also become more truthful in their actions with every single person around them, without feeling angry, frustrated, demanding or any of those other kinds of emotions. They become less angry, less frustrated, less demanding, less expecting of another person as they progress. That is the measure of progress. You'll just see love as the thing growing in the person and if that isn't happening you'll actually see love being sacrificed all the time. And this is also what I see happening for many in this area when you get together with each other. You sacrifice love, you sacrifice truth and love for the sake of the addiction that you want met with the individual.

LOVE

And each time you do that, you're just allowing this cloud of damage between you and God to grow bigger. And if you wish you can fool yourself that you're progressing towards God while that's occurring but all you're going to receive is nice feelings from the people with whom you're in an addiction. That's all you're going to receive. And to be frank after a while that's going to feel very flat and unsatisfying. That's the way it's going to be.

Would you like to ask some questions about that? Or have I just stunned you all into silence? (Laughs) Do you notice when I raise some issues like this, one of the emotions that gets triggered is, "I'm getting told off now." You notice that emotion come up, yeah? It's a good emotion to address, isn't it?

3.2. Using addictions to avoid emotions - the example of daydreaming

Participant:

I've got a very strong addiction that is about withdrawing; I go into a daydream. I've always been a daydreamer. Would that be to do with some spirits as well? Because no matter how hard I try to stay in the now and be with my feelings, I can't get past just crying. I can't get any deeper than that. I get drawn away to thinking about something else.

Jesus:

It's the emotions we judge, Terry, that are the emotions we withdraw from. So for many of you ladies, for example, you don't judge grief as much as you judge fear. And this applies to many men as well. And shame is judged most of all generally, whether it's sexual shame or just personal shame, humiliation. We judge those sorts of emotions a lot. And with the emotions that we judge the most, we have the strongest tendency to withdraw from using some method.

Now for some of us the method is to go out of ourselves, away from ourselves. That's a very common method that's used in society, just make out you're not there and have a daydream and everything's fine after that. You don't have to focus on the emotion.

Some of us like to be engaged with people. That way we don't have to feel any of our own emotions. Some of us like to eat because that's a great way of avoiding a lot of emotion. Some of us like to smoke or to drink or take some kind of physical thing that causes an addiction rather than address the emotion. It just depends on the methods we choose and the methods we choose depend on the judgements we have.

For example if I'm a sad person but I hate smoking, I'm never going to choose smoking as a way to avoid my sadness. But if I'm sad person and I don't mind the occasional drink, then I'll definitely choose drinking over smoking as my addiction of choice. It just depends on the judgments I have towards the particular thing.

Now for many of us, we have strong judgements about a lot of different emotions. We have strong judgements of anger, we have strong judgements about fear. We have strong judgements about shame. And because we have those judgements whenever we start to feel one of those emotions, fear, anger or shame, we then go into this place straight away of avoiding ourselves. Now as soon you go into a place of avoiding yourselves, you're going to have lots of different people around you, both on Earth and in the spirit world, who like to use that position. And for spirits it's very easy. They can then use your body while you're daydreaming. They can enjoy a bit of time on the Earth while you're out of your body trying to avoid some kind of emotion.

So my suggestion is to make a list of all of the fears and all the judgements about emotion that you notice inside yourself. If you do that, you'll allow those emotions to be present without so much judgement. Now there's a difference between allowing it to be present and acting upon it. If, for example, there's an emotion of anger within you, if you allow it to be present, you'd say, "Yes I can feel I have this terrible anger and rage with Peter. I can feel this anger that I have. But I can't feel why it's there." So you're going to have to allow yourself to feel it. But don't ring Peter up and say, "Look I'm really angry with you because..." and off you go with him, because that's now just dumping your rage on another person, which is damaging.

But you can feel it. You can just go, "Okay, I'm feeling it, there's got to be something underneath this anger that's causing me to feel the way I feel." Because if I were in a state of love I wouldn't be angry, would I? If I were in a state of love. So there's got to be something inside of me happening. And if you can allow yourself to be self-reflective in those moments when you, Terry, go away from your body, the moment just before is the trigger point. Whatever you were thinking or engaged with right before that moment is the thing that

I would hone myself down onto. And I'd go, "Okay, something in that discussion that I was having, or that event that occurred, just before I went into a daydream, that's the thing I want to avoid. That's my addiction. I want to avoid that particular thing. I use my daydreams to get out of having to feel that."

Participant:

Yep. Thank you.

3.3. Living in addiction damages ourselves and others

Participant:

With what you said before with addiction and not going through the damage cloud to God, are you saying that while we are on the path or while we think we're on the path, we're actually doing more damage to our soul and to others too?

Jesus:

Yes.

Participant:

The reason is that I read "30 years amongst the dead" and Madam Blavatsky is one of the people who come and she's very much regretting her teachings. She's trying to help people know the spirit world, to undo the damage she has done.

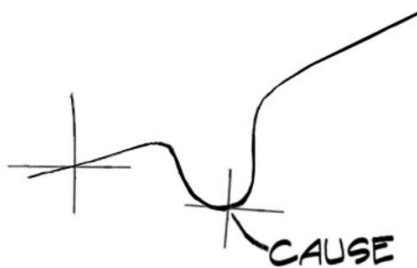
Jesus:

Remember that every single choice we make to engage one of our addictions usually involves at least one other person. Whether that other person is a person on Earth or in the spirit world is immaterial, it's still another person. Because in order to get an addiction met, we need the interaction with one other person generally. Now any time we engage the addiction we have within us, we are automatically harming the people around us. And we can say or try to convince ourselves otherwise but it's impossible if you look at it. Even personal addictions. For example, let's look at Terry's addiction of the daydream, which sounds like a pretty innocent addiction, doesn't it?

But every time he steps away, he's stepping away from his relationship. This is going to have a negative effect on the relationship at some point. He's stepping away from his connection with himself, which means he allows spirits to use him when they shouldn't ever be allowed to use him. He's also stepping away from his connection with God, so therefore he will never benefit from God in that place of day dream. So there are quite a number of people he's damaging besides himself. And that's an innocent addiction. Once we get to some of the more comprehensive and difficult addictions like rage and anger and what they cover; they're all addictions, they're all telling us addictions are not getting met. Once we look at those addictions - it's an

addiction to avoid our terror and our fear, for example. Quite often we will do some very damaging things to other people and therefore damaging things to our own soul.

So in the course of a day every time you're feeling frustrated and angry with someone without looking at what the cause is, and feeling justified in the action towards that person, you are damaging your soul further. You can say you're on the Divine Love Path but in reality, if we look at a scale of what's actually going on in terms of our progression towards love, this is what's going on. In a course of a day we start off here at this point and then we do some loving things and we do some more loving things, we're slowly improving in our condition, but then all of a sudden we're just in this terrible rage with somebody and we dump it on them. And it doesn't matter even if we don't say it to them; the fact that it's coming out of our soul, that it's aimed towards them is already dumping it on them. And they might have something in them that allows it, sure, but at the end of the day it's our rage and so all of a sudden there, our soul condition went like that.

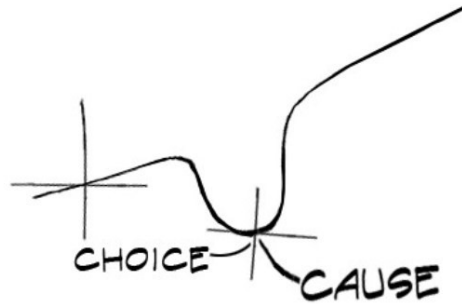


***During a day we can grow in love until we get in a rage;
if we address the cause of the rage we can grow significantly***

3.3.1. Choosing to address unloving causes within us improves our soul condition

Jesus:

Now we have the opportunity here to address the underlying cause as to why we did that. And if we did there's a chance of us making a big recovery in the same day. But for the majority of us we don't do that because we justify our rage and our anger and of course we have a lot of spirits around us who want us to justify our rage and anger because they like seeing you get dark and grumpy and angry. They like this whole concept of destroying you; many of these dark spirits that surround you want you to go darker every day. Because they want you to be like they are.



***A loving choice to address the cause of unloving behaviour
can improve our condition markedly***

And so at this moment of rage, when our soul condition degrades, you have a choice. Now you have a choice to confront the addiction at that moment. You've just seen your own behaviour. You know it's not loving, you have a choice to confront the addiction in that moment in a true emotional manner, and actually make a huge recovery even in the same day in terms of your soul condition, because you could actually release the cause. Once you've released the cause, you're going to make your soul condition improve markedly in the course of that day.

But for the majority of people at this point they make the choice to justify their addiction, to justify their rage and anger of not having their addiction met, and as soon as you do that you have made a major negative step in your progress. You've made a major degrading step in your progress. Now if this is the path that goes to God, this downward direction isn't a good path to choose at any time. It's never going to be a good path to choose, it's always going to create more unhappiness and more unloving behaviour in you and also around you towards others. When you're unloving towards others what do you notice? They also have a tendency if they're not developed to then be unloving with you, of course. Because this is what unloving behaviour does, it engenders even more unloving behaviour.

And so we end up degrading our condition. Now in the same moment we can go, "Oh yeah, I've heard about the Divine Truth and I've heard about God's Way of Love and I've heard about all of the principles about the soul and all those kinds of things. I know all of that." And I suggest to you, if you're doing that, you know nothing, because to actually know something you'd be changing your heart to not justify the addiction. So every time you say or convince yourself that you know things, that you know something about truth, and yet choose to take an unloving course of action when you're faced with an addiction that is being confronted, you are in that moment choosing to be unloving.

3.3.2. *Choosing to be unloving and to not confront addictions degrades our soul condition*

Jesus:

And if you choose to be unloving every single time an addiction is confronted your soul can only degrade in its condition of love. It can only go down. It can't go up. The only way for it to go up is to notice our unloving behaviour when the big event occurred that triggered our unloving behaviour, to actually want to see the cause without blaming anybody else and without trying to even enlist anybody else's assistance to do so, because this is personal growth towards God. This is something that we are personally responsible to do. Nobody else is personally responsible to tell you anything about how you've been loving or unloving. Nobody else is responsible for your life. Nobody else needs to tell you every single moment you've been unloving. When you say, "Oh yeah, okay, I can see that I've been unloving," and then you go to them, "Well why was I unloving?" - Well they don't even have a responsibility to tell you why. They've only got to be responsible for their own selves and finding out why they've been unloving, if they have at any point in time.

So if we focus on the cause we have great potential in every event to have a major change of our condition, a major change. Once we've released the cause, now our soul has jumped in its standard way of operating, in terms of a condition of love. There's been a growth in the course of this day. And this kind of growth, once you release the cause emotionally of why you do something, that kind of growth is permanent because you'll never do the same negative thing again.

The reason we often do the same negative thing each day or each week or each month is that we're yet to release the emotional cause as to why we choose to do it. Once we've released the emotional causes, why we choose a negative course of action, we will never make the same choice again. We'll have learnt all the lessons involved with that choice and we'll never make the choice again. If we make this change or transition every single person around us will notice, "Wow, you know every time I went up to them before and I said a certain thing they'd always be angry. Now I can go up to them, say the same thing. In fact I can go up to them and almost say anything and they're not angry." And so that indicates immediately to every single person around you that there has been some sincere and real change inside of the individual.

And so I feel what's happening to a lot of people, Rita, is that they're making progress to this point, they think they're doing well in the course of a day. Then something inside their soul attracts an event, and the event causes them to act badly. They act unlovingly. Let's define badly as acting unlovingly. They act unlovingly but now they start to see the results of the lack of love. And now, in that moment of seeing the cause, the addiction they have that they want met,

that's the point of time that they could change. They can make a different choice.

Many of us are not making a different choice. We make the same choices we've always made. And because we make the same choice we've always made, we just degraded our condition a little further on that particular choice. So we can tell ourselves or convince ourselves that we're on a path to God, while at the same time being on a path to self-destruction. Just because we know things in our mind, it means nothing if our heart isn't getting changed. If our heart and our actions are not changing then any mind-based learning is really pointless. What's the point of coming along to sessions learning about the soul, emotions, God, the universe, how all that works, if there's no change inside of the soul that causes you to become a more loving individual? There's really no point. You want to ask some more?

Participant:

Yeah. The second part of the question is that I sometimes think maybe it is better not to tell everybody about the path because they don't really know the consequences.

Jesus:

(Laughs) So you're saying that God's path is flawed? Basically this is what you're saying; that God's path is flawed because there are consequences that are not very nice and so it's far better to not tell people the truth about God or God's path just because you're having trouble individually practicing it. Can you see some problems with that reasoning?

Participant:

Yeah, but if I tell people and they think they're on the path, but instead all they do is really meet their addictions, then they are degrading their soul even more by being on the path now, with the "path" in inverted commas.

Jesus:

They're not degrading their soul even more. They've always been having these addictions in the past, haven't they? Most of our addictions get established by the time we're seven years of age. From the time we were seven years of age we've been engaged in fulfilling the majority of our addictions that were well-established by that time of that age. So bearing that in mind, any person who comes along who listens to the Divine Truth who's 25 or 30 years of age has been practicing their addictions for at least 14-21 years. That person who's 27 or 28 years of age, for 21 years they've been practicing their addictions already. They've already been degrading their soul for 21 years.

Participant:

Yeah but now they're doing it on top of being on the path. Do you know what I mean?

Jesus:

No, I don't.

Participant:

They're not just degrading their soul by being normal...

Jesus:

No, you're justifying unloving behaviour by saying it's far better for somebody to be ignorant than it is for somebody to know the truth. I don't agree with that ever. It's never better for somebody to be ignorant than for them to know the truth.

Participant:

I can't do any damage to my soul and to other people by spreading the word even though I might be in error?

Jesus:

Certainly you can.

Participant:

So what do you do then?

Jesus:

Practice the truth, do it right! That's what you can do. What you're trying to do with me is justifying doing it wrong. That's what you're trying to do, and I'm saying, "No, don't do that. Practice the truth. Look at this cloud of damage you have with God and start working your way through it sincerely." Don't go, "Oh, I've got a cloud of damage with God. Oh well. That's the way it is for the rest of my life," so that's what I do. I ignore that cloud of damage with God and I go, "Wow, now I've got this damage with God and I know it's there, I can feel it's there and I can see it's there, now that I know that it's far better for me to just not tell anybody else about the truth because they might have a cloud of damage with God that gets exposed," and I feel very uncomfortable about telling anybody.

Participant:

Yeah that's exactly what I'm thinking.

Jesus:

Exactly!

Participant:

And wasn't saying.

Jesus:

And it's very, very flawed isn't it? Because at the end of the day we all need to confront this cloud of damage we have with God if we're ever going to be happier than we currently are. Now, many of us go, "Oh, but I'm not perfect yet, I'm a work in progress." If I had one dollar for every single time I've heard

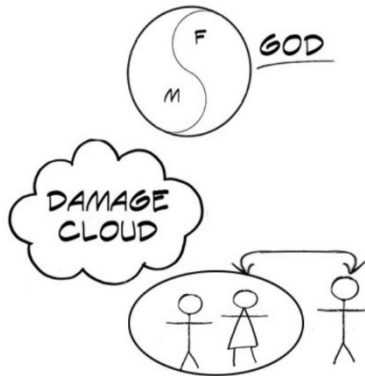
from somebody that they're a work in progress every time I've pointed out an unloving behaviour, I would be a multi-millionaire. Over the period of my life, I'd be a multi-millionaire just from one dollar from every one of those persons.

You'd be surprised how much we desperately want to justify maintaining our addictions. If you look at our day-to-day lives, we desperately want to justify maintaining our addictions most of the time because whenever somebody points out one of the addictions, generally we get angry and upset with them. So that immediately tells us that we want to justify the addiction. And we desperately want that, and I'm going, "Why do you want this? This is never going to result in happiness."

3.4. AJ's approach to his cloud of damage with God

Jesus:

Can I explain to you how I approach my own relationship with God? It's really very, very simple. I've still got some cloud of damage myself, in this relationship with God. That's me there, same as you. Here's little old me, with this cloud of damage in my relationship with God. There's only one difference between what I do with it and what you do with it. Only one! Do you know what it is? I refuse to get the addictions met by third parties. It's really quite simple.



AJ refuses to enter addictive relationships with people in place of his relationship with God

These are the third parties, whether they're on Earth or in the spirit world, it doesn't matter where they are. They're just people who are willing to meet your addictions because they have addictions of their own that they'd like you to meet. The only difference between me and the average person is that I do not allow myself to enter these addictive places with people. I have some personal ethics about doing that, because I know the big problem with me entering this addictive place is that I'm just going to be avoiding my damage cloud if I do that.

So what I feel is this: My relationship with God is my number one priority. Anything that's unfulfilled in that relationship with God is grief that I need to feel. So any unfulfilled emotion that I have in my relationship with God, I need to work through something to feel it. I need to work through something emotionally to feel it. If I engage in addiction with one of you, rather than feeling that emotion, then I have missed an opportunity that God has just given me to get closer to God in the event that has occurred. I've just missed the opportunity.

A part of being humble is to trust God that if you sort things out with God, everything else will get better as a result. The problem is that the cloud of damage tells us that that is not true. So inside, the majority of us do not believe that if we sort things out with God our entire life will get better. Instead we try to sort our life out without God. We substitute other relationships for the relationship that would benefit us the most because we're unwilling to work through our issues with the person with whom our relationship will be most benefited.

3.5. Being on the Divine Love Path requires us to work through our damage cloud with God

Jesus:

And so we're just creating this problem for ourselves. We believe we're on the "path towards God" but the reality is that you can't be on the path towards God just by having a heap of intellectual knowledge about the path towards God. You can't be on the path towards God by just having the knowledge. You can listen for years to Divine Truth and still never be any closer to God. To actually be closer to God, there has to be some sincerity to work through this damage cloud, this cloud of emotional damage and belief systems that we have towards God. We have to have some sincerity in working through it if we're ever going to be closer to God than we currently are.

Now if there is no sincerity in working through that, how can you say you're on the Divine Love Path? You're not on the Divine Love Path. You've heard about the Divine Love Path. There's a big difference between hearing about it and actually being on it. Remember in the first century I said, "The way to God is a very narrow, confined way." Very narrow, very confined. The reason it's narrow and confined is that God does not meet a single one of your addictions. God is also going to refine you in this process of working towards God. And if you're not willing to embrace the process of being refined, and you desperately want the addictions or co-dependencies to be met with somebody else, then of course you can talk about all the Divine Truths that you have learned intellectually, but very few of them are ever going to enter your heart until you put the principles into practice.

And I suggest to you that if you are constantly getting your addictions met you'll never get a single step closer to God, whether those addictions are physical in nature, like food or alcohol or drink or drugs or anything like that, or whether they're emotional in nature, which is sometimes more insidious. Emotional addictions are far more insidious because a lot of the times we don't even notice them at all. And we'll never get a single step closer to God while we hold on to these addictions.

3.6. Relationships with spirits can be beneficial when they are not addictive

Participant:

I came up to Armidale about six months ago and that was a guided thing for me. So spiritual relationships are good in a lot of ways.

Jesus:

They are. I agree.

Participant:

And that's one of the reasons I'm here, because I was guided to be here and guided to do things. And then things are falling into place.

Jesus:

Exactly! So I'm not saying, "Don't have a relationship with spirits". Definitely having a relationship with any person is always a great thing. But not when it's in an addiction, not when it is satisfying co-dependencies that are helping you avoid the cloud of damage you have with God. There are many people in the audience who are doing that with spirits at the moment. They have these co-dependent addictions with spirits where the spirit gives them a nice lovely feeling and then they feel good about themselves and that's just helped them avoid some of the issues they have between themselves and God.

Participant:

I actually find that when I get to a point where I am angry or whatever, as soon as that happens the darker spirits come in and then I know exactly that I've got an issue to sort out, and that's when it starts. And it took me a long while to work that out.

Jesus:

Yep. Well that's awesome.

Participant:

It's hard, but you do get there.

Jesus:

Yes. So sometimes you'll have a certain trigger or an event in your life that occurs and all of a sudden this darker spirit who's in a rage comes to you and you know, "I've attracted him, so there's some reason why. There's something

in me now that wants his justification or wants some co-dependent thing going on with him. And what is it? I've got to find it out." It could be that I'm terrified of him. That might be something I need to work through. Or it could be that I love him being with me because he makes me feel strong, and he makes me feel like I can get on with life and angrily work my way through life. Whatever the reason is, it's great that we have a relationship but it's not great that we substitute this relationship for our relationship with God. So I don't see any harm in a relationship as long as we don't use the relationship as an addiction.

Participant:

An excuse.

Jesus:

As an excuse, yep! And this is where a lot of times I see people who say they're on the path towards God, on the Divine Love Path, shall we call it, or the Way towards God; quite often they are avoiding God like the plague. And instead they are trying to get all of these addictions met from everybody else, even other people who say they're on the path towards God.

And many times I see these co-dependencies being created rather than people actually purely embracing the principles of truth that will help them get through this damage cloud, which in the end will have them feeling a very close bond with God. So close that you can become at-one with God in all the ways you act and feel. And everyone around you will notice that. Everyone around you will notice the changes that are being made when you're on that path.

With co-dependent addictive relationships, everybody patting everybody else on the back and going, "Isn't it so wonderful, we're all doing so well," none of them are growing at all, and none of them actually have a close relationship with God. That's very damaging. So we need to be very careful we do not choose to use our relationships in a co-dependent manner. That even applies to our relationship with our partner, our friends, our acquaintances; and whenever we go to a group of any kind that we're not immediately involved in trying to get some kind of addiction met in the group.

And many times with many people I see this happening when I come down here. It is an issue that you face here of trying to get these co-dependent addictions met through these inter-relationships, which is just avoiding the damage cloud that we need to address if we're ever going to be close to God.

4. How to identify when we're in an addictive interaction

Participant:

I'm curious as to how I can practice this in my life. If I'm in communication with someone and I catch myself being unloving, how do I practically put that into practice? Do I stop and communicate that I'm being unloving to the person?

Jesus:

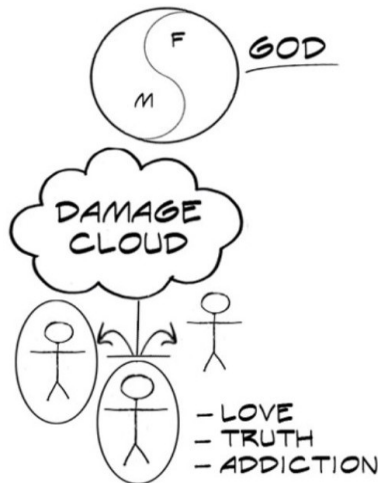
Often when in the situation you don't realise, do you? And then it's afterwards you go, "Oh dear, there I was again," you know.

Participant:

True.

Jesus:

So you can't really make rules about how to do it. But can I make some suggestions? Firstly, we can discuss love and what love is. And then there's the issue regarding truth and what truth is. And then there's the issue of when we feel good but we're not in harmony with love and truth, and that's called addictions. That's when we're not in harmony with love and truth but we feel good anyway; that's when we're getting some kind of addiction met.

***Interactions with others can be in love, truth or addiction***

Now perhaps initially we're going to have a lot of difficulty in determining what loving behaviour is. But if we allow ourselves, we can be far more open to what our emotional addictions are. In any discussion with a person you can generally tell whether you are in an addiction with each other just by how you feel when you walk away from the discussion. When you walk away from the discussion, how do you feel? Do you feel emotionally depleted? Because if you feel emotionally depleted either there is something in yourself that you're not facing, that causes you to try to go into intellectual denial about, which suppresses you emotionally, or there was a 'taking' from you going on by the other person, which means you were prepared to give something to them that they wanted and that caused you to feel exhausted.

So it can be quite easy to tell after the event. My suggestion is that every interaction you have during the course of a day, ask yourself the question, "What am I feeling in this interaction?" And after the interaction is finished,

what do you feel? Now if you're in addiction and you have an interaction with a person in truth, you'll find you probably feel angry with the interaction, because you want the addiction met, and they're not meeting the addiction. In terms of the way emotions are handled, we've got our grief. We've got our fear, and most of times these are belief systems that are false that stop us from feeling our grief. Then we've got our addictions. And our addictions are belief systems that are false that stop us from feeling our fears.



Layers of emotions that are within us

Now when our addictions don't get met, the majority of people either go into one or two different states. One state they go into is denial. In other words they say, "You know, I just don't get along with that person. You know, they're a nice enough people but I don't know if I really want to spend much time with them." And why would we feel that way? Most of the time it's because there's a certain addiction not getting met, but we deny it. They don't cause us to be angry, but they cause us to go into a state of denial. The other state we go into is that we get angry. If it's a big addiction that we have, generally we'll get angry.

Say in an interaction with somebody, somebody brings up some truth with us. Remember that truth is the only way fear will be confronted. So you need this truth before you can grow, because the only way fear - false expectations appearing real - gets confronted is through truth. But you get fed the truth and because it's not a nice lovely emotion you're getting along with it, it's not a nice feeling from the person that makes you feel all warm and fuzzy, you get angry with them. That's telling you immediately that your addictions are being confronted.

So to tell in an interaction with any person or anything around you in the course of a day (and by the way you can have a lot of interactions in nature that can cause you to get just as angry as interactions with people) - if any interaction causes anger inside you, you know there's got to be a big addiction in there that you're covering in that moment.

Now to notice it you're going to have to be sensitive. That's the key; to be sensitive to your own feelings emotionally, to be self-analytical and questioning of yourself. After a while you won't have to do that because as you

progress and as you emotionally release more and more of the causes of things, every interaction becomes a lot more perfect with each person. And you don't have to think about what actually happened in the interaction because you're automatically in a greater state of love in every interaction. But when we start we're not like that, we're in all these addictions that we've had since a very, very young age. Most of us have had these addictions for 20, 30, 40, 50, 60 years. How many of you are in your 80s? No 80s? Any 70s? So you've had these addictions for 60-something years. That's a long time to have an addiction, isn't it? So you know obviously it's going to be tough confronting them when we've lived in them for that long.

And by the way there are many spirits in the spirit world who have been in the spirit world for thousands of years and still in addictions in the same way. They've had thousands of years of their addiction without dealing with it. We don't want to be like that. We want to be in a more progressed state of love than that. So my suggestion is to be sensitive and self-analytical with your own emotional feeling whenever you are engaged in anything. Stay connected with yourself and how you feel and analyse how exhausted you feel. Do you feel tired? Do you feel exhausted through the interaction? What else do you feel in the interaction? What other feelings do you have? Do you have any frustrations, or annoyances that you just covered over? You know, in almost any discussion with a person, you can be truthful and honest about what you feel.

Now in this audience I could point out interactions that many of you have had with each other that I can see plain as day. For example even when a person's walking up to you to have the interaction you already want to run away. There's many interactions I see happening in the course of the times down here where I see one person walking up to the other person, and that person's going, "Not me! Not me! Not me! Not me!" (Laughter) Already they're in a feeling of not wanting to be involved in an interaction with that person.

4.1. An example of how to behave lovingly when an addiction is identified

Participant:

What do they do in that situation? Do they stand there and own that and say, "I don't want to talk to you," but in a loving way?

Jesus:

Yeah, you say, "Look..."

Participant:

"I don't really want to talk to you at the moment."

Jesus:

Yeah, the person comes up. So Matty, you come up to me. Come up here. Now Matt's often in a bit of neediness with me, aren't you, mate? Yep. (Laughter) Perhaps we can grab that microphone so Matt can talk into it. So, Matt walks up to me.

Participant:

"Hey, Jesus."

Jesus:

And says, "Hello," and oftentimes I'll give Matt a big hug. And then I just say, "Matt, I can't do anything more with you right now." And Matt goes, "Why?" And I say, "Because there's just so much neediness coming out of you towards me that I don't even feel like I'm getting the real person here, right at this moment. And it feels overbearing for me. My dear brother, if you can just go away and work your way through that, then we can have some kind of relationship."

Now if I'm over here and Matt's walking up to me, and I'm going, "Argh. He's just going to be needy again and it's just terrible. Argh." And then Matt says, "Hello, AJ." And I say, "Hello, Matt. How are you going?" What's happening now?

I'm meeting his addiction.

Participant:

Yeah. And I'm starting to feel good then.

Jesus:

You're starting to feel good. I'm feeling worse because I have to be fake in my interaction with Matt. I'm having to act all cheery when I'm not necessarily feeling all cheery and I'm just feeling like, "Oh I'm a bit overpowered by the neediness coming out of Matt," and the feeling in me is like, "I'd just like to try and get away." But because I feel like I should be "polite", I go, "Oh yeah, how are you going, Matt?" And we talk about this and talk about that and we have a half an hour discussion which is unfulfilling for both of us generally and then Matt walks away and goes, "I wonder what that was all about?" And I walk away going, "I know what that was all about, and I just avoided a whole heap of things in that."

And it hasn't benefited both of us. But I can be loving and truthful with Matt and Matt and I have this relationship where Matt comes up, I give him a hug and say, "Great to see you my friend. Can't talk to you anymore now though because there's so much neediness coming out of you!" And sometimes Matt even comes up to me and says, "Yeah, I know, I can feel it again!" (Laughter) And off he walks even before we get to have the hug. Don't you?

Participant:

Yeah, I do.

Jesus:

So he knows there's an addiction there at least. At least he knows. Now if I pander to this addiction, if I were self-reflective I'd come away going, "Okay I'm feeling a bit tired from that interaction with Matt. Obviously I'm willing to give him his addiction. There's got to be some reason in me that causes me to be so willing to not be honest with Matt, and not to be honest about how I'm feeling. There's got to be something going on." And it could be that I'm addicted to just looking good. And I don't want Matt to think that I'm bad. And so I go, "Oh, I can't tell Matt that, because otherwise Matt will think that I'm bad and I've got this lovely addiction that I want everybody to like me." And so then I engage the situation, "Oh Matt, how are you doing? Isn't it great? Good to see you." We talk about all these nothing things for the next fifteen minutes or so, and in the end myself and Matt have not benefited from that discussion. In fact if you look at it, I have just engaged a potential soul injury being exposed and in the same moment denied that I have it and denied my opportunity to address it. I've denied my opportunity to become more truthful.

Participant:

Both of us too.

Jesus:

For both of us. And I've denied Matt's opportunity to actually understand what is coming out of him. I've denied him the opportunity to see himself as he truthfully is from the perspective of how somebody else feels. That's what I've done.

Participant:

Thank you.

Jesus:

So some kind of self analytical action needs to be taken.

Participant:

And a willingness to be honest at all times.

Jesus:

Yeah. Most of us have so many addictions to other people liking us that we're not willing to be honest and truthful people in a loving manner at all. Not in a loving manner. It only comes out when we're in a rage and then we say all these words which we later regret, but the reality is that most of the time we feel them anyway, we just never say them. And the reason it comes out in a huge ball of rage is that we don't honour them when those feelings are actually present.

And bear in mind that I could feel something else from Matt and I could have a problem with that. I might want to feel that Matt likes me, and so I'm unwilling to be truthful about what else I feel as a result. I might want some feelings from Matt that are unloving towards Matt as well. And I need to have a look at that in this process. We've all got this damage cloud and the only way

to deal with it is to stop our addictions. We need to stop the addictions with people because then they all get exposed and then we start seeing what we actually have with God.

Participant:

Then we have a clear path.

Jesus:

Then we have a much clearer path to God. Once we start rubbing out this damage cloud, once this damage cloud gets thinner and thinner and thinner, obviously we have much more opportunity to know God, to understand God, to feel God, and for God to feel us. Since we've got a lot of very heavy emotions about God, God's going to be going, "Yeah I don't know if I want to feel that one from her. That one can stay with her." Every single time we have any emotions towards any individual, including God, obviously those people feel it. You feel each other well enough. Like if Matt comes up to you and he has a feeling of neediness, you know when he's needy, don't you? Straight away.

So surely God knows. If you know, God surely knows that emotion. And that emotion is preventing the relationship with God. Once we work through the damage cloud we have a much better opportunity to have a relationship with God.

5. Becoming God-reliant

Participant:

AJ, I feel like I have no concept of how to be God-reliant. I feel that I learned as a child how to take care of myself in a practical way and that I was the only person who could do that. And so I've done that and it hasn't worked very well. But nevertheless I feel like I don't know how to be God-reliant.

Jesus:

Let's address the two issues. The first issue is, you said you've become self-reliant, but it hasn't worked very well.

Participant:

That is very true. In the last week, I went, "You know what? I've been taking care of myself, doing everything for myself. I'm the only one that knows what to do for me." That type of thing. Not allowing. And I went, "Gosh this is really not working."

Jesus:

And it hasn't worked as well.

Participant:

And I don't know what to do now. And I was thinking, "Yeah, maybe God-reliance is..." I don't even know what that is or how it works or anything.

Jesus:

Well what I've found with God-reliance is that firstly you need to understand one basic truth, and that is what you're coming to terms with right now. That truth is that it's impossible to be self-reliant and to be completely satisfied. Actually it's impossible to be self-reliant and do a very good job with it as well. And that even applies to everyone who becomes perfected in the spirit world. It's still very, very difficult because they miss out on all of these beautiful joys as well. We need to acknowledge that self-reliance is not, in the long term, going to be very beneficial. Most of us have tried it for a long enough time and know that it's not that successful.

5.1. Every event in our lives is an opportunity to get closer to God

Jesus:

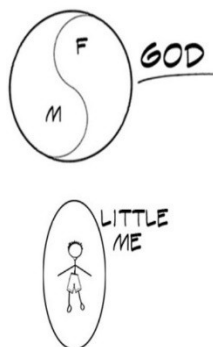
So then we go into this idea of what is God-reliance? Well, I'd love to give a talk in the future about God-reliance and what that is completely. But if I can give a bit of summary for you, this is how it feels for me. I trust that everything that God brings me in the course of one day is an opportunity to get closer to God in that day. Everything. So that includes every negative event. Every event that makes me unhappy is an opportunity to get closer to God as well. See most people get the negative events and they have a good yell at God, and say, "Why have you brought me this negative event?" Not understanding that these negative events only really occur, in terms of their responses inside of themselves, because they're out of harmony with love or truth in some way.

So the way I see it is that every single event is a positive event bringing me closer to God. The way it feels to me is that every single event gives me an opportunity to make a choice of engaging my relationship with God or of avoiding it. Every event! Every interaction I have with each one of you is an opportunity for me to either engage my relationship with God or to avoid it. Now the reason I've learned to be so truthful with everyone and so honest and straightforward with everyone is that I feel myself getting closer to God every time I do it. It's not because I believe it's the right way.

5.2. AJ's experience in becoming God-reliant

Jesus:

Many people believe that I believe that what I'm teaching is the right way. Can I explain how it actually feels for me? And this has been the case over my last two thousand years, so it's been a well-established way. This is the way I see myself. This is little me. In comparison to the infinite God that I wish to connect to, I am this finite being who started out in my first century life very, very tiny and who has grown just a little since then in comparison with my relationship with God and who God is, and what God's capacity is. So little me is there trying to discover truth.



AJ views himself as “little me” in comparison to God

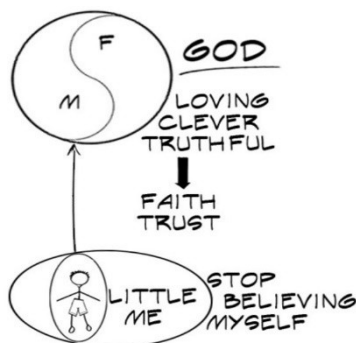
And what I've learned is that God can be trusted in every single aspect of my life. And in the first century I was quite young when I felt this feeling. It began with a logical thought for me, in the sense that I used logic to look at the universe around me and see the love in the universe around me, and I observed that humans were different to the love that I observed.

That is, instead of looking at humans and judging God through my relationship with humans, I looked at the rest of the world that was less affected by humans and then looked at what that told me about this God. And what that told me, firstly intellectually, was that this God was more loving than any other person that I had ever met. It wasn't a feeling yet, it was just logic. And also I noticed in the first century that this God was cleverer than any person that I'd ever met. And this God was more truthful than any person I'd ever met. Because I noticed around about me this automatic reflection of truth in my environment of every single person when something happened and that caused me to believe that God was more truthful than any person I'd met. And that caused me to have some faith, the quality of faith, and the quality of trust, that God was the being that I could trust above all others. Even above myself.

5.2.1. Trusting that God knows better than us

Jesus:

In other words, I started realising that the way that I could grow was not by trusting myself but instead by first trusting the God with whom I wanted to connect; first trusting that God was loving, that God was truthful and more clever than I could ever imagine. And then I could trust that because God was obviously more loving than any other person I'd ever imagined, God had more desire for me to learn from God than any other person had any desire for me to learn. And so I engaged this process with God where I stopped being hung up on what I believed. I was no longer focused on what I believed. And I'm still now, right now, even though you might believe differently, not hung up on what I believe.



AJ realised that God was more loving, clever and truthful than other people, including himself, and therefore he should believe God over himself

I am willing to change what I believe the moment that it's proven to me to be false. And that's one thing I learned in the first century. The only way that you can change most rapidly is by getting rid of all the things that are false, that are untrue, things that you believe or feel that are not benefiting you right at this moment. When I say not benefiting you, anything that's false, anything that's not in harmony with love is not benefiting you. You can hold on to it as long as you like, but it's not going to benefit you.

So what I learned to do was to stop believing myself. Now I know people are going to take this discussion and twist it around into what something I did not intend, but what I mean by stop believing myself is that I stopped believing that I was somehow the person who knew all truth. I stopped believing that I was somehow cleverer than every other person around me. I stopped believing that I was better or worse than any person around me in fact. I started to forget myself so much in the process, in the sense that I was more interested in what God felt about everything than in what I felt about it.

Can you see that if you're more interested in what somebody else feels about something, then you'll take on a lot of their beliefs? Now there are huge dangers doing that with another person because they're just as injured or sometimes even more injured than you are and if you give up what you believe in for the sake of what the other person believes, you're going to get yourself in a lot of trouble doing that. But because God is perfect in love, and because God is cleverer than any other being on Earth or in the spirit world, and because God knows all truth, you are very safe doing that with God. You're able to do that safely.

You're able to have the concept inside yourself that you can stop believing yourself whenever you see something or feel something that seems to be contrary within you. So any time that you feel any emotion that's not in

harmony with love, that's your measuring stick, that tells you that you are hanging onto a belief inside yourself that from God's perspective must be false.

You know how if there's some injustice that occurs, many of you start getting really angry? You feel that anger rise within you? Well that anger is not love. So that immediately tells you that there's an emotional belief inside little you that is completely out of harmony with God's perspective of the universe. Everyone goes, "But it's just!" And I'm saying, "It might be just, but the fact that you don't feel love means that there's something out of harmony, belief system-wise, inside you, that is no longer God's belief but yours that you're holding on to.

Because the reality is that when you're at-one with God do you think you'll be going around saying, "That's unjust. I'm going to fight that. And that's unjust; I'm going to fight that"? Do you think you'll be doing that? You'll be pointing out the injustices without the anger coming out of you. When you're in a state of love, you'll point out injustice but you won't be angry about it. When you're not in a state of love, you're pointing out injustice but you're angry about it. And if you're angry about it, the anger is telling you that you're not loving and so there's a false belief inside of little self who wants to disagree with God on a subject, whatever that subject is.

5.2.2. When we don't feel love, there is an emotion inside us that is wrong from God's perspective

Jesus:

So instead of doing that I go, "No, if it's an argument between me and God, God's always right and I'm prepared to always be wrong." The majority of you are not prepared to always be wrong when it comes to an argument between you and God. When you're completely humble, you'll get to that point, because you'll have to get to that point in the end to have a relationship with God. You'll get to the point where you realise that if there's an argument between you and God going on, you're always wrong. And when you understand emotionally that you're always wrong, you can then analyse and feel inside you where you're wrong, because every time you do not feel a feeling of pure, sincere, wholehearted love, it's telling you that the emotion inside you is wrong.

L O V E

That's God's message to you, every single time. Every time you do not feel sincere, pure, wholehearted love in any situation, God is already showing you that you have a belief inside yourself that's automatically out of harmony with God. Because God feels sincere, complete, wholehearted love for everything. When you're at-one with God you'll feel the same.

So this is where it's pretty easy to be honest. A lot of us go, "But I don't know what love is" and to be frank with you, I feel that's a big cop-out. You can feel when there's not a wholehearted feeling of love compared to a feeling of love. You can feel it. All of you are capable of feeling it. You've had situations in your life where you've had a pure moment. You remember those times? When you've had a pure moment in an interaction with another person or another thing, or one of God's creations, or just looking at a view or something like that. Most of us have had at least one of those interactions in our life where we had that sincere pure feeling of love come out of us. That's the feeling that should be present in every thing we say, do, and think. And if it's not, then there's a belief inside little us that's out of harmony with love.

And we're arguing with God on that matter because if we weren't arguing with God we would already have God's viewpoint. God's viewpoint enters you really well when you don't argue with it, or when you don't fight it. And that's all I do. All I do is remind myself that whatever belief I have right now will potentially have to be changed. Now there are certain beliefs I feel right now that will never have to be changed because I've managed to have them all through my growth towards God over two thousand years. But there are certain feelings in me now that I know for certain will have to change because I recognise that they are completely out of harmony with the feelings of love for everything around me. And I know they're going to have to change.

But arguing with God about them is not going to help you change them. And I find that the majority of people spend a lot of their time arguing with God but because there's this cloud between them and God they don't think it's arguing with God. Because it's like, "I can't really feel God so..." but if you allow yourself to feel love, you'll see that many times you don't feel love in the course of a day?

How many of you woke up this morning going, "Oh I just love jumping out of bed, every single day! I've got a lovely life to live today! It's going to be fantastic!" If you're with a partner, you look at her and you just go, "God she's gorgeous," and if she's not already awake, just wait for her to wake up so you get an opportunity to say that to her. How many of you feel that in a course of every single day you wake up? Because that's what you're going to feel when you're completely in harmony with God. You're going to feel like jumping out of bed, getting things on. Or if there's something very interesting in bed next to you, then you might not jump out of bed but you'll definitely be very interested in what's going on around you. (Laughter) You won't always be trying to shut it down.

And many of you have had this feeling of love at some point for some thing in your life, particularly if you cast your mind back to your childhood. Usually most people have had at least one thing happen in their childhood where they had that really pure feeling. That's the feeling that will be present with you all

the time once you're at-one with God. That will be present with you in every thing that you do. In fact it will be impossible for you to engage any other thing without that feeling been present.

So if you can focus on every belief inside you, assume you're potentially going to change it in the future, then that will help you give up this concept that you know what is right. And you could also tell yourself that there is only one other person in the universe who knows everything that's right, and it's not Jesus. It's God. I feel quite sad that I'm often attributed as being God because the reality is that only God knows everything and only God knows everything that is right. Even once we're at-one with God and after that we're constantly going to be learning new things all the time, although once we're at-one with God we'll be less resistive to learning the new things.

Before we're at-one with God, we are the most resistive to learning new things. And we've got to give up the resistance. And what's helped me a lot to give up my resistance is firstly, even when I don't even feel trust for God, I at least intellectually tell myself I can trust God. Even if I don't feel faith in God, I tell myself intellectually at least that I can have faith in God because at the end of the day I do observe these things in my universe around me that tell me that I can have this faith and trust in this God of love. And therefore the only reason why I'm not connecting with God has to be inside myself.

Now many of you would like to believe that the only reason you don't connect to God is that other people are to blame. But does that sound very logical? It's like you saying, "I want a relationship with this person, and this person over here is to blame for me not having it." Does that make much sense? It doesn't, does it? Now that person there might certainly share in the blame of your not having a relationship with them, but they cannot share in the blame of you not having a relationship with God. And so every single time you blame other people, who are also God's children, every single time you project anger and rage and other emotions at a person, you are actually not honouring this relationship you say you have with God, because if you honoured that, you couldn't ever treat other people, God's children, in a negative way.

Your question was firstly about self-reliance, so my statement is to reflect upon what the universe tells you about whether you can rely on God. Once you've determined whether you can rely on God or not, give up the concept that you have to believe in yourself in order to have a happy life.

Participant:

And do it all myself?

Jesus:

Do...?

Participant:

Everything. Take care of myself.

Jesus:

Everything in your life yourself. Yes. The reality is that this relationship with God will teach you self-responsibility but you won't believe you have to create everything yourself. In fact once you get closer and closer to God, your soul does create a lot of things itself but you don't feel like you have to do it all. That's another false belief inside of little me that's keeping me little actually.

Participant:

Thank you for that.

6. Progressing in love involves more than just changing our lives

Participant:

My question was about what you were saying, about the fact that we go into addiction instead of having a relationship with God, and that ideally our lives should be very dynamic and full of love. So I was just kind of feeling into that I feel like I have this addiction where I get into a certain living situation and I'll just kind of perpetuate that pattern.

Jesus:

Can you describe the living situation?

Participant:

Let's say I have a comfortable house and it's working out comfortably with whomever I'm living with. I'll have a job that's reliable but then at a certain point I feel like everything gets stale and old. And my pattern is then to pick up and start all over and find a new place. And I don't feel like that's necessarily love either, that whole cycle.

Jesus:

I agree.

Participant:

I can't really see what's going on with all that whole process there.

Jesus:

Different is not progress. Now I need to discuss this with you. You believe different is progress and so my suggestion is for you to look at your addiction to making something different by changing your actions. If you look at it, the only way you can progress is by changing your emotions. So many men are actually addicted to changing their actions to make things different without attempting to change their emotions to make progress.

DIFFERENT	ACTION
IS NOT	
PROGRESS	EMOTIONS

So inside yourself, you have some very, very strong emotional addictions that you do not wish to change. Those addictions cause you to get into a place of stagnation and then, because you now feel stagnant and you don't like the feeling of being stagnant, you want to change an action so that your life becomes different, without addressing the addiction that created the life that you currently have. As a result of that, you are creating a mirror image of your life every place you go to. In other words you move to a new location, but it's the same life. And then you move to a new location because you're bored with that life, and then you create the same life again.

And this is a serial thing that's happening. It's happening over and over again, so that's telling you that you're not wishing to address the actual addiction that creates that life. So my suggestion is to stay longer the next time in the next life you create and feel the addictions that created it rather than avoiding that life and moving on to a new one, and therefore skipping over the addictions for another period of time.

Participant:

Yeah I guess it's just hard to see what they are.

Jesus:

The problem with our addictions is that most of the time everybody else can see them but we can't see them ourselves. God can see every one of them of course, but often, because of the cloud of damage we have, we don't want to know it from God. But many times people in our lives are sharing with us what our addictions are and we're in complete denial of them because we believe they're wrong. And this is why I said earlier, at some point we have to see that we're wrong if we want to progress. To change you have to be wrong. It's great to be wrong. It's great even to know that you're wrong because then you can change.

6.1. Sixth sphere spirits create change to avoid sadness

Participant:

So what happens in that process when the 'different' occurs, why does it suddenly feel like it's better for a while?

Jesus:

You're doing exactly what many sixth sphere spirits do to avoid their sadness. Your primary reason for doing this is to avoid your sadness.

Participant:

I see.

Jesus:

A sixth sphere spirit gets bored with one aspect of his life and so he just goes and finds something new to do and then he's no longer bored. And then when he gets bored with that new thing, he goes and finds another thing that's new and then he's no longer bored. Does that sound familiar?

Participant:

It does. (Laughs)

Jesus:

So his belief is that, "I can avoid this feeling of boredom by doing something different." But the reality is there's an emotion in him that creates his boredom that needs to be released and he's unwilling to address it, just like you are unwilling to address yours. So my suggestion is to start praying about what emotions those are and have a sincere desire for God to expose them. Can I point out something? Whenever you have a sincere desire with God, you'll be answered pretty much instantly and definitely within the same day. When it's sincere! So if you sincerely want to know the cause of you choosing different things rather than progressing and you ask God to show you, within one day God will have shown all the things you need to know.

The problem is whether we're sensitive enough to realise what God's showing us. If we believe we're right, we're going to be very insensitive to God showing us that we're wrong and that's a part of your problem Alexis, just like it's a part of the sixth sphere spirit's problem. They go from different experience to different experience because they believe they're right. They believe that it's the only course of action that they can take and they believe that they don't have any emotions that are causing that. And so they keep doing it.

When a person from the higher Celestial spheres goes to them and says, "Look, you've got an emotion creating this. There's an emotion inside you of dissatisfaction and you're dissatisfied because you haven't got a relationship with God," they go, "What? No, no that's not true. You know I don't believe that. You're just one of these crazy Christian spirits that God doesn't even care about, that's why you can go to the higher spheres." And they all have this viewpoint of not wishing to analyse and look at themselves as a result. And those kinds of spirits have been with you a lot of your life. They're the same spirits, believing that if Alexis takes a different course of action he's actually progressing when in reality Alexis now knows that whenever he seems to choose a different course of action, he ends up with the same result every single time. And that's telling me that something in the soul isn't progressing. And if you had a true longing and desire from God to know what that thing was, God could show you within this day.

Participant:

Yeah. It's funny you say that because I was just reflecting also on the fact that the last place I used to live, if I were to transplant it to Australia, this little place here would be the closest reflection of it (Laughs). And I moved half way across the world! (Laughs)

Jesus:

Exactly! It's so amazing what happens when we choose to not grow in our causal emotional state, in our state of love, and we choose to just take different actions. We end up creating exactly the same thing, even right down to the same kinds of people surrounding us as those who surrounded us before; everything's the same. And I don't know about you but I don't go much for everything being the same. The great thing for you now is that you've gone and created a different action, got the same result, created a different action, got the same result... you've done this a number of times now. Enough times now, surely? (Laughs) So you could go, "Yes, maybe this changing the action is not the thing to do."

Participant:

I could become a travel agent! (Laughs)

Jesus:

Yeah! And you can see why some people do choose certain types of jobs, because it keeps them doing different things without actually having any need to change their emotional condition, it makes them feel engaged in their life without them actually progressing. It's far better to notice that, as you are doing now, pray about it and have a sincere desire for God to tell you the answers about it because if your desire is sincere, and I want to remind each of you again, you will within this very day get the answer. If your desire to know is sincere!

7. Developing a sincere desire for soul growth towards God

Participant:

I've got two questions, AJ, maybe three. Talking about sincere, how do we develop that sincerity?

Jesus:

Dave, many of the questions you ask are not sincere, just as that one isn't. Can I instead ask a question back at you? You've asked me many questions over the course of my relationship with you, since I've known you. How many of those things have you actually put into practice? Do you feel that you have changed significantly in the time that we've known each other?

Participant:

There have been some changes but no, I haven't really tackled any of the bigger issues.

Jesus:

Okay. I would agree with that. You've had some changes, but the big issues that are inside you still are not addressed, I agree. My next question to you would then be, does that then demonstrate sincerity; that you want to be sincere? And it's a hard question. I'm not trying to pick on you, I'm just trying to help you ask the hard questions that you need to ask yourself. This is something I need to point out to a lot of people. There are many people on the planet who believe they understand Divine Love and they believe they are receiving Divine Love. They do sincerely believe they are receiving it. But what I notice is this: there is where they began their relationship with God many, many years ago, for some of you it was only a few years ago, but for many people I've met it's been 10, 20, 30, 40 years ago that they feel they began this relationship with God, understanding Divine Truth.

And what I see now, looking back at their life, is very little progress. If God's way up high. In many of them this is exactly what I see in that time if I draw it as a graph.



***Many people who believe they understand Divine Truth
are not progressing in love***

And in the end where they are now is almost identical to the person I met 30 years ago. Do you know people like that in your life that seem to be identical to when you first met them?

We need to be honest with ourselves. That means we do not have a sincere desire to change. So what is a measure of sincerity? A measure of sincerity is our actions and results. Do you know what I mean by those two things? In our day-to-day life, if our actions are not changing automatically, then there is little sincerity in us wanting to change. And if the results of what we do are much the same as they've always been, then there is an indication that we're making very little change. Therefore we're not receiving Divine Love because Divine Love causes us to change. Automatically; if you receive it, it will cause you to change.

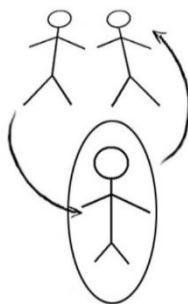
**ACTIONS & RESULTS
HONESTY WITH SELF**

Firstly we need to be honest with ourselves. Any question regarding sincerity, Dave, has to begin with honesty with self.

7.1. Giving up co-dependent relationships with spirits

Jesus:

I would like to be honest with you and say you are addicted to your relationships with spirits that are surrogate relationships for God. You love your relationship with spirits so much that you are not willing to let go of them, because if you do let go of them it will trigger lots of grief for you. So you want them to stay in this relationship with you. As you know, you've had many spirits around you the entire time that I've known you. So here's Dave (AJ draws on the whiteboard), you've got groups of spirits around you who make you feel certain things, they make you feel powerful, they make you feel strong, they make you feel like you know what you're doing. They make you feel like you know better than other people.



***Maintaining addictions with spirits
indicates a lack of sincerity to change***

And as a result of that they feed all of these addictions in Dave, where Dave himself doesn't feel very good about himself. And because Dave himself does not want to feel those particular emotions, you prefer to have these spirits give you the addictions every single day rather than develop a relationship with God. You prefer that.

Participant:

Yeah and I don't want to be aware of it. I was thinking I could say, "I'm not aware of these spirits feeding these addictions but..."

Jesus:

You are aware of them feeding your addictions. You're definitely aware of them. And in fact you and I have had at least twenty conversations where I've told you they are feeding them. You obviously don't trust what I'm saying to you if you're not aware. The reality is that they are feeding your addictions very, very heavily and the only reason we engage such a condition is that it helps us avoid grief, it helps us avoid the feelings we don't want to touch.

The moment that you choose to be more honest with yourself and stop avoiding the actual emotions you do really feel will be the moment that these spirits and their relationship with you will be instantly challenged. Now in the past you've almost come to the point of challenging it, and then usually within a day or so you've acceded back to the addiction because you don't wish to feel that intense grief about a lot of different issues that you have inside yourself.

And because you do not wish to feel that, you are not being sincere about your relationship with God. To be more sincere you'd have to tell yourself the truth, and that is, "I actually don't care if I have a relationship with God or not at this point, all I care about is preventing my grief and I'll do anything to make sure my grief is prevented. And if that means having some relationships with some spirits, I'll do that. If that means having a relationship with some people here who'll give me nice feelings, I'll do that." That is a place of honesty. Honesty and sincerity go hand in hand with each other, yes? You said you had three questions?

Participant:

(Laughs)

Jesus:

Do you remember the last two now?

Participant:

Yeah I'm not sure how appropriate they are now. But one of them was: in the past handful of days, I've realised that I don't want a personal relationship with God. I don't trust God.

7.2. Being honest about our feelings towards God

Jesus:

No. This is where I say, many of us are not being honest about how we really feel about God. We like the idea of having a relationship with God. We like the idea that some day we'll be perfect. We like the idea of it, but the unfortunate thing is that we really don't want it and that's because of the cloud of emotional damage that we have between us and God. Now for us to deal with the emotion that we really don't want God, we're going to have to challenge a lot of our beliefs about God. Many of you come from a background where you believe that you're going to get punished if you say to God you don't want a relationship with Him. Because of your Christian background many of you believe that.

Many of you believe in a punishing God because you had a punishing dad or a punishing mum and so you believe that if you don't do what God wants, something bad is going to happen to you. Many of you believe that. Now I'm saying that certainly bad things can happen to a person walking away from God, but only because of the choices they make that are unloving. In the sixth

dimension of the spirit world there are many people who are in a loving state, at least with each other, and who enjoy their lives. Nothing bad happens to them and they're not connected with God. God doesn't punish people just for not wanting to connect to God. God gave you the gift of free will so that you could choose to not connect with God if that's what you wanted.

My suggestion is to embrace the emotions you feel between yourself and God and actually work your way through them by embracing them. Be truthful with God about them. "Yeah, I think you're a cruel bastard. Fifty million children die every year on this planet. So at the end of the day you don't care about fifty million people every year. There's lots of people get murdered; you don't fix that up. You know there are governments on the planet that murder people over and over and over again and you don't do anything about that." For many of us, if we voiced these emotions, we'd start connecting with our cloud of barriers that we have with God, but \we suppress those emotions and then we ask ourselves, "Well how can I be sincere?" The way to be sincere is be honest with God about how you really feel.

Many of us feel pretty negative about God. We're going to have to go through those emotions and actually come to terms with the truth about those emotions and then release them before we're going to have a different feeling. You can intellectually manufacture something beyond that but it's not going to work. What is the third question?

7.3. Meeting each other's addictions can make us feel good

Participant:

It was about something you were talking about earlier, how we can feel drained after we've had an interaction with somebody. So conversely I suppose if we feel good maybe we've been taking from somebody?

Jesus:

Definitely, Dave! Very good to understand that! So if there are two of you having an interaction and you come away from the interaction going, "God I've just got to have another one of those! It felt really good for me!" that's a very good indication that before that point in time you weren't feeling good and after that point in time you got a nice feeling from somebody that made you feel better. So that tells you there's an addiction in play. There was also an addiction in play in the other person in that they gave you the feeling without going, "No, Dave, I can't engage that with you." There's an addiction in play in them as well, giving you the feeling.

Mary and I often comment about how often people come along to a seminar because of how they feel afterwards. Many people feel quite good after they've come along to a seminar and that's the only reason why they've come. They haven't come to make a sincere change or confront their relationship with God

in any way. They just come because it feels nice to talk about things about the soul, and it does, but if you go away and then you feel bad again, and you don't address anything, then it tells me that you're in an addiction to avoid all those bad things. It's the same principle.

If there are two people in any interaction and one goes away feeling good, and the other one goes away feeling bad, what do you think has happened? One's taken from the other. If there are two people in the interaction and they both come away feeling good, what's potentially occurred? Two possible things! They've been in truth and love with each other; that's one possibility, and the other one is that they've been in a co-dependent addiction with each other. That's the other possibility. We've got to know which one it is, don't we? Now I don't know if you notice but every time you talk about truth and love you get confronted, do you not? Do you think people who are in a co-dependent addiction would confront each other? No. They don't like confronting each other; what do they like doing? They like pleasing each other. You get to make each other feel good then.

If you have been in a conversation that has been completely truthful and completely loving and you've been completely honest about all your emotions, and both of you have gone away feeling good, that is the best kind of interaction you could have had. It's a very good indication that you've both been in harmony with truth and love in that interaction. But if one of you comes away feeling bad, and one comes away feeling good, there's a proof there that it wasn't necessarily a loving interaction. Some of you are going to say, "But what if you get confronted with truth and the other person feels good about it and you feel bad about it?" Well it's always pretty much going to be the case that a person comes away feeling good when they have given to the other.

Every time you give sincerely to another person, you will always generally come away from that feeling good; those interactions are always pure on the part of the person giving. If you've given to somebody and you come away feeling bad, what does that tell you? There's got to be an addiction in your giving, otherwise you would never have gone away feeling bad.

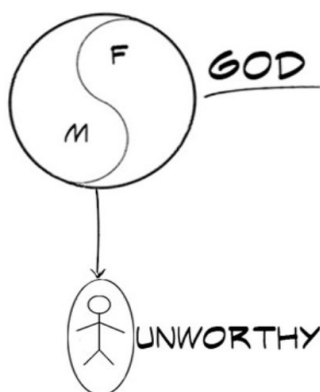
8. Developing faith in God using logic

Participant:

I wanted to ask you something about faith in relation to what you were explaining earlier about your relationship with God. I just wanted to ask, even though we can't believe in ourselves as being right and in truth unless we are in harmony with God's Truth, would you say that you have faith in yourself as God's creation that you can become at-one with God? Would you say that is a faith?

Jesus:

No, there's times when I don't even have that. And there have been many, many times in the past where I haven't had that. I don't believe having faith in yourself is a very productive thing in the long run either. I believe faith in God is productive because let's say little me has a belief inside myself that I'm unworthy. How many of you feel that one with God? Yep, so pretty much everyone; we feel unworthy. That's little you having that feeling.



Many of us feel unworthy to have a relationship with God

Now you're all aware intellectually, that that feeling must be wrong. It must be out of harmony with love because it's blocking your relationship with God. All of us are aware of that, but has it helped us get any closer to God on the issue? Obviously not because God's opinion of us is that, "You are the pinnacle of my creation." That's what God feels about you. "You are the best thing that I ever created."

Participant:

Would you say that God has faith in us then?

Jesus:

Well, no. I feel God has faith in Her own creations. God has faith that She... when I say faith, I don't even think its faith, its reality. The fact is that God knows what She created and it was good, she said it was good the moment She created it and my feeling is that from God's perspective, God's never changed on that opinion. Once God forms an opinion on a certain subject that opinion stays for good, so God feels you are good. "You are the pinnacle of my creation."

Participant:

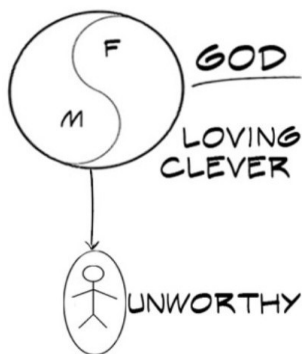
So God doesn't need faith.

Jesus:

God doesn't need faith. God knows. You only need faith when you don't yet know, is that not correct? Once you know, you no longer need faith because you now have complete knowledge, you know for certain. You only need faith to help you over the things that you don't know yet. In other words faith can be built through logic. For example, I know, looking at the universe I see a God of love. The fact that two people on the planet can love each other unconditionally and give to each other unconditionally without any strings attached tells me that God must be the same.

Secondly, I know that God is very clever. I look at the human body and we haven't even discovered how it works yet. We've been studying it for years now, and when I say years, honestly it's been a couple of hundred thousand years since the human body was discovered and most people still have no idea how it works. The brain itself, hardly anybody knows how it works. They guess all these things and everything but they're still discovering more and more; there's so much untapped knowledge.

So God knows, and we don't. Now this is just a logical proposition at this point, because it's not something we feel. If we felt it, we'd be acting totally different in our entire life, but in reality we are only intellectually aware that this must be true. Those two things at least, that God is loving and clever, must be true.



We can use logic to see that God is loving and clever

Now, faith says, "Okay, they must be true because I see the evidence around me that they are true and so I'm going to hold onto that truth until somebody proves otherwise to me. I'm going to hold on to that truth and work on the basis that that is true until such a time that somebody proves differently." That's what faith does.

That's how every thing that man has ever created has come into being, by somebody having an idea that they had enough faith in, then creating and proving whether it was true or not. Every single thing that man's ever done

has been based around this idea that came from somewhere; one person on the planet had to have faith that it would come true at some point in the future.

And so all I've done is, I've gone, "Okay, let's apply that same principle to my relationship with God." So instead of discovering the Law of Aerodynamics or working out gravity, and measuring things to do with physics, and using this noggin of mine to determine a lot of scientific truth, the first scientific truth I want to determine is God. That's the first scientific thing I want to go towards, so I've just looked at the world around me in the same way that a scientist would look at the world around him or her and discover truths about the universe as a result. I've discovered truths about God that I know are true even though at times I might not feel them, but I do know that if I engage this process with God, if I work through the reasons why I don't feel them right now, eventually I will feel them.

Right now many of you do not feel that God is a loving God. Many of you look at the Law of Attraction for example, and you think sometimes it's a bit cruel. You go, "What about the 50 million children that die of starvation between the age of zero and five? What about them? That seems to me to be like a pretty bad attraction." And we start seeing the Law of Attraction as a negative thing. Now I look at that and I go, "Right, I do feel the Law of Attraction is a negative thing." So I feel that inside me (I don't feel this now but I have had that inside me in the past), and then I work through the emotional issues with God about the Law of Attraction being a negative thing until such a time that I no longer think the Law of Attraction is a negative law.

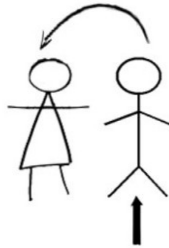
8.1. Being humble to learning God's opinions

Jesus:

Now, how did I work through it? By trusting that God was a God of love and was clever enough to design a perfect system, and also trusting that I am flawed in my understanding. That's how I did it. But many of us do not want to feel that we're flawed in our understanding and so instead we go and tell ourselves a lot of other things. For example many of you would like to think you're unworthy, but the reality is that many of you do believe that you're actually better than God. Do you not see that? Well, a person who wants to argue with God about God's Laws, what's that doing? Isn't that believing that you're better than God? So every single time you argue with God about one of God's Laws, you're automatically thinking you're better than God. That's not a person who's unworthy, that's a person who's arrogant. Quite often we think we have one set of emotions when in reality we have another.

You could look at any relationship you have with an individual. For instance, perhaps there are two of you in a relationship and one person believes that the other person is to blame for the problems in their relationship. Can this person

who is blaming the other really say that they feel unworthy of the relationship? Don't they feel that the other person's unworthy of the relationship?



***A person who blames another for their problems
is in a place of arrogance rather than unworthiness***

Let's apply that to God. If I believe God's at fault for things that God's done in my relationship with God, aren't I basically saying that God is unworthy of a relationship with me? So who am I really thinking is unworthy? God. I'm thinking, "I know better than God and God's the one who's unworthy."

To be honest many of us feel that with God because we look at the things that are happening in the world that we don't understand and we've yet to work our way through emotionally, and we go, "Wow, I can't agree that 50 million children die every year, so there's something wrong with God allowing that." Many of you think, "I wouldn't allow that." And so then you go, "God's allowing it, but I'm not allowing it so God's got to be worse than I am." Now is that a feeling of unworthiness? No, that's a feeling of anger or not understanding, isn't it? A feeling like confusion, it's a different type of feeling.

8.2. Working through feelings that God is cruel and punishing

Jesus:

Often we list a feeling that we believe we have because we don't want to face the feelings we actually have. Many of us do this. You remember I drew at the start of this discussion the cloud of emotions that we have? This emotional damage cloud we have with God is preventing our relationship with God, and one of those feelings is that many of us believe that God is cruel. We do. Many of you, right now, believe God's cruel. Now I'm not even saying you don't have any justification for your belief, I'm just saying that's how you feel. I'm not judging it; I'm just saying this is how you feel.

Of course if you believe God's cruel, you're not really going to want a relationship with God, are you? Would you want a relationship with a person on Earth that you believed was cruel? You'd have to be in a pretty abused state to want a relationship with a person who's cruel. You look at the Christian background of religion. A lot of it believes in a cruel, punishing God. So they want a relationship with a cruel, punishing God. Do you want one? I don't

know about you, I don't want one. I don't want a relationship with a cruel punishing God. If there is a God of love I'd like a relationship with that God, but if I believe God is cruel, can you see I'm going to have a real struggle having a relationship with Her?

And if I believe God's punishing, I'm always going to be afraid of getting it wrong, aren't I? How many of you are afraid of getting it wrong all the time? The more you learn about Divine Truth, the more afraid you're becoming; how many of you are finding that? Why? Because this emotional damage is not being confronted; this belief that now that you know this law God is going to punish you somehow. So now I'm starting to worry, get confused. "What do I do? What do I do? Probably the best thing is to not do anything!" Like Rita said earlier. "Maybe that's the best choice I can make; not do anything!" And the reason we don't want to do anything is that we're afraid of this God who created these laws.

It's emotional damage we hold in us that's like a cloud preventing us from the relationship with the real God. We have all these concepts that God is all these things and we try to shut them down and we try to make them go away but they're not going to go away until we confront them. They're not going to go away. If I just look at those two beliefs that God is cruel and punishing - I've personally had to work through a lot of issues about those two things. About my understanding of the universe and how it works, and about how I am in error about the universe and how it works. And is God actually a cruel, punishing God? I've had to work through all of those things sincerely, because if I don't work through them I'll never grow in this relationship with God because I'll believe things about God that are false. You can't just go and switch an intellectual switch and go from one point, which is, "I believe that God's cruel and punishing" to, "Oh! Now I believe God's loving." It doesn't work like that.

There are things you're going to have to go through emotionally to come to terms with a different belief. And if we're not prepared to face those particular things, we're never going to get there. What I see is that this kind of feeling is quite frequently being avoided by most people. They have them but they're being avoided and because we don't want to face those feelings every time we think about our relationship with God, there's one emotion that often comes up quite quickly; that "it's all too hard."



***When we don't face our false beliefs about God
we can be inclined to give up because it's all too hard***

How many of you have had that emotion with God? Yes! See now we're being realistic. Do you think that one's going to prevent us from having a relationship with God? Of course it is.

9. Closing Words

Jesus:

These are the kinds of things we need to address emotionally if we're really going to progress; to actually feel the feelings. The way I see that the injury is mine is: a person who is in a state of love with me would find a relationship very, very easy. And if I were in a state of love with another, I would also find the relationship very, very easy. If I'm feeling that it's all too hard, I've got to have some false beliefs in me that I need to change. Logically, I must.

If we're honest with these emotions, we can start to address the issues we have with God. If we can address the issues we have with God, then we can establish a relationship with God. We won't be going around all the time trying to get everybody in our sphere of operation to satisfy our unhealed emotions, because we've already healed them and we feel we have a relationship with God that is established. So we feel very, very happy in that relationship and we don't even need another relationship. We may desire our soulmate, but we don't need our soulmate in order to be happy, because we're in a relationship with God.

All things come from God, including all of our happiness potentially; it can come from developing that relationship. I'm not saying that God just pumps you full of happy emotions. What I'm saying is that God helps you release from yourself all of the unhappiness that's in you, so that no unhappiness exists in you. Therefore every thing that you embrace causes you to feel more happiness. So in the end we're not going to be like this big addictive sponge for God to make us feel good all the time because that would be an unloving relationship, would it not? And God wouldn't abide by that kind of unloving relationship.

Instead we'll perfectly embrace all of our emotional injuries, releasing them and getting to the state where we no longer have any but where we still passionately desire this relationship with God. Once we're in that state, now love can be exchanged between ourselves and God. And if love can be exchanged between ourselves and God, we have the capacity to continually receive Divine Love after that point and our soul will be expanding and growing as a result of that love being received. But it won't be a one way street; we'll also be giving love to God in that process. Just like any other relationship is never a one way street if it's going to be a good relationship.

Of course God's capacity to give you love is much greater than your capacity to give God love. However one thing is very important to remember with that; the fact is that your love is something that God cannot take from you without you wishing to give it. So for that reason it always brings God much joy when you love God because it is the one emotion that God cannot take from you that God would love to have from you. And for that reason there's a lot of joy in God's heart every time She feels your love. So it's going to be a reciprocal arrangement in terms of your growth in relationship with God.

Anyway, hopefully that discussion has helped you to just look sincerely at your real issues with God. Last week in Bathurst we gave a talk about "Why We Resist God", and a lot of it had to do with things that we've discussed today. The day before we had had a discussion called "The Eternal Benefits of a Relationship with God," and that discussion went down like a lead balloon actually. (Laughs) And so then we had to go and address the reasons for that, which were about why we resist God. We need to be with God where we are right now, rather than trying to fake things with God.

So rather than focusing on trying to get your addictions met through other people or other relationships, my suggestion is to be more ethical than that. Stop trying to get these addictions met and instead feel the underlying reason that the addiction is present and what's missing in your relationship with God that causes the addiction to be present. If you can do that, then you have an opportunity to grow quite significantly.

Resources

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eBooks by Divine Truth including eBooks translated into a variety of different languages:

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Solomon's Message	Pseudo vs True Spirituality
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Understanding Sin	Understanding Your Emotional Self
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